

# what's happening

Maine Medical Center  
Portland, Maine 04102

August 20, 1986

Vol. 18, No. 2

## The season's ending: thank a Junior today

Another busy summer is drawing to a close for the energetic Junior Volunteers who shared their precious vacation time with MMC's patients and staff. By the time they leave at the end of next week, the Juniors---all of whom were committed to at least one day a week, some to more---will have given us more than 4,300 hours out of their summer of '86, according to Assistant Director of Volunteers Jeanne M. Smith.

The 12 young men and 63 young women in the Junior program have helped out in Admitting, Bramhall Information Desk, CSD, Library, Orthopedic Clinic, Purchasing, Coffee Shop, Flower Box, and various nursing units, flower delivery, and with the Book, Art and Shopping carts.

Fifty-one of the Juniors are newcomers to the program while 24 have volunteered before. They are:

Nicole Bernier, Jean Devine, Melissa Frank, Scott Jackson, Michael Lapham, Chris McNulty, Robert McPartlan, Greg Murphy, Kirsten Nielsen, Patricia Powers, Kelly Richardson, Cynthia Rodgers, Kimberly Shaw, Patty Walsh, Missy Mavis, and Linda Wood, all of Portland.

Jennifer Anastasoff, Jason Brawn, Ali-

**JUNIORS**, page 3

## Group Health Open Enrollment

Now through September 30, 1986 is the time to join or to add dependents to your MMC Group Health Plan.

*For more information or to enroll, contact the Employee Benefits Office, ext. 2973.*



**OBVIOUSLY A MASTERPIECE** is in progress as two young patients spend some free time in the Pediatric Playroom. Many such one-of-a-kind works of art can often be seen decorating walls in and around the Playroom. (A/V Photo)



## Here's next year's holiday schedule

Maine Medical Center will observe the following 1987 holidays:

New Years Day *Thursday, January 1, 1987*; Presidents' Day *Monday, February 16, 1987*; Patriot's Day *Monday, April 20, 1987*; Memorial Day *Monday, May 25, 1987*; Independence Day *Friday, July 3, 1987*; Labor Day *Monday September 7, 1987*; Veteran's Day *Wednesday, November 11, 1987*; Thanksgiving Day *Thursday, November 26, 1987*; Christmas Day *Friday, December 25, 1987*; Personal Day.

The holiday differential will be paid to eligible employees who work on July 4, 1987 only. The Personal Day is a float-ing holiday which may be used by the employee at any time throughout the year with private supervisory approval.

## Bicycle tour offers chance for fun, help

MMC bicyclists are invited to participate in the MS 150 Bicycle Tour, a 150-mile fundraising tour on September 6-7. The participant pays a \$20 registration fee, and raises a minimum of \$1 per mile in pledges for the MS Society. Participants bicycle from Falmouth to Lake Umbagog in Winthrop, where they receive dinner and lodging, breakfast, and a choice of recreational activities and entertainment. On returning to Falmouth, riders are to be treated to a pizza bash.

For more information, contact *HealthStyles* at x2974. Riders from MMC are entitled to receive a *HealthStyles* t-shirt with proof of registration in the event.

## New Employees

**ANESTHESIA:** Nancy Baker

**HOUSEKEEPING:** John E. Burke, Sara E. Cole, John E. McDonald

**FOOD SERVICES:** Conor R. Crowley

**MATERIEL MANAGEMENT:** John A. Farrell

**OB/GYN:** Judi S. Hawkes

**ENDOCRINOLOGY:** Judith A. Lewis, Arlene H. Card

**PHARMACY:** Christine E. Marshall

**PHLEBOTOMY:** Julie A. Palmer, Terry V. Rice

## Leda Regina ends long MMC career

When Leda Regina, CRNA, completed her nursing training in the Maine General Hospital School of Nursing in 1945, her director asked if she'd like working in the operating room. "Not particularly," Regina said. Forty-one years later, she is retiring from a career spent in the operating rooms at Maine General Hospital and Maine Medical Center. Her director was right, it seems; she did have the temperament for the operating room, and she thoroughly enjoyed it.

Regina began her association with Maine General Hospital in 1942, as a student in the MGH School of Nursing. She joined the staff of the MGH Anesthesia Department in 1945, and shortly after enrolled in the School of Nursing Anesthesia. They were Registered Nurse Anesthetists in those days (the certification requirement came along later), and Regina had to apply for an exception to be able to take the examination because she wasn't yet 25.

The RNA's, four of them, performed all the anesthesia procedures prior to 1948. That was when the first anesthesiologist came to Maine General Hospital, and brought newer anesthesia agents to eventually replace the ether and other explosive agents that had been in use. Regina has since seen many anesthesiologists through residency training at Maine General and MMC, including some of the present staff. She remembers, for instance, Donald Klopp, Anneliese Andrews, and Philip Villandry when they arrived as residents.

Now looking forward to more gardening, more golf, and more travel, Regina looks back and calls her time at MGH and MMC "a pleasant association. I have good memories of the job and the staff. It's been a pleasant time."

## G.E.D. Prep classes start again Sept. 9

Any MMC employee who has not received a high school diploma and wishes to earn a G.E.D. high school equivalency certificate should note that a new series of G.E.D. Preparation Classes start here on September 9.

Instruction will be designed to meet whatever needs individuals have for brushing up skills or knowledge in subjects like reading, math and social studies. There is no charge for the class but participants will be responsible for



**LEDA REGINA, CRNA, shown above at her post in the Operating Room, retired from Maine Medical Center this year after 41 years of service. She was honored last week at a reception given by her colleagues in the Anesthesia Department (below). (A/V Photo)**



paying for the G.E.D. test (\$20) when they are ready to take it.

Classes begin on Tuesday, September 9, and continue on Tuesdays and Thursdays, 4:00 to 5:00 PM in the Dana Center, through December 11. (Classes will not meet on Veterans day, November 11, or Thanksgiving, November 27).

Employees who have not attended G.E.D. classes before should call Anita Domina (x2824) in the Office of Training and Development for more information. Those who attended last year and wish to continue should call x2824 to register.





**JUNIOR VOLUNTEER** Laura Galt of South Portland is in her second summer of service to MMC. She has divided her time between the Pediatric Playroom and CSD. (A/V Photo)



**ANDREA LIBERTY** of Cumberland has spent two summers in MMC's Junior Volunteer program. This year she has worked at the Admitting Desk and in the Pedi Playroom. (A/V Photo)

## **JUNIORS**, from page one\_\_\_\_\_

son Gilbert, Denise Hall, Sue Hastings, Susan Johnson and Molly Potter all of Cape Elizabeth.

Charles E. Baker, Jr., Susie Blaisdell, William Colby, Debra Ann DiFiore, Will Donahue, Jenny Grondin and Joy Humphries all of Westbrook.

Jennifer Daye, Laura Galt, Lynn Huntly, Dawn-Marie Jackson, Kim McDaniel, Maureen Montanese and Launnie Simpson all of South Portland.

Brittany Burkley, Andrea Liberty, Danielle A. Lovett, Rebecca Murray and Heidi Whitten all of Cumberland.

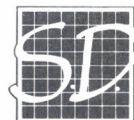
Marie Adams, Debra Dobbs, Rhonda Lockwood, Allison Rhodes and Tammy Zsiga all of Scarborough.

Carrie Kendrick, Terri Quatraro, Karen Salvo, Suzanne Smith and Mindy Lydick all of Falmouth.

Charlene Bell, Tonya Brazier and Michelle Varney of North Windham. Cathy Hodge, Joel Joyner and Kariann McElroy of West Buxton. Darcy Brown and Lisa Bushey of Cumberland Foreside.

Krista Dobbins and Thomas Michael Pride of Windham. Sara Brobst of Cumberland Center. David Cunningham of Raymond. Lauren Edwards of North Yarmouth. Ben Endres of New Gloucester. Michelle Harmon of Steep Falls.

Candase Howland of Sebago Lake. Aludra Laughlin of Limerick. Ellen L. Moulton and Elizabeth Woodman of Yarmouth. Jennifer Arsenault and Keri Shook of Gorham. Barbara Meserve of South Windham. Geoffrey Robbins of Gray.



## **Continuing Education**

Nursing Staff Development

### • "The Truth about SVO<sub>2</sub>,"

Patrice Tripp, RN, CCRN

Wednesday, August 27

3:45-4:45 PM

SCU Conference Room

(1 CERP approved)

## **Morphology**

### **PIPEFITTER'S POSTULATE**

*Architects are geniuses. They are the only people capable of taking one acre of land, with the sky as the limit, and conceiving a structure in which there is not adequate space for a two inch plumbing trap.*



# Marketplace

**FOR RENT:** 3 BR house on bay in Portland area. Large yard; dead end street; 3 porches. \$900/mo. Call 773-1124.

**FOR RENT:** Lovely room for nonsmoking male. Separate sitting room and bath. Telephone, cable TV, refrig. and microwave. Near MMC. \$65/wk. Refs. and sec. dep. required. Avail. 9/1. Call 774-1509.

**FOR RENT:** Wildwood, Cumberland Fore-side. Avail. 9/1. Spacious, furnished 2 BR apt. with DR, KT, fireplace in LR. Vacuum and disposal. Carport; beach and tennis privileges. All utils. included. Nonsmokers preferred. Call 781-4542 eves.

**FOR RENT:** 1 BR apt. in old Victorian home. Unique design with skylight and exposed beams. On bus line; energy efficient. \$450/mo. plus utils. Sec. dep. required. Call 854-5841 after 5:30 PM.

**FOR RENT:** (2) 1 BR apts. on Eastern Prom. 1 with sweeping ocean views; 1 with limited ocean views. Working professional desired; no pets. Off-street parking. Sec. dep. and refs. required. \$400 and \$575/mo. with utils. included. Call 773-9021 after 5:30 PM.

**FOR RENT:** Immaculate 3 BR home in quiet Portland neighborhood on dead end street. \$695/mo. plus utils. Refs., lease, and sec. dep. required. Avail. Sept. 1. Call 883-3051.

**FOR RENT:** Executive quality town-house. 2 BR, 1½ baths, w/w carpet, W/D hook-up. Conveniently located near beaches, shopping mall and MMC. Avail. immediately. \$500/mo. plus elec. and sec. dep. Call 871-8079 or 283-9630 after 5 PM.

**FOR RENT:** Near MMC. 1 or 2 BR apts. and efficiency. Avail 9/1. Renovated building. Rents are \$300, \$325, and \$275. Call Jane at 846-3920 or 846-0801.

**FOR RENT:** 3 BR house at 14 Lawson Rd., Cape Elizabeth. Attached apt. \$600/mo. with heat included. Avail. 12/1. Call 799-2977.

**FOR RENT:** Furnished house sublet on Western Prom for 9 mo.-1 yr. 3 BR restored 1890's Cape. \$700/mo. plus utils. Avail. Sept. Call Patty at 774-7925.

**ROOMMATE WANTED:** Female to share large apt. on Vaughan St. with 2 other females. \$210/mo. plus utils. Parking included. Call 775-2486 after 5 PM.

**ROOMMATE WANTED:** Graduate student looking to share quiet, sunny 2 BR apt. Hardwood floors, fireplace, dishwasher. Walking distance to MMC. Off-street parking. Call Dave at 774-6332. Nonsmoker preferred.

**ROOMMATE WANTED:** Responsible M/F to share large, 2 BR, 2 bath apt. near MMC. \$250/mo. plus sec. dep. Call David at 761-2158.

**ROOMMATE WANTED:** Looking for 2nd person, M/F nonsmoker to share 3 BR farmhouse in Windham. Includes garage, W/D. \$250/mo. plus ½ utils. Call 892-8979 eves.

**ROOMMATE WANTED:** To share house in Scarborough near beach. \$275/mo. includes utils. Call 878-2363 early morning.

**ROOMMATE WANTED:** Professional, nonsmoking, M/F to share apt. only a minute walk to MMC. \$250/mo. includes heat, cable (HBO), and W/D. Call 773-6165 after 5 PM. Avail. Sept. 1.

**FOR SALE:** 1976 Mercury Monarch. \$600 or best offer. Call 934-5587 after 5 PM.

**FOR SALE:** 1977 TransAm. Automatic, PS, PB, AM/FM, 8-track. Low mileage; stored winters. Excellent condition. \$5,000. Call 282-4490 afternoons or eves.

**FOR SALE:** 1982 Subaru GLS. Black, sporty, 5-spd., 61,000 miles, AM/FM, sun-roof. Excellent condition. \$5,000 or best offer. Call 282-4490 afternoons or eves.

**FOR SALE:** 1974 Starcraft Pop-up camper. Sleeps 6; flush Porta-potty; large attachable screen room. Good condition. \$995. Call 985-3594 after 5 PM weekdays and anytime weekends.

## what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196.

Barbara Burns, Editor.

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**FOR SALE:** Woman's Concorde 10-spd. bike in good condition. Call 772-5884 after 8:30 PM.

**FOR SALE:** Huffy "Baja" trail bike. 24 in. wheel with seat and handlebar modified for taller person. Ideal city bike. Originally \$140; asking \$85. Call 774-3232 after 5 PM.

**FOR SALE:** Russo coal/wood burning stove with glass doors including accessories. Valued at over \$800; selling for \$550 firm. Call 839-4456 after 5 PM.

**FOR SALE:** Remodeling; complete set of oak kitchen cabinets, double oven, doors, window, etc. Call 781-2284.

**FOR SALE:** Queen size waterbed. Semi-waveless; 1 yr. old, \$100. Call 767-3623 between 5-8 PM.

**FOR SALE:** 26 in. Olympic wood stove—perfect for camp. Includes complete metal-bestos chimney for 2 story house (or camp). Excellent condition. Asking \$495 or best offer. Call 725-7068 after 5 PM.

**FOR SALE:** 2 Dynaco speakers, \$75 for the pair. 2 tires P195/B145, almost new, \$50 for the pair. Call 773-1671 and leave message.

**FOR SALE:** Home-bred parakeets. Finger trained; 6 weeks old. Call 774-9046 after 5 PM.

**FOR SALE:** Childcraft encyclopedias. Never been used. Paid \$199; will sell for \$100. Call 767-2794 after 5:30 PM.

**FOR SALE:** Lowrey organ. Book price \$450 or best offer. Call 774-3766 or 772-7585 after 5 PM.

**INTERIOR SPECIALIST:** Wallpapering; painting; paneling; KT and bath remodeling. Call Bill at 839-2398.

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