

what's happening

Maine Medical Center
Portland, Maine 04102

September 25, 1985

Vol. 17, No. 9

Alexander B. Cairns heads Pastoral Care

Reverend Alexander B. Cairns has joined Maine Medical Center as Director of Pastoral Services. Formerly the Director of Chaplaincy Services at Eastern Maine Medical Center in Bangor, he assumed his MMC post this week.

Born in Edinburgh, Scotland, he graduated from the University of St. Andrews in Scotland. His post graduate work includes receipt of a diploma in Psychiatry for the Clergy from Hahnemann Medical School in Pennsylvania, a Masters in Theology from Crozier Theological Seminary in Rochester, New York, and a Doctor of Ministry from Andover Newton Theological School in Newton Center, Massachusetts.

Reverend Cairns was ordained to the Clergy of the Presbyterian Church in the United States in 1965. He is an accredited Associate Social Worker in the State of Maine, a supervisor in the Association for Clinical Pastoral Education, Inc., and a member of the Society of Teachers of Family Medicine.

While in Bangor he served as coordinator of Behavioral Sciences in EMMC's Family Practice Residency Program; he lectured in Social Sciences and was a Visiting Lecturer on Aging at Bangor Community College at UMO. He is Adjunct Professor of Pastoral Care at the Bangor Theological Seminary.

Currently he serves on the advisory boards of the Association for Pastoral Care in Maine and the Retired Senior Volunteer Program. He is a member of the Suspected Child Abuse and Neglect Committee, and is a mediator and Regional Coordinator of Mediators of Penobscot and Piscataquis Judicial Departments of Maine.

While in Scotland Reverend Cairns served as pastor of Boarhills Presbyterian Church in Fife, and as a minister

CHAPLAIN, page 2

Substance abuse is topic of film series

HealthStyles has assembled a film series on alcohol and drug abuse, designed to provide employees with a broad perspective on the issue of substance abuse. Some of the films are geared to the personal impact of abuse, others to the role of the health care professional who must deal with abuse in others.

After each film, Jackie Robinson of MMC's Psychiatry Department and Al Bergman of Social Work will be available to answer questions and lead discussion. The films are open to any interested employee; family or friends may be invited if space allows. Because

of limited seating, advance sign-up is required. Call x2824 to sign up.

Denial, Not Me Thursday, September 26, 7:00 - 8:30 PM, Classroom 2. A humorous treatment of a serious subject: denial. Explores how the pain of living with an alcoholic is rationalized in ways that prevent more useful efforts to cope with the problem.

Guidelines Wednesday, October 16, 4:30 - 6:00 PM, Classroom 4. A filmed lecture by Father Martin, on the attitudes we have that affect our response to alcoholism. This film is strongly recommended for those with a professional interest in alcoholism.

The Disease Concept of Alcoholism Thursday, October 24, 11:30 AM - 1:00

ABUSE, page 3



THE MAINE HEMOPHILIA TREATMENT CENTER had a "sign-raising" recently, marking the new location of its office in the Maltby house across the street from the hospital. Center Director Louis G. Bove, M.D., and Hemophilia Nurse Coordinator Gail Cinelli, RN, head up the program, which serves Maine's 120 hemophilia patients with its comprehensive, coordinated care. (A/V Photo)



EVELYN THOMPSON retired from Housekeeping recently, after 22 years of service. She was honored by her coworkers at a retirement luncheon. (A/V Photo)



THE GOLDEN EAGLES motorcycle club returned to Mt. Washington this year on their annual fundraising ride, and once again the Maine Medical Center Burn Unit was the beneficiary. Acting Head Nurse for the Burn Unit Susan Campbell, RN, accepted the check from Golden Eagles Treasurer Rita Dumont, right, at the group's Gorham headquarters. (A/V Photo)

New Employees

FOOD SERVICE: Darlene Carver

HOUSEKEEPING: Claire J. Diacy, Fred Dearborn, Kenneth I. Scoville

PULMONARY MEDICINE: Kimberly Kowalker

PSYCHIATRY: Joanne Paquette

CENTRAL SUPPLY: Gary Philpot

ENDOCRINOLOGY: Ellen Rayer

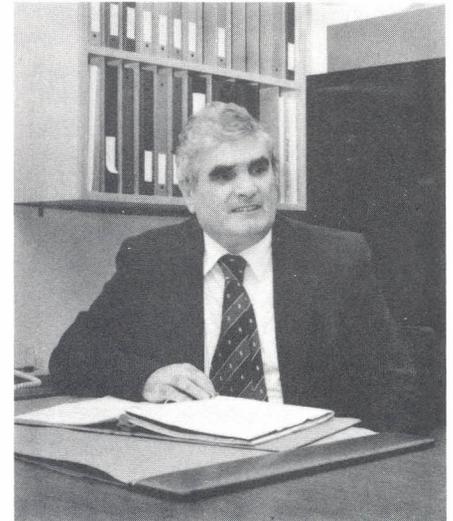
ANESTHESIOLOGY: William Trimble

CAFETERIA: Gail L. Johnson

MED. TECH. SCHOOL: Denise St. Pierre

CHAPLAIN, from page one _____ at Glasgow Cathedral in Glasgow. Before moving to Maine he served as Chaplain at Crozer-Chester Medical Center in Chester, Pennsylvania, and at Spring Grove State Hospital in Catonsville, Maryland.

He is married to the former Marjorie Jack; they have a son, Alistair, and a daughter, Janice, and have made their home in Hampden, Maine.



ALEXANDER B. CAIRNS



Continuing Education

Nursing Staff Development

- *Critical Care Seminar: Coping Positively with Change*, Eleanor Seager, MA
Thursday, October 3
8-9 AM Classroom 2
and
2-3 PM Classroom 9
(1 CERP approved)

COME TO THE BLOODMOBILE!

Thursday, September 26

10 AM - 6 PM

Friday, September 27

7 AM - 4 PM

Classrooms 7 & 9

Once again, sandwiches will be available on the snack table for those who donate at lunchtime.

ABUSE, from page one

PM, Classroom 4. A presentation by Dr. David Ohlms on the definition and treatment of alcoholism as a disease. It includes definition of the stages of alcohol dependency, chances for successful intervention at each stage, and current research on biochemical factors in addiction. Strongly recommended for physicians, nurses, and others involved in the treatment of alcoholics.

Enablers Monday, October 28, 7:00 - 8:30 PM, Classroom 1, and

Intervention, Wednesday, November 6, 11:30 AM - 1:00 PM, Classroom 1. These two films show the effects of alcoholism on the family and friends of an alcoholic. **Enablers** explores the ways alcoholic behavior is tolerated or actually encouraged by friends and family seeking to avoid the problem. **Intervention** shows the same family preparing to confront the alcoholic with her behavior in a formal meeting guided by a counselor.

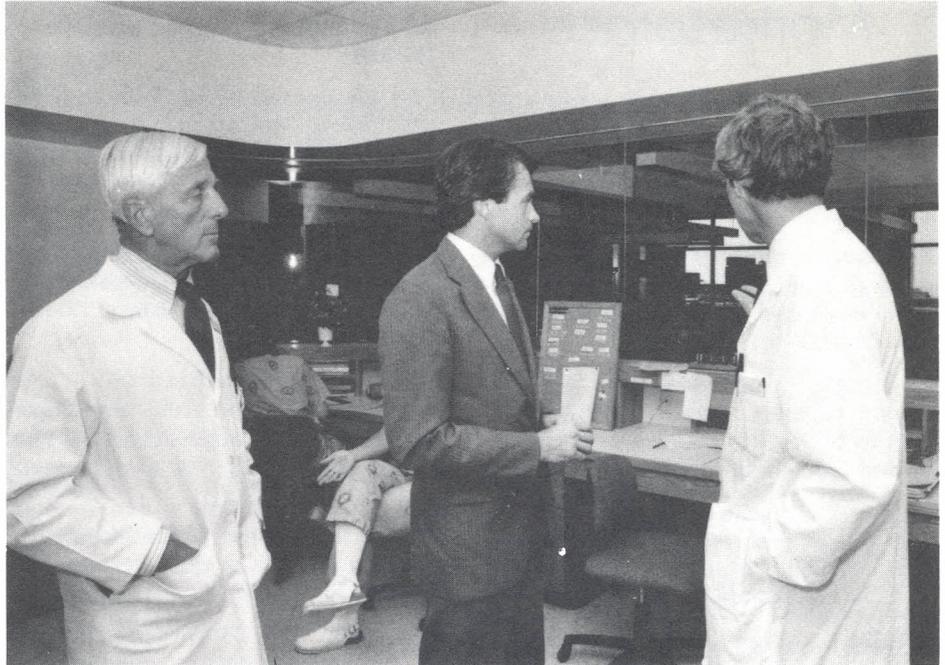
Friday Night Five Thursday, November 14, 7:00 - 8:30 PM, Classroom 1. Shows the experiences of five people during a Friday night out on the town and what happens to them as the night goes on.

Cause the Effect/Effect the Cause Wednesday, November 20, 4:30 - 6:00 PM, Classroom 4. Another look at attitudes toward alcohol abuse. The main character, a businessman who is treated in a hospital Emergency Room, is dealt with by several ER staff members. Strongly recommended for those directly involved in the care of alcohol abusers.

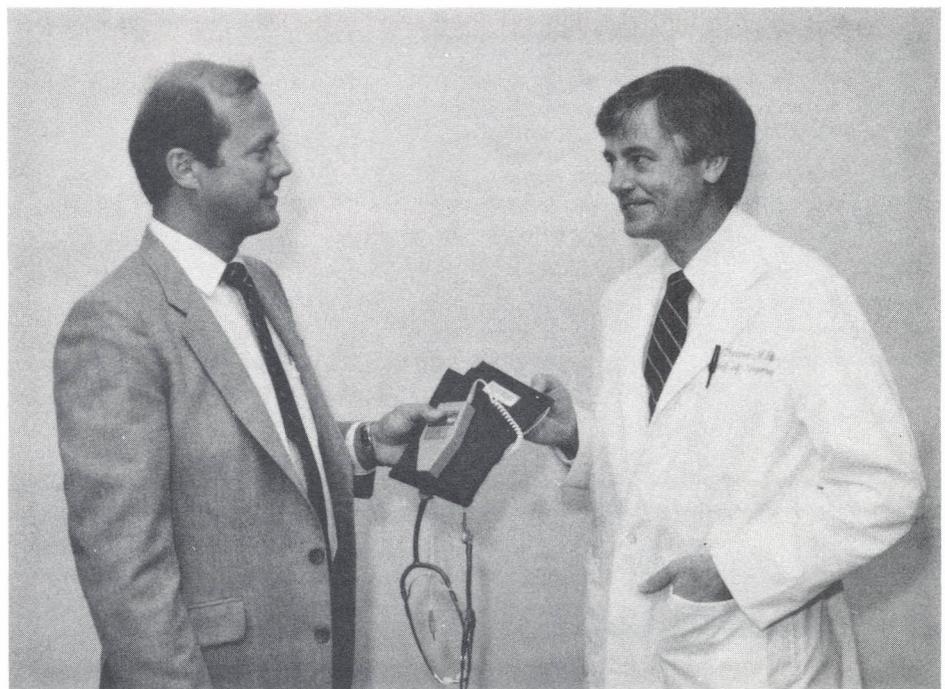
PA conference focus is on acute care

Physician Assistants from as far away as Hawaii were in Portland last week for the Eighth Annual Conference on Acute Medical Problems for the Physician Assistant. The conference, sponsored by the Downeast Association of Physician Assistants and the MMC Emergency Department, was designed to provide continuing education to primary care Physician Assistants with principal interests in acute medical care.

The five-day conference exposed the 50 registrants to a variety of clinical subjects, in a combination of lectures and case discussions. Members of Maine Medical Center's Medical Staff and physicians and physician assistants from elsewhere in Maine served as faculty for the conference.



COMMISSIONER OF HUMAN SERVICES for Maine Michael Petit, center, visited MMC's new Neonatal Intensive Care Center recently. Chief of Pediatrics George W. Hallett, M.D., left, and Director of Neonatology Alistair G. S. Philip, M.D., showed the Commissioner around. The visit was in conjunction with a press conference held at MMC by Commissioner Petit, announcing the Department of Human Services' receipt of a \$212,000 dollar grant to study child and adolescent deaths in Maine. The Robert Wood Johnson Foundation grant will allow DHS to follow up on a study showing that poor children were three times as likely to die from all causes as non-poor children. (A/V Photo)



THE MMC DEPARTMENT OF SURGERY recently accepted donation of a Doppler ultrasound stethoscope from MedaSonics. Chief of Surgery James M. Thomas, M.D., right, accepted the instrument from MedaSonics Area Representative Don Tibbals. The detector is to be used in the surgical resident teaching program, as an aid in diagnosing diseases of the arteries and veins. MedaSonics is donating detectors to more than 325 surgical residency programs in the United States and Canada. (A/V Photo)

Marketplace

FOR RENT: New 2 BR apt. at Bramhall Square near MMC. W/w carpet, new appliances, LR with cathedral ceiling and giant skylight. Immediate occupancy. \$500/mo. Call 775-2230 or 775-1223.

FOR RENT: 1 BR apt. in secure, quiet building. Heated, hot water, w/w carpet, newly renovated. 1 adult. Refs. and sec. dep. Call 775-1077.

FOR RENT: 2 BR condo with loft and laundry facilities. Saco. \$500/mo. plus utils. Avail. Nov. 1. Call 284-6718 after 9 PM and weekends.

FOR RENT: Private estate with security. 3 BR duplex with private beach, tennis courts. \$900/mo. plus utils. Call 774-8659 eves. and weekends.

FOR RENT: Large 3 BR apt. in brick Victorian home in family neighborhood. \$600/mo. plus utils. Avail. Oct. 1. Call Lori eves. at 761-4451 or days at 772-6627.

FOR RENT: 1-2 BR apts. on Vaughan St. Avail. Oct. 1. Heat and hot water included. \$400/mo. Lease and sec. dep. required. Call 772-8818.

FOR RENT: So. Portland, Millcreek area. 2 BR apt. in 2 family home. LR, DR, new KT and bath. Woodstove, large patio, off-street parking. Avail. Oct. 1. \$475/mo. plus utils. Call 773-7669 after 6 PM.

FOR RENT: 1/2 duplex, E. Deering, nice yard, stove, refrigerator, washer/dryer hookup, 1 1/2 bedrooms, \$475/mo. plus utilities. Call 773-5406 or 775-6725 after five.

ROOMMATE WANTED: To share large, comfortable, 3 BR apt. on Rosemont Ave. Fireplace, W/D, off-street parking, on bus-line. \$225/mo. plus 1/2 utils. Call 775-4372

ROOMMATE WANTED: Non-smoking professional to share 2 BR home in Falmouth Foreside. Fireplace in LR, right of way to beach \$300/mo. plus 1/2 utils. Call Deb at 846-9281 eves or 761-5942 days.

ROOMMATE WANTED: M/F to share harborview 3 BR apt. \$190/mo. plus utils. Call 772-6651.

FOR SALE: Mobile home in Raymond. 1981 Oxford 14 ft. x 56 ft. 2 BRs, bow window in LR, elec. heat, appliances included. Must be moved. Asking \$18,000. Call 655-7034 after 6 PM.

FOR SALE: 1980 VW Scirocco. 4-spd., sunroof, rustproofed, very clean. Asking \$3,800 or best offer. Call Ellen at 775-1476 eves.

FOR SALE: 1980 Datsun 310GX in excellent condition, new tires, new brakes, 72,000 miles, 5-spd. standard, front wheel drive. Call 797-4699 and leave message.

FOR SALE: 1970 Opel wagon. Automatic, runs well, good gas mileage. Body needs work, sticker good through Jan. 1986. \$400. Call 772-3507 eves.

FOR SALE: 1974 Datsun 610 station wagon in excellent running condition, some rust. \$650. Call pager #444.

FOR SALE: 1980 Dodge Omni. 2-dr., hatchback, 40,000 miles, 5-spd., AM/FM radio. Asking \$2,400. Call 642-2798.

FOR SALE: 1972 Honda MC with new 650cc engine. 1972 VW engine and many VW parts-transmission. 1968 engine and parts. Call 727-3601.

FOR SALE: King-size waterbed in great condition. Padded rails, headboard, heater, 6 drawer pedestal. Asking \$400. Call 883-2792 after 6 PM.

FOR SALE: 10 in. electric band saw on stand in good condition. 7 in. bench saw on own bench, \$150 for both. Child's rocking chair, maple painted black with stencilling, like new, \$55. Call 772-5103.

FOR SALE: Rowing and cycle exercise bike. Can be folded, excellent condition, \$105. Call 799-2502 after 5 PM.

FOR SALE: Hardwick gas range, \$300. Kitchen range hood, \$50. 15 cubic ft. Sears frost-free refrig., \$250. All coppertone color. Call 774-6678 or 839-6326.

what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196. Barbara Burns, Editor.

Contributors to this issue:

Wayne L. Clark, Public Information
Lidia Dill, Public Information
Rick Beebe, A/V Resources
Larry Gorton, A/V Resources
Judy MacKenzie, A/V Resources
Terri McRae, A/V Resources
Leigh Whittemore, A/V Resources
Sandy Walling, Print Shop
Mark Eversole, Print Shop
Henry J. Guiod, Jr., Print Shop

FOR SALE: Minolta Weathermatic A camera. Waterproof (110 camera takes underwater pictures to a depth of 15 ft.) Almost new. Canon Canonet 35mm camera in excellent condition. Call Phyllis at 799-6482 after 5 PM.

FOR SALE: 30 in. gas range in working condition. Call 854-4379 after 5 PM.

FOR SALE: Moving must sell: Kenmore microwave oven, medium-sized, like new, \$175 firm. Emerson VCR (VHS), used 6 mo. like new 2-week, 3 programs, remote record feature, new was \$650; worth \$250 firm. Call 761-4426 between 10 AM - 4 PM.

FOR SALE: Light oak sideboard with 4 drawers, bevelled glass mirror, two shelves. 3-piece rust colored LR set: couch, chair, ottoman. Asking \$450 and \$275. Call 772-6619 after 5:30 PM.

FOR SALE: Vermont Casting Vigilant stove. Best offer. Call 767-4002 between 8:30 and 10 PM.

FOR SALE: Strolee car seat, \$10. 2-piece sectional sofa, \$125. Upholstered foot stool, \$5. 16 in. wire wheels ('35 Ford), \$10 each or 6/\$50. Call 799-2793 between 8 AM and 2 PM.

FOR SALE: Simmons queen-size mattress and box spring, 6 mo. old, excellent condition, \$150 firm. Stereo console with AM/FM radio and 8-track, \$25. Bobby Mac car seat, \$15. Call 772-6397 eves.

FREE: 5 mo. old kitten, white/brown, most shots, lovable and great personality. Call Ellen at 775-1476 eves.

what's happening
Maine Medical Center
Portland, Maine 04102

NON-PROFIT ORG.
U. S. POSTAGE
PAID
Portland, Maine
PERMIT NO. 35