

what's happening

Maine Medical Center
Portland, Maine 04102

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"What You Don't See" applauded by Trustees

Following their regular monthly Board meeting on February 25, Maine Medical Center's Trustees settled back to watch a special presentation by directors of several MMC departments. Billed as a program on "What You Don't See," it featured some of the departments whose employees work more behind the scenes than in the public eye.

The directors presenting were: Michael Swan, Housekeeping; Ken Davis, Linen Services; Robert F. Underwood, Food Services; and Edward F. Hollidge, Engineering Services. Here, in the first of a series, is a glimpse of what the Trustees saw: some startling statistics and interesting insights into hospital housekeeping, according to Mike Swan.

"Housekeeping is not a department of exotic machines or chemicals, but a department that depends on the work and skill of its people to get a monumental job done," Swan said.

"In order to accomplish our housekeeping responsibilities for the hospital we require more than 200 employees, and have a budget of \$2,500,000 per year. Approximately 80 per cent or \$2,000,000 of that budget is for salaries and wages. That will tell you the most important asset we have in our department is people," he said.

Using a slide program prepared by the Audio/Visual Resources Department, Swan showed some of Housekeeping's 200 people at work in some of the many places they work, 24 hours a day, seven days a week. Some fascinating facts and figures emerged:

- Within the main hospital buildings, they keep clean about 550,000 square feet of space.

- They also housekeep for: Thomas House, Chisholm House, McGeachey Hall, the Family Practice Unit, Maltby

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GOOD NUTRITION TAKES PLANNING — and so does a good Nutrition Month. Mary Buteyn, RD, Clinical Dietician (left) and Leanne Dansreau, Formula Lab Technician, have served up a marvelous observance of the annual event. They are pictured here with Leigh Whittemore of the Audio/Visual Resources Department, putting the finishing touches on the nutrition display which now can be seen in the Richards lower corridor. Also, thanks to their planning, MMC employees are currently enjoying some tempting and healthy specials in the cafeteria. As the slogan for Nutrition Month 1984 says: "Everyone Wins With Good Nutrition!" (A/V Photo)

Rotary report proves fund most helpful

The Rotary House Fund, half way through its second year of providing emergency housing for families of MMC patients, continues to demonstrate its worth as a cost-effective and caring program.

The fund, set up by the Rotary Club of Portland, is administered by the MMC Social Services Department, with referrals from Admitting or Emergency. Eligibility is determined on a variety of individual family factors, as is the amount of assistance provided. The fund operates on a special arrangement worked out by Rotary with the

Executive Inn of Portland. It can also be used at other hotels and rooming houses.

MMC's report to Rotary for the second quarter of the 1983-1984 fund year shows it was used 48 times to help 21 patients' families. The total spent for the quarter was \$2,025, bringing the year's total to \$4,806.

Family members using the service included spouses, parents, siblings, and a grandparent. Patients came from 11 of Maine's counties, New Hampshire and Tennessee. A majority of the patients were children, including 11 premature infants receiving care in NICC: only two of the patients were adults, both obstetrical patients.

BLOOD DRIVE

Friday, March 16
7:00 AM – 4:30 PM
Classrooms 3 & 4

Bring a Friend!

Substance abuse is topic for CCRN group

The Southern Maine Chapter of the American Association for Critical Care Nurses will present a program on substance abuse at its meeting this evening in the Mercy Hospital auditorium.

Stanley Evans, M.D., Director of the Alcohol Institute at Mercy, Jeanette Caron, Counselor for the Institute, and Eileen Collins, RN, Osteopathic Hospital of Maine staff nurse, will present a panel program on the subject.

Registration will begin at 6:30 PM; there will be a guest fee for non-members. The Maine State Nurses Association has granted two contact hours for the program.

Family Practice Unit hosts two "openings"

The staff and patients of the Family Practice Unit have settled in well since the January 16 opening of the new location at 103 India Street. Now it's time to share their pride in the attractive, efficient Unit with the extended family of Maine Medical Center and Mercy Hospital employees, physicians, Munjoy Hill neighbors, and the public.

To accomplish all this, the Unit will be holding two Open House afternoons this week.

Friday, March 16, is Open House day for the health care family, and MMC employees are all invited -- 2:30 to 5 PM -- to enjoy refreshments and guided tours of the Unit. Also invited are the Trustees of MMC and Mercy, as well as the Family Practice medical and nursing personnel from both hospitals.

Then on Sunday, March 18, there will be another Open House, this one from 3 to 5 PM, for the Munjoy Hill neighbors, the general public, and the Unit's patients. The Sunday event begins in the Community Room of the North School with refreshments being served at 3 PM; there will be a brief ribbon-cutting ceremony at 3:30 PM; then the Unit will be open to tours until 5 PM.

Get ready, get set: ... Volksmarsch!

What is a volksmarsch? It's a friendly, non-competitive public walk, originated in Germany to encourage people of all ages and physical abilities to come together and enjoy outdoor exercise. The walks, generally covering distances of 10 and 20 kilometers (6 and 12 miles), are not intended to be contests of speed or endurance. All who finish their chosen courses, however, do receive an award, generally a medal, plaque or plate.

Volksmarsches are popular and currently being held in Germany, Switzerland, Lichtenstein, Luxembourg, Denmark, Italy, France, Belgium, Norway, Sweden, Ireland, the Netherlands, Great Britain, Canada and parts of the United States.

Southern Maine's first volksmarsch is set for Sunday, May 20, sponsored by Blue Cross and Blue Shield of Maine. The walks -- a 6 and a 10 kilometer course -- will begin and end at the USM Portland campus. The 6K course follows streets to and about the Old Port area; the 10K course takes in the Eastern and Western Promenades as well. (The average steady walker can finish the 10K course in about three hours.)

Each registered walker who completes either course will receive an Olympic-like medal depicting the volksmarsch logo.

There's a pre-registration deadline of March 23; that assures successful walkers of receiving their medals on the very volksmarsch day. It's possible to register on volksmarsch day, but then there's a wait for the medal which will be sent later. To pre-register, call MMC Health Promotion coordinator Mary Eileen Kiniry, ext. 2974.

METRO tickets are still available

Monthly passes for the METRO bus system are still available in the MMC Security Office. The \$20 passes are good for unlimited rides. For METRO route and schedule information, call 775-0351.

New Employees

PHARMACY: Cindy E. Darling
COFFEE SHOP: Lynette L. Smith
PATIENT ACCOUNTS: Mary E. Wehle



THE CAPITAL CAMPAIGN moves on with continued momentum. In a recent briefing session, Mrs. Herbert S. Holmes, Jr., chairman of the Community Gifts Division, and Peter T. C. Bramhall (right) chairman of the Stockbrokers Division, discussed their plans with MMC President Edward C. Andrews, Jr., M.D. Both chairmen expect their divisions' activities to be completed by Spring. (A/V Photo)

"See," from page one.

House, Marshall House, and the Patient Accounts offices in the Portland Glass building.

- Housekeepers work everywhere in the hospital, including Operating and Recovery Rooms, Special Care Units, Nurseries, Medical and Surgical Units, Emergency, offices, lobbies, and corridors.

- They do wash windows. And walls, ceilings, and furniture. They vacuum, spot, and shampoo carpets; they dry mop, damp mop, spray buff, and refinish floors.

- They remove trash -- more precisely, they remove three and a half tons a day; to do that, they use about 1,440,000 plastic trash bags a year.

One series of slides showed housekeeper Mary Queen at work in a patient room. Her procedures included highdusting (moldings, door tops, TV sets, etc.); damp dusting patient furniture and such "people contact" places as door knobs, light switches and telephones; bathroom cleaning; floor dusting; and damp mopping with disinfectant. It's a procedure she repeats over 3,000 times a year, Swan said.

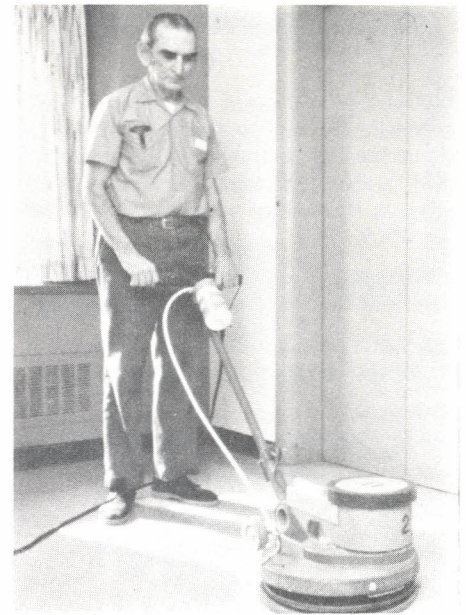
Not every room or office or square foot gets the total treatment every day, he said, but on a typical day the housekeeping department cleans 250 patient rooms, 300 offices, 122 procedure and examining rooms, and two miles of corridors.

The statistics are impressive, but Swan said: "I can't overemphasize the importance of these dedicated people" who make up the Housekeeping Department.

"We have two basic responsibilities: to maintain a clean and pleasant environment, and to help maintain infection control, and we accomplish these every day," he said, noting that housekeeping techniques, equipment and chemicals are all selected according to the requirements of the Hospital Infection Control Program.

And let's not forget washing and making beds: Housekeeping alone changes 80 to 100 beds per day as the patient population changes. Where do we get the linen for all this? For that story, Mike Swan turned the program over to Ken Davis.

(Next week: *Linen Services.*)



MMC'S HOUSEKEEPERS are on the job 24 hours day, 365 days a year, performing a wide variety of tasks. Above, Clifford Currier buffs a floor; below left, Donna Conrod prepares a bed for a new patient; below, Kevin Dibiase performs a milder-weather chore. (A/V Photo)



Jones Rich & Hutchins makes \$25,000 gift

Vincent B. Welch, Esq., Maine Medical Center Capital Campaign Chairman, announced the recent contribution of \$25,000 from the Jones Rich & Hutchins Funeral Directors given in memory of Edward Clark and Elizabeth Rich Jones. Mr. Welch expressed his pleasure on receipt of this generous memorial, commenting, "I am encouraged and gratified with this fine support. It is yet another indication of how the people of the Greater Portland area are re-

sponding to the Hospital's needs. The overall response has been just tremendous."

David C. Jones, President of Jones Rich & Hutchins, noting that the firm wanted to participate in a meaningful manner, said, "We just wanted our firm to be a special part of Maine Medical Center's family of donors so the people of Greater Portland will acknowledge our belief in a quality health care facility."

Jones Rich & Hutchins Funeral Directors have a history of 145 years of service to the Portland area.

Nursing Continuing Education Programs

- *Metabolic Oncologic Emergencies*, Marjorie Boyd, M.D.

Wednesday, March 21 4-5 PM
Classroom R1
(1 CERP requested)

- *Anesthesia for Caesarian Section Patients*, Kate Sewall, M.D.

Thursday, March 22
8 AM and repeated at 2 PM
Conference Room R8
(Sponsored by Recovery Room)

Marketplace

FOR RENT: Waynflete School area. Walk to MMC. Sunny, spacious, efficiency apt. in nice old brick home. Completely redecorated. \$325/mo. including heat and util. References and sec. dep. Call 773-0602.

FOR RENT: 5 room apt. in Westbrook with heat included. Call 854-5887.

FOR RENT: Pleasant 1 BR apt. in Gorham. \$350/mo. heat included. Call 839-3277.

FOR RENT: Falmouth Foreside home with large LR with fireplace, DR, wall-to-wall carpeting downstairs, 4 BR, full basement, large porch, fully applianced KT, washer/dryer, 1½ bath. Lease and references required. No pets. \$650/mo. plus util. May 1 occupancy. Call K. Tolford at 781-2154.

FOR RENT: Garage close to MMC. Call 772-0774.

ROOMMATE WANTED: Female wanted to share No. Windham apt. Washer/dryer. \$100/mo. plus util. Call 892-2424 before 5 PM or 892-5064 after 5 PM.

FOR SALE: Downhill ski equipment for a beginner. Rossignol 150 cm skis with Salomon bindings; Nordica girls' size 4 boots. All for \$50. Call Chris at 761-4324.

FOR SALE: 1974 Chevy van, 54,000 miles, some body rust, excellent running cond., engine well maintained, new tires, battery and water pump, insulated walls and ceiling, paneled and carpeted, double sleeper, underbed storage, double back doors and sliding side door, radio and 2 rear speakers. \$1,000. Call 934-2645 and keep trying.

FOR SALE: 1976 Volvo 4-dr. 244DL in excellent cond. 88,000 miles with all maintenance records avail. \$4,000. Call 767-3896.

FOR SALE: 1982 Jeep CJ-7 Renegade with 26,000 miles. Four cylinder, good mileage, AM/FM cassette stereo. \$7,000. Call 883-3059 mornings.

FOR SALE: 1977 Dodge Ram Charger, 4 x 4 snowplow, heavy duty everything, new tires, forced to sell - moving south, \$2,700. Call Tim at 799-7647.

FOR SALE: 1981 Honda CX500 Custom. Bought new in 1983. Very low miles. Shaft drive, water cooled, like new. A beautiful bike. Buying new bike. \$1,595 or best offer. Call 775-2625 any time after 5 PM.

FOR SALE: Sealy Posturepedic single mattress and box spring. Only 6 mo. old. Price negotiable. Maple 3 drawer dresser, \$20. White painted maple table, \$10. Call 774-8475 after 5 PM.

FOR SALE: Queen sofa bed. Rust colored in excellent cond. Must sell, best offer. Call 775-3064.

FOR SALE: Sharpfax SS-151 copying machine in excellent condition. Fine quality copies, economical operation, reliable and dependable, \$350 or best offer. Call 775-0702.

FOR SALE: Junior Girl Scout uniform including: slacks, jumper, blouse, tie, body suit, shorts, 2 jerseys, blouse. Size 10 in excellent cond. \$25. Two school desks, Jr. high size. Very sturdy, \$25 each. Call Sue at x2843.

FOR SALE: Whirlpool refrigerator, 14 cubic ft. White. 167 lb. frozen food capacity. In excellent cond. \$150. Call 854-4935.

FOR SALE: IBANEZ acoustic electric guitar. Gold hardware, plush lined case, in excellent condition. \$700 new; will sell for \$375. 1977 Starmaster 8 pop-up camper, sleeps 8, extras include: furnace, stove, icebox and spare tire, less than 3,000 miles, in exc. cond. \$2,500. Call 772-7143.

FOR SALE: GE self-cleaning stove. Avocado. Great cond. \$200 or best offer. Call 773-1825 between 5 PM and 9 PM.

FOR SALE: Homelite model XL chain-saw, \$50. Dining table with pads and 6 caneback chairs, \$300. 30 Vol. Encyclopedia Americana, \$50. Call 781-3569.

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WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Barbara Burns, Editor.

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FOR SALE: Pa's firewood, guaranteed all hardwood, good measure, written receipts, references, cut, split, delivered, 20 mile radius from woodlot. 16", 22" and 25", \$80 per cord and 4', \$60 per cord. Call 892-6351 or 655-7745.

MOVING SALE: Crib, good cond., lamp, TV stand and more. Call before 3 PM or after 8:30 PM at 773-2389.

WANTED: Physically handicapped male individual wishes to hire personal care attendant. Wages are \$4.25/hr. Part-time: daytimes and some eves. Interviews will be set up. Call 772-7498.

WANTED: Babysitter. Near Woodfords church. Responsible, neat, loving woman to care for my 2 children ages 10 and 5 in our home, bake cookies, play games, tidy up. Occasional sitting, day, eves., some weekends and school vacations. Call 772-0666.

FRIENDLY 5 month old Australian Shepherd dog needs good home. Call 773-4420 eves.

FREE: One year old female Shepherd Huskie needs room to run. Call 839-6906.

LICENSED DAY CARE PROVIDER: Will take children 1-5 yrs. old. Call 773-7911.

WILL CLEAR TREES and brush off lots, take trees down or saw up your firewood. Fast, dependable service and reasonable rates. Call 865-9001 eves., except Friday.

ELECTRICAL WORK: Licensed master, insured, reasonable rates and fast service. Residential, commercial and industrial. Call 797-8026.

PAINTING AND WALLPAPERING: Free estimates, references. Call Joe at 773-0934.

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