

what's happening

Maine Medical Center
Portland, Maine 04102

January 22, 1986

Vol. 17, No. 25

"Open House" planned to recruit volunteers

Maine Medical Center's volunteers worked 52,581 hours last year in support of the hospital's patients and staff. That was 2,000 hours more than in the previous year. And all indications are that a need for more volunteers to give even more hours will continue to increase.

With the new spaces and expanded services provided by the construction and renovation project now up and running, volunteers have assumed new commitments (such as helping to staff the reception desks in ASU and Labor/Delivery). The Volunteer Office is looking to a continuing rise in the number of requests for volunteer services and --- with the aid of a small committee of "recruiters" --- is taking steps to assure MMC of a positive and prompt response.

They are presenting a "Volunteer Opportunities Open House" on Tuesday, February 4. The program, from 9:30 to 11:30 AM, will feature a slide presentation showing volunteers at work in various jobs throughout the hospital, give a chance to hear firsthand from our volunteers about where they work and what they do, and offer brief tours of some of the areas where volunteer opportunities exist.

There are opportunities for men and women in many areas of the hospital, and volunteers are needed at all times, days, evenings and weekends. Presently, volunteers work in over 60 areas and departments of MMC including: the Admitting desk (2,301 hours last year), Emergency (3,695), Central Service (3,087), Information Desk (2,585), and the Pediatric Playroom (2,455). They serve visitors and staff in the Coffee Shop, Gift Shop and Flower Box, provide clerical help for various offices, circulate the Art, Craft, and Gift carts, serve as

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THE COFFEE SHOP'S CLARA SMITH, retired after 40 years (and a few renovations) with the shop. Members of the Women's Board of Maine General Hospital, operators of the Coffee and Gift shops, honored Mrs. Smith at a reception on January 9, and on January 10 she served and said some farewells to customers and co-workers. She's pictured here (left) with Lillian Goupit.

Parking problems are a part of winter

Winter has handed its usual double whammy to the parking ramp at MMC: weather that makes more employees want to park "inside," and a busy inhouse schedule for the hundreds of students in MMC's many teaching programs. With several significant storms behind us and a good chance of more to come, the ramp has been and is certain to be again, full and frustrating.

While investigating options for some more permanent and convenient parking alternatives, the hospital has arranged --- with thanks to the City of Portland --- for backup parking in the lot *behind* the

new Ice Arena. MMC student groups are now assigned to park permanently in the backup lot (pink parking passes identify students' cars).

On days when the ramp continues to fill up, employees may be sent to the backup lot, as follows:

- Parking attendants will inform drivers entering the ramp that it is, as best as they can determine, full.
- The driver may still choose to cruise through the ramp and look for a spot (and probably get lucky as someone pulls out).
- The driver who cannot find a place on the ramp may park behind the Ice Arena. The parking attendant will provide

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a map of the area.

- Drivers who opt to park behind the arena when the ramp is full, should be sure to tell the parking attendant this; the attendant will alert Security who will provide shuttle service back from the Arena. At the end of the day shift, the shuttle will take employees from the bottom of the ramp back to the Arena; employees working beyond shift change should contact security directly when they are ready to leave. (While the shuttle does not operate daily for students, they are welcome to ride when it is operating for employees.)

- It is important to note that the Bramhall lot, used as back-up during the first few days of our winter woes, is no longer an option; employees parking in the Bramhall lot will pay the full, \$.35 an hour fee.

Those are the nuts and bolts procedures for dealing, at least in the near future, with a full ramp. But there are frustrations on the ramp, even with the new backup plan. Those frustrations come, incredibly, because some drivers are still not managing (or caring to take the time) to park between the lines. It's especially maddening for drivers who are

circling the ramp, looking for the last few spaces on full days.

Violators who take up more than one parking space are contacted and are required to move their cars. But that hardly ever happens in time to be of any use to those other, early drivers who could not find a space, says parking supervisor Mary Thibodeau.

Effective immediately: anyone requesting additional MMC parking sticker(s) must show the registration slip(s) for the vehicle(s) to be stickered. The Parking Office is open from 8 AM to 4 PM, Monday through Friday; the phone is ext. 2123.

EAC Aruba trip is movie topic

The Employee Activity Committee wants to bring Aruba to you, in hopes of getting you to Aruba. The group is sponsoring a seven-day cruise in April, and is showing a film featuring Aruba on Monday, January 27, in Classroom 3 at 7 PM. Anyone interested in the sun and sand is welcome to attend.

Annual Hockey Night for MMC, February 8

Remember the folks who gave us MMC Night at the Ballpark and the great time with friends and the Guides? They're back with an offer for this season, and one that sounds just as exciting:

It's MMC Night at the Rink! It'll be our first annual Hockey Night at the Cumberland County Civic Center, and it's all set for February 8.

We'll see the Maine Mariners host the Nova Scotia Oilers, game time: 7:35 PM. The Mariners have reserved several sections for MMC employees, their families and friends. They've also given MMC a special ticket discount by offering regular \$6 tickets for \$4.

Tickets are on sale now --- 7 AM to 4 PM, Monday through Friday --- in the Employee Benefits office.

As an added bonus, ten lucky MMC ticket holders will win Maine Mariners hats or tee-shirts; the winners will be announced at the game.

First aid course offered employees

HealthStyles is offering a first aid course to interested employees. "Healthwise" will certify participants in one-person CPR, adult obstructed airways, infant CPR, infant obstructed airways, and two-person CPR.

The course will be taught in two sessions: February 10, 4:30 - 6:30 PM, Classroom 1, and February 12, 4:30 - 6:30 PM, Classroom 9. For more information and to sign up, call x2974.

New Employees

PHLEBOTOMY: Jennifer E. Marrow

PATIENT ACCOUNTS: Lois A. Carr

OR: Dabrina L. Caswell

FOOD SERVICES: Michael Collier, Kathleen A. Murphy

HOUSEKEEPING: Catherine R. Collins, Gloria J. LaGrange, Joanna C. Morrill

DIAG. RADIOLOGY: Alicya M. Fogg

CSD: William Dillihunt

PERSONNEL: Julie A. Johnson

PULMONARY MEDICINE: Keith A. Matassa

OR: Peter Gillingham



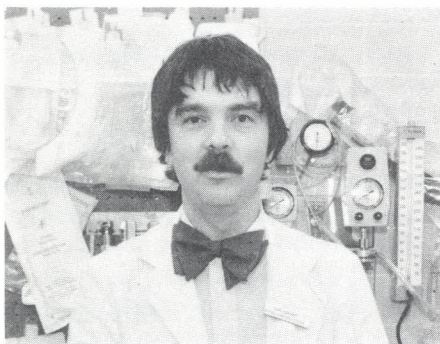
RETURNING TO A PARKING RAMP that is full to overflowing, employees may find cars parked straddling lines or left overnight or longer by employees using the ramp as a garage. Increased enforcement of ramp rules will penalize offenders.

(A/V Photo)

Lapham honored by state PA group

Robert Lapham, PA-C, of MMC's Emergency Department, has received the first Outstanding Service Award from the Downeast Association of Physician Assistants. Lapham is the first recipient of the award, established to "recognize the hard work and achievements of those who have helped to make and will continue to develop the professional stature of PAs in Maine."

The award recognizes Lapham's work in helping establish the post-graduate residency in Emergency Medicine for physician assistants at Maine Medical Center, a grant-funded program which



ROBERT J. LAPHAM, PA-C

produced 22 physician assistants specially trained in emergency medicine.

Also noted is Lapham's service on the Physician Assistant Advisory Committee to the Board of Registration in Medicine, helping to develop rules and regulations for physician assistant practice. Among the committee's successful projects was the revision of the prescriptive formulary for PAs.

Lapham is a past president of the Downeast Association of Physician Assistants, and a member of its Board of Directors. Current president Drew Travers, PA-C, noted in the award presentation that "his most outstanding achievement has been the development of continuing professional excellence for PAs in the state. The Annual Conference on Acute Medical Problems, now in its eighth year, is an excellent example of the outstanding contributions of Bob Lapham to the profession."

Lapham is a graduate of Boston University and the Physician's Associate program of the Yale University School of Medicine. He is a member of the American Academy of Physician Assistants, and is Board Certified by that body. He has worked in MMC's Emergency Department since 1975.

OPEN HOUSE, from page one— staff assistants for hospital research and planning projects, and deliver all patient mail and all floral arrangements brought to the hospital.

All these jobs and others were done last year by the 553 men and women presently on MMC's roster of volunteers. They are people who represent all segments of the Greater Portland population; they are homemakers and college students, working people and retirees. Some are members of one of the hospital's three auxiliaries, though membership is not necessary to becoming a volunteer. Volunteers are welcome whether they can give a small or large amount of time.

Planning the Volunteer Opportunities Open House are: Susan Hasty, representing the Visiting Board of Children's Hospital; Janette Chase, the Women's Board of Maine General Hospital; Linda Frinsko, Friends of Maine Medical Center; Bridget Healy, MMC Annual Fund; and Audrey Gough, Director, and Jeanne Smith, Assistant Director, Volunteer Services.

Flyers are being distributed, and radio, TV, and newspaper notices will alert people in the community to the many volunteer opportunities at MMC. Those interested in attending the Open House must preregister by calling the Volunteer Office at 871-2205.

Smoke follow-up for quitters and others

HealthStyles presents a follow-up to the Great American Smokeout, Thursday, January 23, at Noon in Classroom 7. If you made an attempt to banish the butts in 1985, or resolved to do so in 1986, please join us for a chance to share experiences and strategies. The original members of the Smokeout Panel will be on hand, and lunch will be provided.

Call x2974 for more information.



Continuing Education

Nursing Staff Development

- *Nursing Grand Grounds:*

"Overview of Renal Transplantation and Patient Management at MMC,"

sponsored by P1C Nursing Staff

Wednesday, January 29

12:30 - 1:30 PM

Classroom 9

New Employees

PULMONARY MEDICINE: Joyce L. Carlson

MEDICAL REHAB: Deborah A. Dabel



THE NEW ADMITTING ENTRANCE is open, even while the last details of construction are being completed. The entrance features a drive-thru traffic pattern and a canopy-covered vestibule, and is for patients being admitted or discharged only. Drivers may park long enough to escort patients in and get them settled, then move their vehicles to the Bramhall Lot. (A/V Photo)

Marketplace

FOR RENT: Unique 3-level 1 BR apt. in Spring St. Victorian. \$350/mo. plus utils. Call 773-2843 before 8 PM.

FOR RENT: So. Portland apt. with 2 BRs, w/w carpet, W/D hook-up, garage. \$425/mo. plus heat and utils. Adults; no pets; sec. dep. Call 767-2056.

FOR RENT: Furnished 2 BR apt. in Pine Point. Avail. until June 1. \$400/mo. includes all. Call 883-4927.

FOR RENT: Woodfords St. 3 room apt. with stove/refrig., heat, and parking. Sec. dep.; no pets. \$325/mo. Call 773-4444.

FOR RENT: Large, sunny, 2 BR apt. in Portland. Freshly painted, newly renovated bath and KT. Avail. Feb. 1 or before. \$500/mo. with heat and hot water included. Call (617) 887-9683 days; 774-1698 after 5 PM.

FOR RENT: 2 sunny efficiencies: one - 1 room; the other 2 rooms. Newly renovated, quiet building, parking, 5 blocks from MMC. Sec. dep. and refs. Call 767-5475 or 772-8128.

FOR RENT: Room in private home with KT privileges. Call 799-1951.

FOR RENT: 3rd floor, 1 BR apt. with hardwood floors, view of downtown, heat included, easy access to downtown, Old Port and hospitals. Call 773-3399 after 6 PM.

FOR RENT: Spacious 7 room, 3 BR, newly converted condo in Eastern Prom area 1 block from ocean. \$600/mo. Call 772-0396 or 846-6394 eves.

FOR RENT: Large 2 BR apt. near MMC on Spruce St. New KT, new bath, parking. \$450/mo. plus utils., refs., and sec. dep. Call 871-8286.

FOR RENT: Top area. 1st floor, 3 BR apt. with modern KT with stove/refrig. util. room, DR, LR, garage and parking. \$550/mo. plus utils. Call 839-3436.

FOR RENT: 2 plus apt. with KT with stove/refrig., DR, LR, new furnace. \$495/mo. plus utils. Call 839-3436.

ROOMMATE WANTED: Female to share large 3 BR apt. on Beach St. in Saco. \$177/mo. heated, plus 1/3 electric. Call 282-3456 eves.

ROOMMATE WANTED: Deering Pines. Refs. required. Call 767-5357.

ROOMMATE WANTED: Professional M/F to share 3 BR house in Portland. \$215/mo. plus 1/3 utils. Responsible, nonsmoker only. Call Glenn at 775-5600 or 772-8171.

ROOMMATE WANTED: 2 roommates for new 3 BR luxury townhouse in Portland. \$180/mo. plus 1/3 utils. Call John at 854-1928 after 6 PM.

ROOMMATE WANTED: Female to share 2 BR apt. \$170/mo. plus 1/2 utils. William St. Call 773-0622 after 5:30 PM.

FOR SALE: 1980 VW Scirocco with 4-spd., rust-proofing, sunroof, 37 plus mpg. Call Ellen at 775-1476.

FOR SALE: 1976 Plymouth Volare with PS, PB, 4-spd., new Midas muffler, new PS pump, starter, and brakes. Two extra tires. \$900 or best offer. Call 773-1671.

FOR SALE: 1977 Chevrolet Impala. 6-cylinder, 4-dr. sedan with low mileage. One-owner; excellent condition. Asking \$2,200. Call 775-0210 after 6 PM weekdays.

FOR SALE: 2 Sears radial tires; P215/75R14 mounted on rims. Call 799-1951 eves.

FOR SALE: Large Sears Kenmore microwave oven. Temp. control and probe, digital. \$125. Call 854-9959.

FOR SALE: Baby Walker in excellent condition, \$10. Light gray cashmere coat with double breasted buttons, size 14, \$30. Call 772-5103.

FOR SALE: 14 yds. Warm Window insulation material and accessories to make shades. Will sell at reduced rate. Call 892-7720.

what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196. Barbara Burns, Editor.

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FOR SALE: 1980 Honda Civic with 60,000 miles, no rust, new paint, great condition. \$3,000. Call 799-1926.

FOR SALE: 1976 Olds Delta 88 with 62,000 miles, PS, PB, AC, new radials, very good condition. \$2,500. Call 854-9959.

FOR SALE: Polaroid 1-Step 600 camera. Won as prize; never used. Retail at \$25; asking \$18. Call 781-5170.

FOR SALE: LR set includes plaid sofa and matching chair. Asking \$150. Call 797-9066 after 5 PM.

FOR SALE: Wooden DR set with table and 4 chairs, \$65. Call 773-8419 after 5 PM.

WANTED: Rent for man, woman and dog. 2 or 3 BR apt. in MMC area. Price range \$400-\$450. Call Anita at 282-2316 or Jean at 774-2056.

WANTED: Used 13 or 15 ft. Boston Whaler boat, motor, trailer (any or all). Call 799-8014.

WANTED: LR couch and chair to be donated or will buy at a reasonable price for a low-income mother with (3) small children. Call 854-5830 after 5 PM.

WANTED: Apt. size stove. Call 774-6634 or 854-5742.

FREE: Parakeet with cage to good home. Call 773-1671.

FREE: To good home. 1 yr. old, all black, spayed, female cat. Good with children. Call 883-3302.

MARTIN'S CARPENTRY remodeling, restoration and new work; roofs, porches, etc. Over 25 yrs. experience; quality work; good prices. Call 625-8276 after 5 PM.

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Portland, Maine 04102

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