

what's happening

Maine Medical Center
Portland, Maine 04102

October 16, 1985

Vol. 17, No. 11

Corporators elect new board members

Maine Medical Center's Board of Corporators welcomed seven new members at the October 9 Annual Meeting. Elected to serve on the Board of Corporators were:

- Mrs. Peter T. C. Bramhall of Falmouth, a member of the MMC Development Committee, who has served on the Annual Fund Committee and was Chairman of the 1984 Appreciation Days programs. She is a member and past president of the Junior League of Portland, and has served on the Board of Directors and as President of the YWCA.

- Kenneth H. Brownell of Freeport, a Vice President of the Portland brokerage firm Country Business Services. He will serve as Vice Chairman of MMC's 1986 Annual Fund Committee.

- Earle L. Ingalls of Yarmouth, President and Chief Executive Officer of Porteous, Mitchell & Braun, Co. He served as Vice Chairman of the Primary Gifts Division of MMC's Capital Campaign, has been a Director of the Portland Chamber of Commerce, Director and President of the Intown Portland Exchange, and is currently President of the Maine Merchants Association and the Cumberland Club.

- Hall Thompson of Cumberland, Senior Vice President of Commercial Loans for Peoples Heritage Bank.

- W. David Verrill of Cousins Island, President, Chief Executive Officer and Director of Maine National Bank. A Founding Director of the Mid-Coast Mental Health Association, he has served as a Trustee of Pen Bay Medical Center and as President, Treasurer, and Trustee of Knox County General Hospital. Past Chairman of the Maine State Chamber of Commerce, he is currently an overseer of Bowdoin College and Director of the Area Development Council.



A GOOD GROUP OF VOLUNTEERS has joined this year's United Way effort at Maine Medical Center. They're termed Group Leaders in the campaign's organization, and they help to coordinate all the work that must be done by acting as liaison between Campaign Chairman Carol Cosand and Cochairman Eric Anderson, and all the employee solicitors. Group Leaders and Chairmen are, from left: Dick Roy, Patient Accounts; Mike Sweatt, Laboratory; Eric Anderson, Data Management; Lois Bazinet, RN, Staff Development; Pat Camire, RN, Ambulatory Surgery; Carol Cosand, RN, and Claralee Swanson, RN, Management Systems & Data. Group Leader not pictured: Mike Kotch, Rehabilitation Medicine.

(A/V Photo)

- James A. Willey, Jr., of Portland, Vice President and General Manager of Canteen of South Portland. He is a member of MMC's Development Committee and is serving as Vice Chairman of the 1985 Annual Fund Committee.

- Mrs. John Fulda of Cumberland, President of the Friends of Maine Medical Center for 1986-87, was appointed to serve on the Board of Corporators. She is a Director and State Secretary of the Maine Association of Hospital Auxiliaries and a member of the Women's

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Blood Drive is good despite storm closing

Despite the Friday afternoon closing of the Blood Drive due to the approach of Hurricane Gloria, the Red Cross reports 147 presented at the October 3 and 4 effort. Of those, 128 donated, including seven first-timers. Those who were unable to donate because of the storm may give at the Red Cross headquarters on Forest Avenue and have their contributions added to MMC's total.

CORPORATORS, from page one

Committee of the Portland Symphony Orchestra and the League of Women Voters. She is a volunteer in MMC's Ambulatory Surgery and Special Care Units.

The Corporators also re-elected the following five Trustees whose terms expired this year, to serve for another four years: Rosalyne S. Bernstein, Merton G. Henry, George M. Lord, Robert L. Woodbury, Ph.D., and Roger F. Woodman.

Robert B. Williamson, Jr., was re-elected Secretary to the Corporation, and Trustee Kay Flanagan was elected as Assistant Secretary for the term which ends October 1986.

The Board of Corporators is the corporate body that serves as the cornerstone of MMC's structure as a non-profit institution. The board's primary legal role is the election from its membership of a Board of Trustees, the ultimate governing authority of the hospital. Corporators, 289 in number, have the opportunity to become more deeply involved in hospital activities, however, and they serve on various committees including those dealing with fundraising, planning and program review. Corporators represent a cross-section of MMC's service area; they represent the hospital in the community and bring to the hospital the interests of the communities they represent.

Following the Corporator's Annual Meeting, the Board of Trustees met to elect officers for the coming year. Re-elected were: Mrs. Herbert S. Holmes, Jr., Chairman; John R. DiMatteo, Vice Chairman; Robert L. Woodbury, Ph.D., Vice Chairman; Edward C. Andrews, Jr., M.D., President; and Donald L. McDowell, Treasurer.

New Employees

ENGINEERING: Pamela E. Alley

BLOOD BANK: Jeanne Applegate

NUCLEAR MEDICINE: Thomas Benson Jr.

ENDOCRINOLOGY: Carol Ann Daniels

NURSING: Teresa Duhamel

DEVELOPMENT: Diana Howe

CARDIOLOGY: Mary K. Hunt

PHARMACY: Theresa E. McKeever

CSD: Laurie M. Posnick

DATA ENTRY OPERATOR: Bonnie Varney



CHAIRMAN OF THE BOARD of Trustees Mrs. Herbert S. Holmes, Jr., left, welcomes Mrs. Peter T. C. Bramhall to the Board of Corporators. (A/V Photo)



CHIEF OF RADIOLOGY H. Randall Deming, M.D., left, was the speaker at MMC's Annual Meeting, presenting "New Imaging Techniques." He is pictured here with Corporators John F. Gibbons, M.D., and William Caldwell. (A/V Photo)

Substance abuse is film series topic

The substance abuse film series from *HealthStyles* begins today, with some changes in the original schedule. The series is designed to provide employees with a broad perspective on the issue of substance abuse. Some films are geared to the personal impact of abuse, others to the role of the health care professional.

After each film, Jackie Robinson of MMC's Psychiatry Department and Al Bergman of Social Work will be available to answer questions and lead discussion. The films are open to any interested employee; family or friends may be invited if space allows. Because of limited seating, advance sign-up is required. Call x2824 to sign up.

Guidelines *Wednesday, October 16, 4:30 - 6:00 PM, Classroom 4.* A filmed lecture by Father Martin, on the attitudes we have that affect our response to alcoholism. This film is strongly recommended for those with a professional interest in alcoholism.

The Disease Concept of Alcoholism *Thursday, October 24, 11:30 AM - 1:00 PM, Classroom 4.* A presentation by Dr. David Ohlms on the definition and treatment of alcoholism as a disease. It includes definition of the stages of alcohol dependency, chances for successful intervention at each stage, and current research on biochemical factors in addition. Strongly recommended for physicians, nurses, and others involved in the treatment of alcoholics.

Enablers *Monday, October 28, 4:30 - 6:00 PM, Classroom 4* (Note time and location change.) and

Intervention, *Wednesday, November 6, 11:30 AM - 1:00 PM, Classroom 1.* These films show the effect of alcoholism on the family and friends of an alcoholic.

Enablers explores the ways alcoholic behavior is tolerated or actually encouraged by friends and family seeking to avoid the problem. **Intervention** shows the same family preparing to confront the alcoholic with her behavior in a formal meeting guided by a counselor.

Friday Night Five *Thursday, November 14, 4:30 - 6:00 PM, Classroom 9.* (Note time and location change.) Shows the experiences of five people during a Friday night out on the town and what happens to them as the night goes on.

Cause the Effect/Effect the Cause *Wednesday, November 20, 4:30 - 6:00*

PM, Classroom 4. Another look at attitudes toward alcohol abuse. The main character, a businessman who is treated in a hospital Emergency Room, is dealt with by several ER staff members. Strongly recommended for those directly involved in the care of alcohol abusers.

Cocaine: The End of the Line *Monday, November 25, 4:30 - 6:00 PM, Classroom 4.* Factual, first-hand accounts of the experiences of five people who developed cocaine addictions after being "casual" users of this increasingly popular drug.

Denial, Not Me *Monday, December 2, 4:30 - 6:00 PM, Classroom 4.* A humorous treatment of a serious subject: denial. Explores how the pain of living with an alcoholic is rationalized in ways that prevent more useful efforts to cope with the problem.

New Employees

MED. TECH. SCHOOL: Christine Barrett

ANESTHESIOLOGY: Cecelia A. Tighe

HOUSEKEEPING: Paul A. Banks, Karen A. Bradford, Maureen Coyne, Elizabeth Duren, Michael McDonald, Lisa J. Scott, Harold Small, Bradford Warren, Joad T. Welch, Sylvia M. Bangs, Arn Cheang, Liana R. Montecalvo, Stephanie Peterson, Gloria R. Young.

FOOD SERVICES: Gayle R. Cole, Steven Richards, Cynthia R. Rubinoff, Patricia Watson, Theresa M. Bodman, Diana J. Howe, Linda E. Jordan, Miranda Rawstron

HEALTH AFFAIRS: Elizabeth Ross

DIAGNOSTIC RADIOLOGY: John Thibeault

FAMILY PRACTICE: M. Lee Turkington

HEMATOLOGY: Helen B. Bradley

AV: Ann A. Darling

COMPUTER MAINT.: James R. Linscott

HOUSEKEEPING: Kevin D. Conley, Terri J. McPhee

MATERIELS MGT: Arnold L. Preston

HEMATOLOGY: John W. Reed

RADIOLOGY: Kristina Scrutchfield

NURSING: Aldus LaRhonda, Mary F. Ayotte, Christian Chenard, Gretchen Fennema, Stephanie Knights, Lenore M. Krivanek, Gail Marchigiano, Heidi Martel, Debra McPherson, Lisa M. Murry, Bonnie Moulton, Carol Ritter, Bonney S. Sipe, Elizabeth Staples, Claudia Trimble, Linda Trumelle, Cynthia Whetten, Bradley Young

Watching weight now possible here at work

An in-house Weight Watcher's program, "Weight Watchers at Work," begins at MMC October 29. Classes will be offered Tuesday mornings, Wednesday early afternoons, and Thursday late afternoons.

The program features "Quick Start," cutting calorie intake to the minimum during the first week. Moderate control during the remaining seven weeks keeps the momentum without compromising nutrition.

Minimum enrollment for each group is 20 people. The fee is \$50, with a \$25 rebate for those who attend meetings regularly. Call Training and Development, x2824, to sign up.

Equipment is focus of Oncology meeting

The Southern Maine Oncology Nursing Society will hold its next meeting Thursday, October 17. A "Vendor Night," it will provide an opportunity to talk with sales representatives for products used in the delivery of care to patients with cancer.

The program is 5:30 - 7:00 PM in Classroom 7 of the Dana building, preceded by a business meeting at 5 PM in Classroom 3. Refreshments will be served.

EAC News

The Employee Activity Committee is having another Cruise Night Monday, October 28. The EAC embarks on a week-long cruise of the Caribbean April 6, and cabins are still available. The Cruise Night is at All Points Travel in North Windham, 7:30 PM, October 28. A film, question and answer session, and door prize drawing will highlight the night.

Call Joyce at x2672 for more information.

The EAC is going to Aruba April 26 - May 3. The cost (from Boston) is \$529, based on double occupancy. See Bev Cookson in the Cafeteria for details.

The EAC is also planning a shopping trip to Boston on Saturday, December 7. The cost is \$15 per person.

Marketplace

FOR RENT: 2 BR apt., avail. 1/1 - 5/31. On bus line in North Deering. Dishwasher, garbage disposal, carpeted throughout. \$475. Call 797-5882 before 2:30, ask for Nancy.

FOR RENT: 1 BR apt. on Emery St. \$400/mo. heated. Call 772-6423.

FOR RENT: 23 Edwards St. 2 family, 1st floor with 2 small BRs, modern KT, LR, DR, den, bathroom, W/D hook-up in basement, use of 1 side of 2-car garage, small yard. \$450/plus utils., sec. dep. and refs. Call 892-8152 after 6 PM.

FOR RENT: 2 BR condo, one mile from MMC on bus line. Full cellar, appliances, w/d hook-up, bath-and-a-half, newly carpeted, off-street parking for two cars. No pets. \$525/mo. plus utilities and security deposit of one month's rent. Call 772-5566 or 774-6962, or write Resident, 198 Danforth St., Portland, ME, 04102.

FOR RENT: Furnished room with kitchen privileges. Northgate area, approx. 4 miles from MMC. No pets. Female only. \$60/week. Call 797-8022 after 4 PM.

FOR SALE: By owner. Condominium time share unit at Resort World, Kissimmee, Florida. Five miles from Disney World, Epcot Center, twenty miles from Orlando. The first 3 weeks in January. Completely equipped, 2 BR, 2 baths, sleeps six adults. Resort World has swimming pool, sauna, exercise room, tennis courts, raquetball. Call 775-3230 days, 799-8102 eves.

FOR SALE: 2 BR condo in Portland. Convenient 1st floor living. \$49,900. Call 797-4067 and keep trying.

FOR SALE: Falmouth Foreside ranch with KT, large LR, 2-3 BRs, 1 bath, full basement, 1 car garage attached with breezeway. On cul-de-sac in good neighborhood. 5 min. from Portland. \$82,000. Call 781-5105 8 AM - 8 PM or 775-8033.

FOR SALE: 1983 VW Rabbit L, red, 27,000 miles. One owner, std. trans. \$4,500. Call 772-7477, ask for Fred

FOR SALE: 1980 Dodge Omni 2-dr., hatchback, 40,000 miles, 5-spd., AM/FM radio. Asking \$2,000. Call 642-2798.

FOR SALE: Tan 1970 VW Beetle with 40,000 original miles, no rust, excellent condition. \$2,000. Call 767-3965 eves.

FOR SALE: Four A78-13 bias tires, 2 summer (one with little wear), 2 snow tires. Call 774-8682, leave message.

FOR SALE: 1964 Landrover 4WD, wagon model 109. Very good condition. \$2,600 or BO. Call 371-2068.

FOR SALE: Kodak Trimprint instant camera; Woolrich jacket, rust, wool lining, men's med.; Smith-Corona manual typewriter; American Camper external frame backpack; ¾ size steel string guitar with carrying case. All in good condition. Call RP 517 or 772-8667 early AM or after 9:30 PM.

FOR SALE: Fancy oak buffet with bevelled mirror, bowed front, \$450. Mahogany wardrobe, \$100. Call 799-8415.

FOR SALE: Several oil and watercolors by the late marine artist Alfred Fuller (Moneghan Island and Cape Elizabeth). Many seascapes and landscapes; framed and unframed. Also, butcher block table on pedestal. Easily seats 6, \$250. Call 799-7139.

FOR SALE: Size 7 wedding gown with beautiful lace bodice with pearl accents. Train has lace and pearl trim. Original value \$300; asking \$150 or best offer. Call 839-6126.

FOR SALE: AKC English Spaniel puppies. Championship lines, \$150. Call 926-3389 eves.

FOR SALE: 33-inch Kenmore gas stove, 4 years old, used very little. Needs part for oven to be operational. BO. 5 HP Sears outboard motor. Good condition. Call 774-6962 or 772-5566, or write Resident, 198 Danforth St., Portland, ME, 04101.

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WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196.

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FOR SALE: Infant and toddler clothes and shoes (many sizes); B/W TV, \$20; Toyo 40 watt receiver and speakers, \$30; Dolomite ladies size 7 ski boots, \$20; White Bridal hat and veil (never used), \$10. Call Betsey at 797-0339 after 5 PM.

FOR SALE: Twin size bed with bookcase headboard, spring and mattress, \$50. Antique mahogany chest, \$125. Call 799-3047.

FOR SALE: Grumman 12 ft. aluminum boat with trailer, 5 HP Mariner outboard motor. Reasonably priced. Call 775-5016 after 6 PM.

ROOMMATE WANTED: M/F to share large 2 BR apt. on Forest Circle. \$200/mo. plus ½ utils. Call 878-2277 after 4 PM.

ROOMMATE WANTED: Professional male looking for M/F, nonsmoker, responsible yet relaxed easy-going person to share large sunny apt. with working fireplace and off-street parking. \$250/mo. plus. Call 774-0734.

ROOMMATE WANTED: To share nice 2 BR apt. in Back Cove area. \$285/mo. includes utilities. Quiet building, large porch and backyard. Call 774-6441 after 6 PM.

ROOMMATE WANTED: To share house in Cape Elizabeth with professional female, mid-30's. Nonsmoker. Call 799-0180 eves. and weekends.

WANTED: Room as soon as possible close to USM. Call 774-2775 after 5 PM.

WANTED: Professional person to live-in. Free rent in exchange for some light assistance for convalescent. Cape Elizabeth, on ocean. Call 799-0368.

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