

what's happening

Maine Medical Center
Portland, Maine 04102

Vol. 15, No. 19

December 7, 1983

Telephone cutover date is approaching

This is it! Remember this time and date: 5:30 PM, Friday, December 16, 1983. That's when MMC's telephone system cuts over from New England Telephone to the new Northern Telecom system installed over the past few months. The cutover will bring a change of company, a change of equipment, and a whole new way of using the telephone.

Training sessions for the new system have been going on for over a week now. If you still haven't been to one, it's very important you do. Call Cindy Rendall, Chief Operator, for a schedule of remaining sessions. The new system is very new and very different, and being able to use it and use it to your best advantage will require instruction.

Some of the more important points about the new system:

- people on the outside will still be able to call in directly to hospital extensions.
- the new phones will not have blue, red, or yellow center discs, but the capability of each phone will remain as it was. If you're using a phone other than your own, and don't know what its authorized level of service is, a special busy signal will tell you if it can't do what you want.
- access codes will be as follows:
outside calls -- dial "9," wait for the dial tone, then dial the seven digit number. **Long distance calls** -- dial "9," wait for the dial tone, then dial "1" and the seven digit number ("1," area code, and seven digit number if out of state). **Voice Page** -- dial "577." **Radio Page** -- dial "544" and number. **Dictation** -- dial "565," "566," or "567." **STAT Paging** -- dial "555." **Local calls by patients** -- dial "9" and number. **Long Distance Calls by Patients** -- dial "8," "0," area code if out of state, and number.

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Holiday Reception is set for next Tuesday

Next Tuesday, December 13, the MMC Cafeteria makes its annual metamorphosis from Cafeteria to Holiday wonderland. Food, music, decoration, and merriment will create the magic, as the hospital pays its holiday season "thanks" to its employees. Individual invitations will be out with December 8 paychecks.

Two receptions -- 6:30 - 8:30 AM for

night shift employees, 2:00 - 6:00 PM for other employees and retirees -- will feature the traditional hot hors d'oeuvres, other finger foods, and sweets.

A good portion of the holiday atmosphere will be lent by the window decorations applied the evening before by MMC's Elf Corps, participating in the 1983 Window Decorating Contest. Judges will name the winners -- Most Artistic, Most Creative, and Most

RECEPTION, page 3



NANCY SHELDON, RN, (left) has been named Head Nurse for the Labor/Delivery Suite. Her appointment, announced by Jean F. Sanborn, RN, Director of Parent/Child Nursing, became effective December 4. Prior to this assignment, Mrs. Sheldon was Assistant Head Nurse in Emergency. A 1972 graduate of the University of Massachusetts at Amherst, she practiced at Falmouth Hospital on Cape Cod, and came to Maine Medical Center in 1976 as an Emergency Department Staff Nurse; she became Assistant Head Nurse for the ER in 1978. She is working towards a Master's Degree at the University of Southern Maine Graduate School of Nursing with a role specialty in administration. Conferring with Mrs. Sheldon is Irene Murray, Assistant Head Nurse for Labor/Delivery. Mrs. Murray has been serving as Acting Head Nurse for the Suite. (A/V photo)



OFF WITH THE OLD, ON WITH THE NEW . . . roofing , that is, on the Maine General Building. The roof is getting its first complete resingling -- all in slate -- since it was built in 1870. (A/V photo)

Caution asked with holiday decorations

All hospital employees are asked to observe the following fire prevention policies concerning decorations for the Holiday Season:

- Evergreen trees or live greens, in any state, cannot be permitted in the hospital properties.
- Electric lights or electrified ornaments cannot be allowed.
- Decorative material -- tinsel, posters, hanging items or materials which are easily ignited (e.g., flammable crepe paper) -- cannot be permitted.
- Materials should not be placed such that they impede hospital traffic or jeopardize personnel/patient safety (e.g., hung so that they could catch on an IV pole or strike a person's face or eyes).
- Material cannot be placed over glass in the fire hose cabinets or vision panels in doors. As always, discretion should be used in the manner in which items are attached to painted surfaces so that tape does not remove the paint.

These policies apply to all hospital buildings. Any questions should be referred to Mr. Fraser, Safety Officer, at extension 2513 or R.P. 641. These policies will help all of us -- patients, visitors and staff -- to safely enjoy another Holiday Season.

1983 Holiday Reception Window Decorating Contest

★ CALL FOR ENTRIES ★

- Each hospital department may field only one group.
- In order to protect the windows and the hospital, the following materials may **not** be used: glue, non-water soluble paint, flammable materials such as tinsel and live evergreens, electric lights or other electrical ornaments, and any other damaging material.
- The decorating must be done between 6:00 PM and 9:00 PM Monday, December 12.
- Windows will be judged at 3:00 PM Tuesday, December 13, during the Holiday Reception.
- Fruit baskets will be awarded to the winning window in each of the three categories: Most Artistic, Most Creative, and Most Unique.

Each decorating group will receive \$10 to cover the cost of materials for the decorating, and light refreshments will be served to the crews. For information, guidance on materials, or to reserve a window, call Sandy Taylor at x2325. And hurry, there are only 25 windows available!

FLOWER BOX HOLIDAY SALE

December 8 & 9
In the Admitting Lobby

presented by
**Visiting Board of
Children's Hospital**

CUTOVER, from page one _____

- the system has Automatic Route Selection, which will automatically place a long distance call through the most economical available route. All you do is dial it.
- the system has another feature called Call Detail Recording, which records number calling, number called, time and date of call, and duration of call. It does *not* record the conversation.
- features of the new system include call forwarding, call pick-up, conference calling, direct transferring, hold and consultation hold, ring again, speed calling, and camp on. In order to use these features, you will need instructions.
- a service phone, x4777, will be set up during the cutover period and manned by Northern Telecom representatives. Technical problems and requests for training assistance should be made to that number.

Please remember to avoid P1A entirely

P1A is in temporary residence on R9 West for the next month, while code correction renovation work is done on the unit. The work is the same as that being done on other Pavilion units -- ductwork for ventilation, fire sprinklers, and emergency power wiring -- but the contractor has been given just *one month* to do the work. This is half the time allotted for the other units, so the work will be intense.

For this reason, the old rule stating "no passing through" will be strictly enforced. Many, many of us have become accustomed to using P1A as a route from the Maine General wing, but it simply isn't allowed during the renovation work (and after). The only acceptable reason for passing through P1A during the renovation is a dire emergency, such as fire.

While P1A is on R9W, its telephone extensions (2586, 2587) and dictating phone (2282) remain the same. It will borrow use of tube #16 while on R9W.

EAC asks help with Christmas baskets

The Employee Activity Committee is once again putting together Christmas Baskets for needy MMC employees and their families. To do this, the EAC is asking for donations from the rest of us, to share our fortune with others. Instead of donations of food, the EAC is this year asking for donations of money, which will make it easier to assemble proper baskets and avoid leftovers.

There are big glass jars near the cash registers in the Cafeteria. Please donate whatever loose change or larger amounts you can. The baskets will be prepared and delivered just before the Christmas weekend.

Last year, the EAC made up six baskets, which benefitted seventeen children and eleven adults. The EAC put in about \$100 to flesh out the baskets, but monetary donations from employees were heavy enough to allow the inclusion in each basket of a \$5.00 grocery gift certificate. The EAC hopes contributions are as generous this year, as the Christmas spirit comes to MMC.

Medical Staff appointments

The following appointment to the MMC Medical Staff was listed incorrectly in the November 23 *What's Happening*. It should have read:

Thomas R. VerLee, M.D., Attending Staff, Department of Anesthesia.

The following appointment was omitted from the same list:

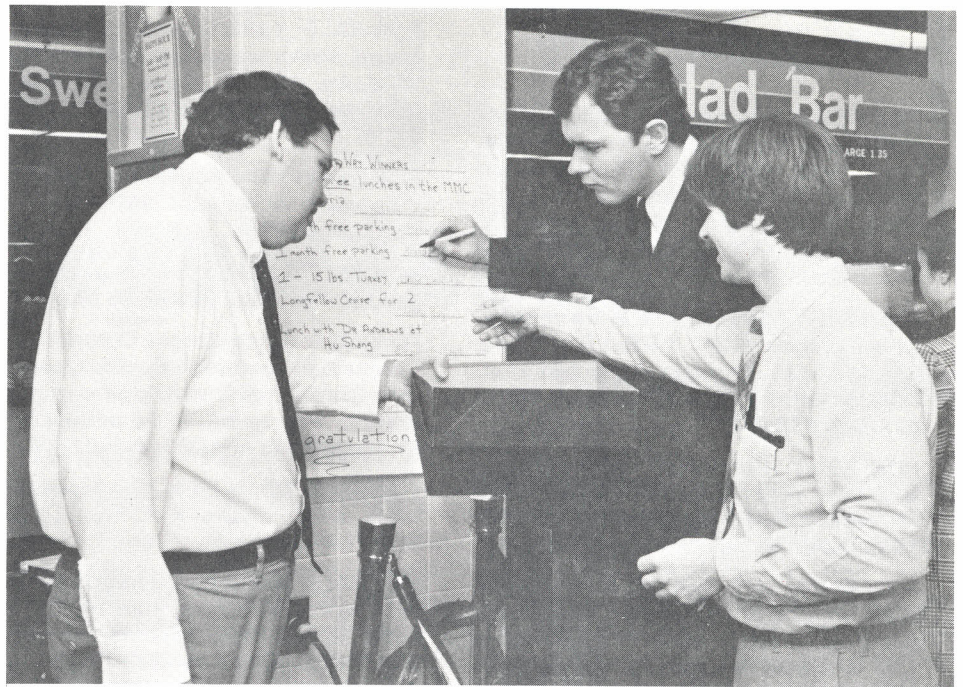
Curtis L. Winchenbach, M.D., Attending Staff, Department of Medicine (Ambulatory Medicine, Gastroenterology).

The appointments were approved by the MMC Board of Trustees (based on applications received before July 1, 1983) and announced by Acting Vice President for Health Affairs Costas T. Lambrew, M.D.

Nursing Continuing Education Programs

- *Nursing Care of the AIDS Patient*, Dan Bergeron, RN
Tuesday, December 13, 1983
2:30 - 3:30 PM Dialysis
(1 CEARP approved)

- *Physiological Effects of Coronary Bypass Surgery*, Edward Nowicki, M.D.
Thursday, December 15, 1983
8:00 - 9:00 AM Conf. Rm. R9



MMC 1983 UNITED WAY CAMPAIGN Chairman Richard Balser, left, and co-chairs Michael Kotch, front, and Michael Swan drew the winning names in the raffle for which all United Way donors were eligible. (A/V photo)

MMC United Way: everyone wins

When a United Way campaign goes over the goal -- everyone wins. The people who contributed get to feel good about themselves; the people who worked on the campaign get to feel the work was all worthwhile; the people who benefit get to feel maybe more secure, perhaps healthier, definitely in some way better.

And all of us at MMC can get in on feeling good. Campaign chairman Dick Balser reports that we met our goal of \$47,000 and went over it by more than one hundred dollars (with trickles still coming in).

He says it feels great: "The support was overwhelming. You have no idea how much it means to all the people who are served by United Way, and to me as your chairman. We're proud of MMC's people, and we're grateful."

There were some specific winners in this United Way campaign, of course. The results of the drawing for which all United Way donors were eligible are:

- one month each of free parking in the Ramp, won by Richard E. Drew, Pharmacy, and Brenda J. Bisson, RN, Nephrology
- lunch with Dr. Andrews at HuShang Restaurant, won by Eleanor M. Gallant, R2
- a Longfellow Cruise for two on Casco Bay, won by Henry J. Roy, III, Pulmonary Medicine

- a 15-pound turkey, won by Diane M. Leighton, Medical Records
- dinner for two at the Baker's Table, won by Mary C. Guinard, Medical Technology School
- one week of free meals in the MMC cafeteria, won by Cynthia Croxford of Food Services (!)

RECEPTION, from page one

Unique -- at 3:00 PM during the Reception.

Door prizes are another traditional part of the MMC Holiday Reception, and this year is no exception. Certificates for dinner at various restaurants, merchandise at various stores, services, and the Grand Prize of a cord of wood or its equivalent will be drawn throughout the Reception, and the EAC will draw for five hams.

The EAC's Holiday Raffle this year will be for each of two \$100 grocery shopping sprees and each of two \$50 shopping sprees. Tickets are available from any EAC member for \$1.00 each or five for \$4.00.

EAC Raffle tickets will also be available in the Cafeteria Friday, December 9 and Monday, December 12, during the following hours: 7:00 - 8:00 AM, 11:00 AM - 1:00 PM, and 4:00 - 6:00 PM. Also, they will be sold during the Holiday Reception December 13, right up until the drawing.

Marketplace

FOR RENT: 5 room apt., avail. Jan. 1. Near MMC. Rent is \$340/mo. plus utils. (elec. heat, gas stove). Well-insulated 2nd floor. Off-street parking. Stove and refrig. included. Unfurnished. Some furniture avail. for sale. Call Mrs. Banks at 774-7970.

FOR RENT: A guest house in the country. 11 miles from MMC. 1 BR, LR, dinette, KT, and bath. Franklin stove and elec. heat. Swimming pool privileges. \$300/mo. Call 892-6085.

FOR RENT: Furnished room in Cape Elizabeth with kitchen privileges, \$50/wk. No smoking. Garage extra. Call 799-1951, keep trying.

FOR RENT: Large apt. Victorian charm in an historic brick building near MMC. 5 large lovely rooms that can be used as 1, 2, or 3 BRs. Modern tile bath, plus 1/2 bath and eat-in kitchen. On-site parking. Avail. Dec. 1 thru June 30, 1984. No pets. Sec. dep., \$550/mo. with heat and hot water. Call 772-0978.

FOR SALE: 1975 Cadillac Coupe DeVille, A/C, all power, AM/FM/TD, no rust, exc. cond., \$1,650. Call 773-9786 after 5 PM.

FOR SALE: Datsun 310GX coupe, 5-speed, sunroof, AM/FM stereo cassette with graphic equalizer, 24,000 miles, exc. cond. Asking \$5,000. Call 767-3294 after 4 PM weekdays.

FOR SALE: 1973 VW Bug, rebuilt engine and many other parts. Year-old paint job. Very little rust. Needs cylinder work. Asking \$1,050. Call 833-6484.

FOR SALE: VW 412 wagon. Engine in good running condition. Rest of car needs work. \$300 or best offer. Call 883-6910 from 9 AM to 5 PM.

FOR SALE: 1983 Subaru GL wagon, 5-speed, power brakes and steering, power windows, AM/FM stereo, rustproofed, less than 4,000 miles, \$9,500. Call 774-2778.

FOR SALE: 1974 Ford Pinto. Good running cond. Automatic. \$400. Call 767-4227 after 5 PM.

FOR SALE: Vermont maple syrup: qt., 1/2 gal., and gal. Call 829-5035 after 6 PM.

FOR SALE: Smith-Corona Coronet Super Coronamatic cartridge electric typewriter with Coronamatic cartridge correction system. Exc. cond., \$195 or best offer. Call 829-5035 after 6 PM.

FOR SALE: Maple Early American hutch, table, and 4 chairs. Exc. cond., \$800. Call 774-1120 eves.

FOR SALE: Warm-up ski pants, hot pink with light pink parka, size 10/12, exc. cond., \$25. 5-clasp ski boots, exc. cond., size 7 with rack, \$25. Call 772-5103.

FOR SALE: King-size waterbed, mattress, liner, heater, pine headboard. All in good cond., \$100. Call 846-3507.

FOR SALE: Full-size bedspread, patchwork pattern, exc. cond., \$20. 3 coats, \$15 each: Maroon wrap, size 16; camel colored, double breasted, size 10; and beige tweed with fur collar and cuff, size 8. All in good cond. Black full-length Borgana fur, belted back, size 14, exc. cond., \$25. Call 775-5103.

FOR SALE: TRS-80 III computer with 2 disc drives and lots of software. \$1,500. Call 799-8812.

FOR SALE: Parkway Farmer John Nylon II black/red, med/long wet suit. Like new, \$80. Bolivar 64 loudspeakers (2), \$80 each. Technics SA5150 receiver 16wRMS per channel, \$70. Sansui SR-212 turntable/Audio-technica AT14Sa cartridge, \$60. Call Kevin at 775-0151.

what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102.

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FOR SALE: 1976 Chevy Nova in good condition, exc. transportation, \$1,400 or best offer. Call 774-0831 before 2 PM.

FOR SALE: 24" girls Pink Panther bike, like new, \$35. Call 799-8026 after 2:30 PM.

WANTED: Barbie Doll furniture and clothes. Call 772-5103.

WANTED: File cabinets, wine rack, and electric trains. Call 773-3958 anytime. Keep trying.

LICENSED DAY CARE provider. Will take children full-time days. 1-4 years old. Call 773-7911 for appointment.

HealthStyles

Employees joining any of Lifeline's aerobic exercise programs through the **HealthStyles** program must have a Fitness Evaluation. To make this easier, Lifeline's Program Director, Tom Downing, will do evaluations at Maine Medical Center on two days in December.

Up to 12 people each day will be scheduled, directly through Lifeline, 780-4170. The dates are Wednesday, December 14, 2:00 - 5:00 PM, and Thursday, December 29, 6:00 - 9:00 AM. Evaluations will take place in the Employee Benefits Office (1st floor, Maine General Building). Lifeline is still doing Fitness Evaluations at USM; the MMC evaluations are for those with specific time constraints.

HealthStyles is now able to subsidize the additional \$50 fee for the treadmill evaluation required of those over 40.

BLOOD DRIVE RESULTS

141 presented; **120** gave, including **8** first-timers

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