what's Maine Medical Center Portland, Maine 04102

June 18, 1986



F. STEPHEN LARNED, M.D. (A/V Photo)

Blood drive returns to MMC this week

The next Blood Drive at MMC is scheduled for Thursday, June 19, from 11 AM - 5 PM, and Friday, June 20, 6 AM - 4 PM. This is the second in a series of four drives scheduled for this year with the target goal of 1,000 donations.

The first drive of 1986 in March was the most successful ever, with donations exceeding the 250 pint goal. In order to continue the success of the blood drives and meet the demand for additional blood during the summer months, everyone's help is needed in reaching the 250 pint goal set for the June drive.

During our last drive, 167 pledges were received, and pledges will also be accepted during this drive. If you pledge to donate during the next three drives, you will be eligible to receive a MMC tshirt and also be entered in a drawing for a VCR to be given away at the end of the year. You can register in the lobby or outside the cafeteria the week of the drive.

Don't Forget!

The deadline for the EMPLOYEE PHOTO CONTEST is 5 PM, Friday, June 20

Enter soon!

Contest rules are posted near the Cafeteria

Vol. 17, No. 46

F. Stephen Larned, M.D. appointed to VPMA post

F. Stephen Larned, M.D., of Portland has been named Vice President for Medical Affairs for Maine Medical Center. The MMC Board of Trustees unanimously approved the appointment at its May meeting. Dr. Larned who is now president of the Medical Staff, will take over the hospital's top clinical administrative post August 1.

MMC President Edward C. Andrews, Jr., M.D., who has also been Acting Vice President for Medical Affairs and served as chairman of the search committee, announced the appointment. "Steve Larned is the right person at the right time for this important post," Dr. Andrews said. "He is a respected physician and effective leader of the Medical Staff. He knows the Medical Center, but will bring a fresh perspective to the office of Vice President for Medical Affairs. We are looking forward to working with him."

Dr. Larned was born in Grand Rapids, Michigan; he graduated from Phillips Academy in Andover, Massachusetts and from the University of Michigan. He received his medical degree from Wayne State University College of Medicine in 1967.

He served his internship and first-year residency on the Tufts Service at Boston City Hospital and completed his medical residency at Georgetown University Hospital. He was certified by the American Board of Internal Medicine in 1972 and recertified in 1980.

Dr. Larned worked in MMC's Emergency Department for a year before entering private practice in 1973. He has been an Attending Physician at Maine Medical Center and Mercy Hospital since 1972, and at Jackson Brook Institute since 1984.

He has been a member of the Cum-LARNED, page 3



LEAVING HOLT HALL ready for its new owners has been a major occupation for MMC's Materiels Management Department over recent weeks. Pictured here (from left), Department Director Tom Guare, ODC Supervisor Leo Camire, and temporary helper Michael Hayward remove some of the last hospital items stored in the building. Designed by Portland's pre-eminent architect John Calvin Stevens, Holt Hall was built in 1891 as the Maine Eye and Ear Infirmary. The Infirmary became part of Maine Medical Center in the 1950s, and the building housed MMC programs until 1980; no longer suitable for hospital services, it has since been vacant and used only partially for storage. In 1984, a reuse study on the historically important building was done, financed in part by a grant arranged by Greater Portland Landmarks from the National Trust for Historic Preservation and matching funds from MMC. In 1985 MMC Trustees authorized disposition of the building and sought proposals for its reuse. New owners, Ellsworth Street Associates, will renovate the building for apartment, office, and retail space. Work is scheduled to begin next month for an August 1987 completion. (A/V Photo)

Weight Watchers works again in new classes

Weight Watchers will keep working at MMC---for newcomers as well as for people wanting to continue on from the sessions now in progress. Classes starting later this month make the fifth Weight Watchers program offered through *HealthStyles*.

The upcoming sessions have a bonus: two free weeks. Three 10-week segments will be offered as follows, all in the Dana Center: Tuesdays, 4:00-5:30 PM, June 24-August 26.

Wednesdays, 1:30–3:00 PM, June 25–August 27.

Thursdays, 4:00-5:30 PM, June 26-August 28.

Each class must have a minimum enrollment of 20; advance registration is necessary. The cost is \$59.00, with a 50% rebate for those who attend seven of the ten classes.

Call Anita Domina, ext. 2824 for further information or to register.

Cancer Conference is set for June 25

Maine Medical Center people are participating in a "Conference on the Cancer Problem in Maine," Wednesday, June 25, at the University of Southern Maine in Gorham. The conference is sponsored by the Maine Department of Human Services and the Maine Cancer Society, to inform health professionals and the public on the nature and extent of the cancer problem in Maine.

MMC Director of Research Peter W. Rand, M.D., will speak on domestic radon exposure, based on work the Research Department has done with the University of Maine and others. Sheila Millington, RD, a registered dietitian at MMC, will speak (representing the Maine Cancer Society) on nutrition and behavior risk factors in cancer prevention. Thomas J. Erwin, M.D., an oncologist on MMC's Medical Staff, will speak on options for cancer treatment.

Other speakers include Gregory F. Bogdan, Dr. P.H., Assistant Director of the Division of Disease Control, DHS, Lani Graham, M.D., M.P.H., Director of the Division of Disease Control, Carl Shy, Ph.D., an Epidemiologist at the University of North Carolina, and Elisha Atkins, M.D., an Occupational Physician from Chelsea, Massachusetts.

The Conference is in Bailey Hall on the Gorham campus of the University of Southern Maine. Registration is \$5.

Thanks

My first encounter with Maine Medical Center was with the ASU Department. I must admit I was very nervous about the prospect of going to the hospital, but my doubts were soon relieved when I entered the hospital. Everyone we encountered was especially nice, from volunteers to nurses to doctors. I encountered other areas of MMC, such as the Cat Scan and X-ray Department, all living up to the same expectations as the ASU Department.

I'm writing simply to say, ''Thank-you,'' for making my ''out-patient'' experience a lot less frightening!

Thank-you again for your caring about a patient's feelings. Your smiles sure meant a lot to me.

> Sincerely, Diane Desenberg

LARNED, from page one_

berland County and Maine State Medical Societies and served as County delegate to the State Society. He served on the Physicians Advisory Board to Community Health Services of Cumberland County, has been team physician for the Maine Mariners hockey club for the past ten years, and is a member of the Portland Journal Club.

Dr. Larned was elected President of the MMC Medical Staff in 1984, an office he resigns this month prior to assuming the Vice President for Medical Affairs position. As president of the Medical Staff he represented MMC's physicians on the hospital's Board of Trustees and the Hospital Medical Staff Section of the American Medical Association.

He has been a member of the MMC Executive Committee since 1982. Also at MMC he has served on the Audit Committee, has been a member and chairman of the Ambulatory Care Committee, and chaired the Health Education Subcommittee of the Ambulatory Care Study Committee. He served on search committees for Emergency Department Chief in 1974, and Vice President for Nursing in 1979. A member of the hospital's Long-Range Planning Committee, he also served on the Physician Fund-Raising Steering Committee for MMC's Capital Campaign.

In the community Dr. Larned has served on the boards of the Southern Maine Regional Alcoholism Council, Portland Symphony Orchestra, Greater Portland United Way, and Portland Players. He has chaired the Cape Elizabeth Community Services Council and the Physicians' United Way Fund Drive. He has been a member of the Long-Range Planning Committee for the Town of Cape Elizabeth and the Cape Elizabeth Recreation Commission.

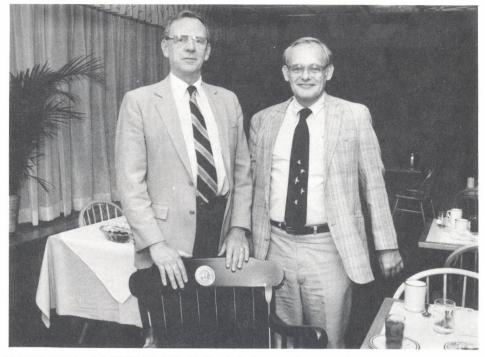
He is married to Mary Jo Bailey Larned. They have three children: Stephen, a management consultant with Bain & Co. in Boston; Ted, a senior at the University of Colorado; and Susan, a junior at the University of Michigan.

Library shifts to summer times

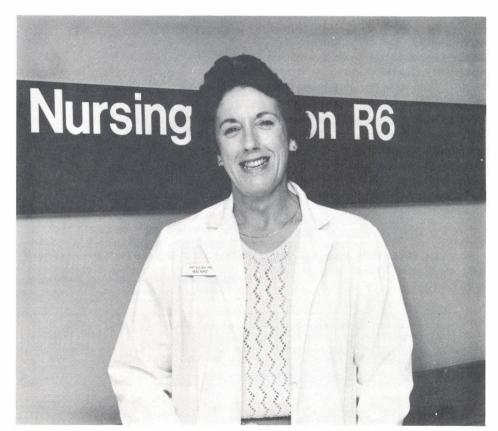
The MMC Library is now operating on summer hours. The schedule, effective through Labor Day is:

Monday through Thursday, 7:30 AM to 7:30 PM

- Friday, 7:30 AM to 6:00 PM
- Closed Weekends.



MAURICE VanLONKHUYZEN, M.D., left, has retired as Director of the Opthamology Division of the Department of Surgery at MMC. He received the traditional "director's chair" at the June meeting of the MMC Medical Staff. With Dr. VanLonkhuyzen above is Frank W. Read, M.D., who succeeded him as Division Director. (A/V Photo)



PAT GULIAN, RNC, has been named Head Nurse for R6, Maine Medical Center's Orthopedic Unit. Her appointment, announced by Kathleen Viger, RN, Director of Surgical Nursing, became effective in March. Ms. Gulian became Assistant Head Nurse for Orthopedics in 1978 and had been Acting Head Nurse for several months before her appointment as Head Nurse. She joined MMC in 1977 and worked in SCU before joining the Orthopedic Nursing Staff in 1978. (A/V Photo)

Marketplace

FOR RENT: Newly renovated 3 BR apt. near MMC. Hardwood floors, off-street parking. \$525/mo. plus utils. Avail. soon. Call 774-1455 days.

FOR RENT: Baxter Blvd. apt. KT, DR, LR with fireplace, 2 BR, den. On busline near USM; lots of closet space; garage; back yard; front porch. No pets; no smoking. \$500/mo. plus utils. Avail. July 1. Call 774-0852 or 799-5084.

FOR RENT: Year round at the beach. Located in Pine Point, Scarborough. 2 BR apt. Call 883-4329 days; 883-4108 eves. Mature, quiet, single person or couple preferred. \$465/mo. plus utils.

FOR RENT: Cape Elizabeth house. 3 BR, 2 baths, LR with fireplace, den, DR, eat-in KT, full-basement with storage, W/D hookup, beach access. \$850/mo. plus utils. No pets. Sec. dep. and lease. Avail. July 1. Call 799-3376.

FOR RENT: Beautiful unfurnished apt. Heated; hot water; quiet building. One adult (lady preferred). No pets. Call 775-1077.

FOR SALE: Mobile home. 12×70 ft. with 8×20 ft. tipout in excellent condition. Fully applianced KT, 2 BR, large LR, has formal DR with hardwood floor. Awning over large deck; very desirable lot with garden. \$32,500. Call Chris at 774-0885 anytime.

ROOMMATE WANTED: F to share large Western Prom apt. \$210/mo. or \$250/mo. Call 761-2150 eves.

FOR SALE: 1983 Subaru 2-dr. hatchback in excellent condition with 33,000 miles. Call 892-7720.

FOR SALE: 1979 Honda Civic hatchback in good condition. One owner; must sell. \$1,375 or best offer. Call 781-2600.

FOR SALE: 1973 Ford Maverick. Runs well; inspectable. \$475 or best offer. Call 799-2115 eves.

FOR SALE: 1982 Toyota Tercel with 49K miles, 4-dr., AM/FM stereo, new brakes and tires, no rust. \$3,800 or best offer. Call 797-9508 anytime.

FOR SALE: 1980 Pontiac Sunbird with 4-cyl. and low mileage. \$1,595. Call 774-5334 after 5 PM.

FOR SALE: 1981 Ford Escort. 4-spd., PS, PB, rear window defogger and wiper, CC, AM/FM radio/cassette, sunroof. Good condition. Call Gary at 774-3507 and leave message.

FOR SALE: 1980 VW Rabbit diesel with sunroof, AM/FM radio; metallic gray; 83,500 miles; excellent condition. Well maintained; have proof of all work done. 43 mpg on highway. Body sound; inspected in May. Includes 2 sets of tires and spare parts. \$2,200. Call 773-7162 weekdays from 7–9 PM.

FOR SALE: 2 motorcycles: 1974 Honda 200 and 1980 Yamaha 400. Both in excellent condition with low mileage and many extras. Call 775-1113 eves.

FOR SALE: 1974 Steury 17 ft. FG Bowrider. 120 hp inboard/outboard Mercruiser. New paint, new upholstery/carpet. All alum. trailer with less than 100 miles. Asking \$3,850. Call 655-4676.

FOR SALE: Starcraft alum. boat with Shoreline trailer and 1984 30 hp Evinrude motor; plus extras. Call 774-9231 anytime or 883-8414 Mon.–Fri., 9–5.

FOR SALE: BMX dirt bike with many new parts, \$35. Call 781-2854 after 5 PM.

FOR SALE: Avanti apt. size refrigerator, \$100. Call 781-4427 eves.

FOR SALE: Bundy clarinet in excellent condition, \$75. Call 883-5821 after 5 PM.

FOR SALE: Ladies' 26 in. bike, \$20. Dog cage, \$20. Call 773-5844.

FOR SALE: Royal blue satin dress with lace overlay. T-length, size 9, short sleeve. Paid \$100; will sell for \$75 or best offer. Worn once in wedding. Call Christine at 799-1521 days; 797-6126 eves.



what's — happening –

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196. Barbara Burns, Editor.

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FOR SALE: Wooden frame swing set with 2 swings. \$30. Call 772-1289.

FOR SALE: Couch with large floral print in greens and coral. Good condition; 3 years old. \$200. Call 774-0346.

FOR SALE: 35 mm split frame camera and accessories. Will do prints as well as slides. \$25. Call 781-4427 eves.

WANTED: Ride from Old Orchard area for 1st shift 7 days/wk. Call x2456 days and ask for Lisa.

New Employees

ENGINEERING: Vincent M. Clark

HOUSEKEEPING: Robin M. Creelman, Jane E. Fontaine, Melissa R. Fowler, Patricia H. Hill, Mark A. Hoglund, Ngoc T. Nuynh, Catherine G. Leland, Mark W. Wade

PATIENT ACCOUNTS: Alicia L. Dunphe

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LAB OP DEPARTMENT: Jean L. Pike