

# what's happening

Maine Medical Center  
Portland, Maine 04102

May 21, 1986

Vol. 17, No. 42

## Traditions come and go at 38th Honor Night

The Honor Night tradition just grows stronger every year, and the 38th annual MMC "thank you" to employees—May 13 at the Holiday Inn Downtown—was no exception. It came, as President Edward C. Andrews, Jr., M.D., said, "after what has not been the easiest year we've ever had."

And that's what Honor Night is all about, he said: "The way you people have handled the past year of pressures and demands: Through it all you have shown how much you care, not only for our patients, but also how much you care about patients' families. . . . And it's important that *you* know how very much we care about you." Dr. Andrews' message to some 500 employees attending was delivered on behalf of all in the MMC Administration.

Speaking on behalf of the Board of Trustees, Vice Chairman Robert L. Woodbury, Ph.D., said: "The trustees really know how much is demanded of you and how very hard you all work. . . it makes us very proud to be trustees—*not* because of what we do, but because of what you do."

Representing the Medical Staff was J. Howard Hannemann, M.D., Director of the Division of Radiation Therapy. He acknowledged there might be some inadequacy of physicians in expressing their gratitude to MMC employees on any regular basis, but: "We do notice all that you do for us; I hear unsolicited compliments over and over. We are grateful, and we are very, very proud of what you do—nowhere in the country is it done so well."

The Reverend Alexander B. Cairns, Director of Pastoral Services, gave the invocation, and Vice President for Employee Relations Ronald J. Baril introduced the evening's program. Baril

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**HONOR NIGHT 1986 has passed into happy memory for the more than 500 employees who dined, danced, table-hopped and talked their way through the evening. (More photos inside.)**

## Photo contest adds another category

A new category has been added to the 1986 MMC Employee Photo Contest. It was inspired by and is dedicated to the hospital's resident plastic flamingos and the intense interest they generated with their disappearance and reappearance. The *Lawn Ornaments* category is for photographs of any and all lawn ornaments. There are no restrictions on the size or type of photographs, or number of entries per person.

Lawn ornaments may include (but are definitely not limited to): flamingos, kittens, miniature lighthouses, Christmas lawn decorations, jockeys, reflecting balls, all manner of windspinners and windsocks, planters made from old tires,

ducks and geese (and ducklings and goslings), and statues of deer, moose, cows, or anything else. Ornaments must be inanimate objects.

The other categories in the photo contest are 1) Scenic, 2) People, 3) Open, and 4) *HealthStyles*. Color and Black and White photographs are mixed within each category. Complete rules for the contest are posted on the bulletin boards near the Cafeteria.

As with other categories, photos in the *Lawn Ornaments* category must be submitted to the Public Information Office (MGH-G) between 8:30 AM and 4:30 PM, Monday–Friday, or to the Security Office during other hours. Deadline for submission of entries is June 13, 1986. Entries must be submitted in person, and entrants must have a MMC photo ID.



## Alcohol and Drug Abuse Film Series

Films about alcoholism and its effects will be shown at MMC during the next several weeks. The films are open to all MMC employees; employees' friends and family are also welcome. No registration is necessary.

### ADULT CHILDREN OF ALCOHOLICS

Classroom #2  
Wednesday, May 21  
4:30 – 5:30 PM

Author Janet Woititz (*Adult Children of Alcoholics, Struggle for Intimacy*) speaks of the characteristic needs and behavior of adults who were raised in alcoholic families. "Adult Children" are more and more clearly recognized as having many feelings and experiences in common. These characteristic qualities can produce real difficulties unless they're understood and used as a basis for developing new ways of feeling, responding, and coping.

### PREGNANCY ON THE ROCKS

Classroom #2  
Wednesday, May 28  
4:30 – 5:30 PM

This is a hard look at the effects of fetal alcohol syndrome (birth defects due to alcohol use by the mother), and the dangers of alcohol use—at any level—during pregnancy. Interviews with parents of children suffering from fetal alcohol syndrome point out both the difficulties of managing alcohol abuse during pregnancy and the possibilities for dealing positively with these types of birth defects. Strongly recommended for maternal-child caregivers and those planning pregnancies of their own.

### THE DISEASE CONCEPT OF ALCOHOLISM

Classroom #7  
Wednesday, June 4  
4:30 – 5:30 PM

This is a fascinating presentation by Dr. David Ohems on the definition and treatment of alcoholism as a disease. Discussion includes: the different, progressive stages of alcohol addiction, changes for successful treatment at each stage and current research on physiological factors that may contribute to alcohol addiction. This film should interest anyone concerned with the subject of alcohol dependency, but is particularly recommended to caregivers of alcoholic patients.

## Blondell is named AHN, Labor/Delivery

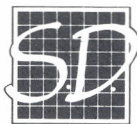
Cherry Blondell, RN, has been named Assistant Head Nurse for Days on the Labor/Delivery Unit. Her appointment became effective May 4.

Ms. Blondell joined Maine Medical Center as a Staff Nurse on Labor/Delivery in October 1985.

## Citizenship classes start June 2 at MMC

United States Citizenship Preparation classes, presented by Portland Adult Community Education, start June 2 at Maine Medical Center. There are eight weeks of classes, meeting Mondays and Wednesdays from 3:30 to 5:00 PM, through July 23 in the Charles A. Dana Health Education Center.

Anyone considering applying for U.S. Citizenship is invited to enroll; advance registration is required. There will be a charge for books and materials. For further information, call Portland Adult Community Education at 797-0348 or 772-2253, or MMC Office of Training and Development at 871-2824.



### Continuing Education

Nursing Staff Development

• **Cardiovascular Update: Dysrhythmia II**  
Wednesday, May 28  
8:30 AM–4:30 PM  
(Prior registration only)  
*15 contact hours with Dysrhythmia I*

• **"Communicating with the Angry Patient"** Peg Bradstreet, RNC  
Wednesday, May 28  
8–9 AM Classroom 4  
and repeated  
2:30–3:30 PM Classroom 1  
For Nursing Assistants only

## Please Note

*HealthStyles* is looking for photographs of all shapes, sizes, and descriptions for a display featuring MMC employees engaged in active, healthy activities. Shots of intramural activities, organized outings, or individual training and recreation are welcome. Please contact *HealthStyles* at x2974 if you can help.

## Reminder

The deadline for registration for the June 12 conference on refugee mental health issues sponsored by the D.H.R.S. Refugee Resettlement Program and the MMC Department of Psychiatry is Thursday, May 22. For details call Mary Rutherford at 871-2816.

## Thanks

*On behalf of the staff of P3C&D I want to thank all those friends who made May 6, Nurses Day a special one for us. We want to especially thank Judy Stone for her letter to us, Alice Cirillo for flowers, Mary Dowey in Housekeeping for flowers, our unit clerks for corsages, Jeannie Coughlin and Sadie Hawkins for the goodies, the specials in the cafeteria, the numerous physicians who came by to say thanks and all the other special things that were done for us making that day a day to remember. Thanks, again.*

Ada Meserve

## New Employees

**NURSING:** Lynn A. Hartland

**PERSONNEL:** Ludrecija Hitchcock

**PSYCHIATRY:** Karen E. Mischik

**PAINTING:** Timothy P. Neill

**OR:** Carrie N. Porcelli

**DIAG. RADIOLOGY:** David M. Sayer

**HOUSEKEEPING:** Althea M. Waite, Daniel J. McLellan

**HOUSEKEEPING:** Lisa Chadbourne

**LAB OP DEPT.:** Gertrude Dunphy

**FAMILY PRACTICE:** Deborah Hendricks

**NURSING:** Tracie A. Samara

**HOUSEKEEPING:** Michael Alcantara, Tony A. Lane, Anthony J. Matthews, Patricia M. Tripp

**FOOD SERVICES:** Edward G. Anderson

**ULTRASOUND:** Barbara J. Eaton

**EMERGENCY MEDICINE:** Steven R. Katona

**MEDICAL RECORDS:** Susan M. Muise

**CSD:** Nhut V. Nguyen

**NURSING:** Carol L. Parcher, Katherine Ray

**PSYCHIATRY:** Phyllis C. Ryan

**PHLEBOTOMY:** Sheryl J. Willette



## HONOR, from page one

also announced a new tradition: employees who are eligible as honorees but who have to work at the hospital on Honor Night, are dinner guests of MMC, in the cafeteria. There were 123 such absent employees this year, and those present gave them all a round of applause. There was applause as well as the names of recent retirees were read, an Honor Night tradition introduced just last year. Two relatively traditional phenomena did not hold for this Honor Night: the weather was neither rainy nor foggy; it was a lovely evening. And Dr. Andrews did not tell a joke; or did he?

**HONOR NIGHT SPEAKERS** Robert L. Woodbury, Ph.D. (top left) and J. Howard Hannemann, M.D. (top right) set an upbeat mood for the 38th annual event.





# Marketplace

**FOR RENT:** Cape Elizabeth. 3 BR, 2 baths, LR with fireplace, den, DR, eat-in KT, full basement, W/D hookup, water view, beach access. \$850/mo. plus utils. No pets. Sec. dep., lease. Avail. July 1. Call 799-3376.

**FOR RENT:** Emery St. efficiency apt. Heat and utils. included. \$325/mo. plus sec. dep. 9% discount if MMC employee. Call 775-0532.

**FOR RENT:** 2 apts. in choice intown location with water view and off-street parking. 1 BR \$375/mo. plus dep. and utils.; 2 BR \$495/mo. plus dep. and utils. Call 774-8478 after 5 PM.

**FOR RENT:** MMC area. 1st floor efficiency with heat and utils. included. \$350/mo. Call 775-0532 or 767-5475.

**FOR RENT:** Naples. Medium size barn. 1½ story (24 ft. x 24 ft.) plus ell. Secure; accessible year round. Ideal for 2+ boats, storage, car, etc. \$50/mo. Call 774-2950.

**FOR RENT:** 2 BR house in So. Portland with off-street parking, nice yard with garden. Avail. June 1. \$550/mo. plus utils. Call 892-3572.

**FOR RENT:** Woodfords. 2 BR, 1st floor, private entrance and porch, parking, renovated. No pets. \$410/mo. plus sec. dep. Call 846-3920.

**FOR RENT:** USM area. Large 3-4 BR apt. with 1½ baths, laundry facilities, off-street parking. Avail. June 1. \$520/mo. plus utils. Call 774-8733 eves.

**FOR RENT:** Sublet. Sunny, quiet, clean 2 BR apt. in West End. W/D, dishwasher, storage, parking, yard. Avail. June 1. \$500/mo. Call 879-0653 anytime.

**FOR SALE:** 3 unit house. Excellent opportunity for owner occupant. Large lawn with southern exposure; large sunny rooms; separate utils.; off-street parking. Call 767-3965 eves.

**FOR SALE:** Cozy 2 BR ranch with finished playroom in basement, large yard; nice So. Portland location. \$68,000. Call 799-4269.

**FOR SALE:** 1982 Mercury Lynx with 45,000 miles. Rust proofed, AM/FM radio, PS, PB, very clean, runs well. \$2,700 or best offer. Call 282-1846.

**FOR SALE:** 1984 Ford Tempo. 2-dr., 5-spd., 36,000 miles, excellent condition. 2 new tires and front-end alignment recently done. \$4,800. Call Andy or Carol at 839-2362.

**FOR SALE:** 1984 Audi 5000S. 4-dr., 5-spd., PS, PB, PW, A/C. Excellent stereo system; black; low mileage. Call 799-2173 after 5 PM.

**FOR SALE:** 1977 Chevy Nova. 63,000 miles; very good condition; one owner. \$1,500. Call 797-0605 or 773-2405.

**FOR SALE:** 1969 Plymouth Valiant with rebuilt carburetor, new tires, new radiator, AM/FM stereo cassette. \$600. Call Glen at 871-0417.

**FOR SALE:** 1976 Plymouth Volare wagon with slant 6 engine, auto., 78,000 miles, inspected, good condition. \$600. Call 929-4483.

**FOR SALE:** 1979 Pontiac Le Mans station wagon. Best offer. Call 797-9666.

**FOR SALE:** 1976 Saab 99 GM with 76,000 miles in very good condition. Asking \$1,200. Call 774-9314.

**FOR SALE:** 1982 Yamaha Heritage Special 400. Bought last year; 4,000 miles; excellent condition, \$1,000. Call 490-1928.

**FOR SALE:** 16 ft. fiberglass sloop. \$500 or trade for 10-20 hp. outboard. Call 729-6050.

**FOR SALE:** Symphonic console AM/FM stereo radio with auto. record player. Asking \$125 or best offer. Call 774-8478 after 5 PM.

**FOR SALE:** Mahogany chest (43 in. wide x 44 in. high) with 4 large and 3 small drawers, \$150. Call 799-3047.

## what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196. Barbara Burns, Editor.

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**FOR SALE:** Washer and dryer set, \$150. Color TV, \$50. All in good condition. Call 854-1700 after 4:30 PM.

**FOR SALE:** Size 9 nurses' uniforms, best offer. Also, size 9 Nursemate slingback shoes in good condition. Call 883-3302 days.

**FOR SALE:** Light blue velvet overstuffed chair in excellent condition, \$50. Call 772-5103.

**FOR SALE:** Fender precision bass guitar, \$300. Peavey 200 watt amp rack, \$350. Fender bassman B-15 cabinets, \$175 each or \$300 together. Call 846-9280.

**FOR SALE:** Child's gym set slide, glider and swings. Used 2 summers; excellent condition. Asking \$75. Call 883-4643 after 2 PM.

**FOR SALE:** 175 lb. mushroom mooring with 60 ft. of chain. Currently in water in Maiden Cove. Call 767-5872.

**FOR SALE:** L-shaped beige couch, \$350. Beige recliner, \$75. Both like new. Call 642-3504 eves. and weekends.

**FOR SALE:** 4 male Labrador Retriever puppies; 9 weeks old; with papers, \$250/each. Call 799-7743.

**WANTED:** Babysitter. Must be reliable and have own transportation. Occasional afternoons. Call 797-3484.

**WANTED:** Used baby crib and dresser. Sturdy and in good condition; reasonable price. Call 642-3504 eves. and weekends.

**WANTED:** Efficiency or small apt. for dependable male. Would like to exchange work for some rent. Desired location up to 20 minutes south of Portland. Call 282-7660.

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