

# what's happening

Maine Medical Center  
Portland, Maine 04102

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April 6, 1983

## New system throws new light on classrooms

Classrooms 3 & 4 are sporting a new audiovisual system these days, the result of requests from users, design work by Audio/Visual Resources, construction work by Carpentry, Clinical Engineering, and the Electrical Shop, and funding from the MMC Annual Fund and the Maurice Moulton Fund. Once users become familiar with the new system, A/V Director Carole Duncan says, "it should greatly enhance the educational sessions in the rooms and make things much easier for presenters."

The system replaces the limited and somewhat cumbersome setup of the past with one that allows the following:

- use of a single slide projector
- use of two projectors for showing side-by-side images
- use of two projectors for dissolve effects
- use of a 16mm film projector
- control of the above, and the sound system as well, from a new lectern at the front of the room
- control of the room's overhead lights from wall-mounted switches behind the lectern
- use of either a wired or wireless microphone

Duncan says the primary impetus for the change came from surgeons and other staff physicians. Many users have lamented the lack of flexibility in the old system, but the surgeons in particular saw great benefit in being able to show two slides at once for comparison purposes, and in being able to dissolve from a "before" to an "after" view.

While designing in that capability, A/V took care of other problems as well. With the old system, presenters had to walk from the lectern to the projection block to start their slides, or have someone nearby to do it for

**SYSTEM**, page 4

## Lab Open House will offer scheduled tours

Day in and day out, MMC's Conley Laboratory employees are in constant contact with other departments in the hospital, maintaining their integral role as members of the health care team. Now they are inviting people from all other departments to get a closer look at how the Lab functions in that role.

It's part of National Medical Laboratory Week (April 10-16) and the Lab is having Open House next Tuesday and Wednesday. Those hosting the event have scheduled specific tours within Lab departments, having learned from last year's successful event that visitors just can't take in the entire Lab operation in the time available to them. This year visitors can plan ahead.

The tours, half an hour each, will be on the following schedule:

**TUESDAY, APRIL 12**

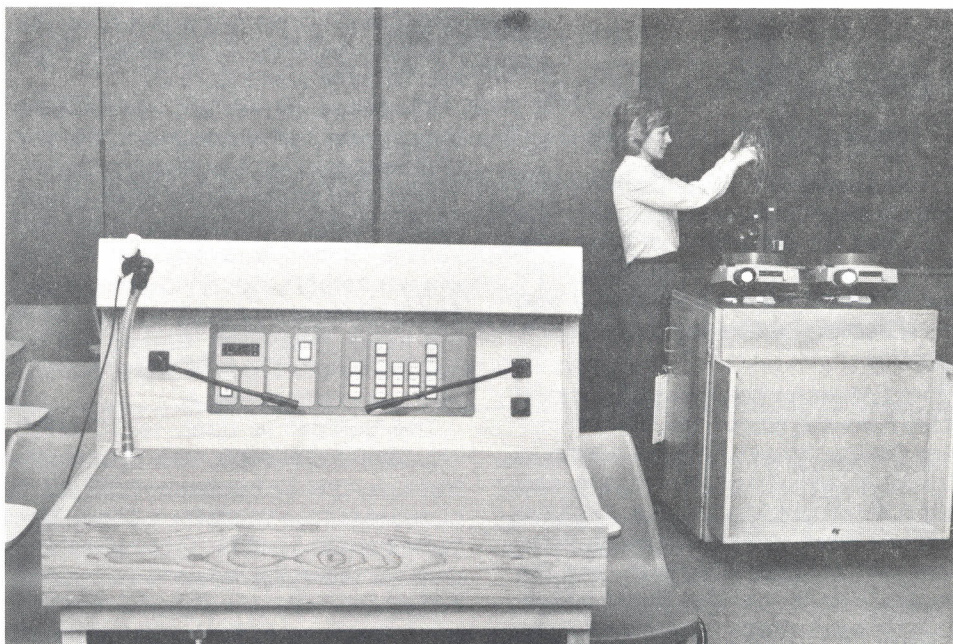
- 11 AM - Hematology/Coagulation:  
**LAB**, page 3

## Photo Contest is a sign of the season

Spring means rain, daffodils, warmer weather, and the MMC Employee Photo Contest. For 1983, the contest features a new category -- Color Open -- in addition to the five continued from last year: People, Animals, Scenic, Black & White Open, and Snapshot. The new category was added to lessen the pressure on the Scenic category, which last year had three times as many entries as any other.

Proper entries for the Color Open category would include still lifes, shots of buildings and other inanimate objects, and anything else that is not truly a scenic shot (or a picture of people or animals). It will make more sense to have a pastoral landscape competing against a similar photo than against an architectural detail.

Complete rules for the contest are inside this issue of *What's Happening*. More about the contest later. . .



**A/V RESOURCES Secretary Elaine Solesky sets up equipment on the new audiovisual system in Classrooms 3&4. (A/V Photo)**



## EAC moving fast with Spring activities

The Employee Activity Committee has a number of events coming soon:

- THE GOOD OLD DAYS are coming Tuesday, April 12, at 7 PM in the MMC Cafeteria. Master of Ceremonies Michael Kotch says the talent show is coming along, and he's ready to raise the curtain.
- There are still spaces available for the New York trip the weekend of June 10, 11, 12. The trip includes one dinner, one breakfast, two nights in a hotel, and one Broadway show. The cost is \$164 per person (DO), \$153 per person (Triple), and \$145 per person (Quad).
- EAC members now have Red Sox tickets! The games are the May 21 matchup against Minnesota and the Detroit game on September 17. Cost is \$18 per person, which includes the ticket and bus fare. The bus leaves the front of MMC at 10 AM the day of the game.
- The EAC is having a raffle of huge proportions, the winners of which will be drawn at the Honor Night banquet on May 10. First prize is a video recorder valued at over \$600, and second prize is a 35mm camera valued at over \$300. Tickets are available from any EAC member, at \$1 each or 5 for \$4. The EAC hopes to put the recorder on display in the Cafeteria later this month.
- Dinner coupon books will be available soon. They contain 20 coupons good at area restaurants, and cost \$8 each.

## Organizers making last call for books

The Auxiliary to the Cumberland County Medical Society are making a final plea for donations of books for the Downeast Used Book Sale. The sale is scheduled for April 28-30, and more books are needed to make it a success.

Drop boxes for donations are located at the following places: the MMC Volunteer Office; Shaw's Supermarkets in Falmouth, Mill Creek, Northgate, and North Windham; Martin's Shop 'n Save in North Windham and Gorham; Pond Cove IGA in Cape Elizabeth; and the Coastal Health Services Clinic in Portland. Pickup for large numbers of books may be arranged by calling 799-6912, 781-2800, or 892-6836.

## Lloyd Holmes chairs Primary Division

Lloyd H. Holmes, Portland civic leader and businessman, has been appointed Chairman of the Primary Gifts Division of the Maine Medical Center Capital Campaign, "To Meet the Need." Vincent B. Welch, Esq., Campaign Chairman, explained that Mr. Holmes' Division will be seeking gifts in the \$50,000-\$100,000 range from businesses, organizations, and individuals. "Their positive response to this appeal could be the cornerstone of success of the Capital Campaign," Welch said. "I know Lloyd's experience, energy, and thoroughness, and he will accept no less."

A corporator of MMC, Holmes has been involved in civic and charitable activities for many years. He is on the boards of BAMICO, Greater Portland Chamber of Commerce, Portland Country Club, and Outward Bound. He has served as Chairman of the United Way Campaign, board member of the YMCA, Vice Chairman of Blue Cross-Blue Shield, President of the Board of Junior Achievement and the United Way Board and Executive Committee.

He is President of Holmes Distributors and The House of Lights, and he is a graduate of Deering High School and Maine Maritime Academy. He and his wife Janet, the parents of three children, live in Portland.

## Cheese is big in this tasty contest

The Maine Medical Center Food Services Department announces the 4th Annual MMC Cheesecake Contest, to take place April 29.

As always, contestants may submit their cheesy culinary creations in either of two categories: Traditional or Fancy. Traditional entries must have no extracts, rinds, or toppings, although vanilla, almond, and lemon flavorings are acceptable. Anything goes in the Fancy category, so long as cheese is the major ingredient. Entries will be judged on the basis of taste, consistency, and appearance.

The contest is open to all MMC employees. To enter, obtain an entry blank in the Cafeteria and return it completed to any Cafeteria Supervisor before April 27. The Supervisor will give you a numbered card, to be submitted with the cheesecake. Entries are to be brought to the Cafeteria on April 29, before 10:30 AM. The winner will be announced at Noon.

## Spring Coffee honors 219 MMC employees

Two employees with 40 years of service will be at the top of the honors list when Maine Medical Center presents its Spring Awards Coffee next week. They are Ruth Russell, RN, of the Operating Room Nursing Staff and Warren Sanborn, "the Baker" of Food Services. Honored for 35 years of service will be Rose Graham, RN, Coordinator of Systems and Protocol, and Eugenia Britt, RN, Parenteral Therapy Nurse Analyst, both of the Department of Nursing, and Mary Ann Shaw, Medical Technologist in the Blood Bank.

In all, 219 employees will be honored for service milestones ranging from five through 40 years.

The Awards Coffee will be held Tuesday, April 12, in Classrooms 3 and 4, starting at 9:30 AM. The Reverend John Simpson will give the blessing and MMC President Edward C. Andrews, Jr., M.D., will preside over the program.

## Friends to meet in Spring session

The Friends of MMC will hold their Annual Spring Membership Meeting Friday, April 15, 9:30 AM, in Classrooms 3 & 4. An informative talk and short slide presentation by Paulding Phelps, M.D., on "Recent Advances in the Diagnosis and Treatment of Arthritis," will highlight the meeting.

Dr. Phelps is Director of the Division of Rheumatology at MMC, and is in private practice with Rheumatology Associates in Portland. His subject is of interest to all ages, because arthritis affects young and old alike. He will address symptoms, treatment, and research into possible cures.

The Friends of MMC is the youngest of the three auxiliaries serving Maine Medical Center. Founded in 1956, the organization provides numerous services, including the more than 3,000 "Friendly Dragon" hand puppets given to Pediatric patients each year and the "Preview for Parents" presentations for expectant mothers and fathers. The Friends also operate the Anti-Boredom Cart for hospital patients and help staff the six blood drives held at MMC each year.

## New Employees

**RADIOLOGY:** Pamela E. Selberg

**NURSING:** Colleen M. Heffernan



## LAB, from page 1

Well-automated section responsible for study of hematologic disease such as anemias and leukemias, including special blood and bone marrow tests; routine CBCs; coagulation screens for bleeding disorders and assistance in management of people with diagnosed bleeding disorders; management of anticoagulant therapy, contributing to rehabilitation of cardiac patients.

- **Noon - OPD/Phlebotomy/Sorting:** Maintains communications with departments both within the hospital and externally; phlebotomists are liaison between nursing units and Lab staff, also serving out-patients and clinic patients; staff perform Iontophoresis test to assist physicians with early detection of Cystic Fibrosis.

- **1 PM - Microbiology/Serology:** Area crucial to complete medical care, constantly challenged to isolate and identify infectious bacteria and viruses including the most recently recognized pathogens such as Legionella and Herpes.

- **2 PM - Endocrinology:** A composite clinical and laboratory division devoted to clinical care of patients with Endocrine and metabolic disorders; performs Radioimmunoassay and other tests to diagnose dysfunction of the pituitary, adrenal, pancreas and thyroid glands and the gonads.

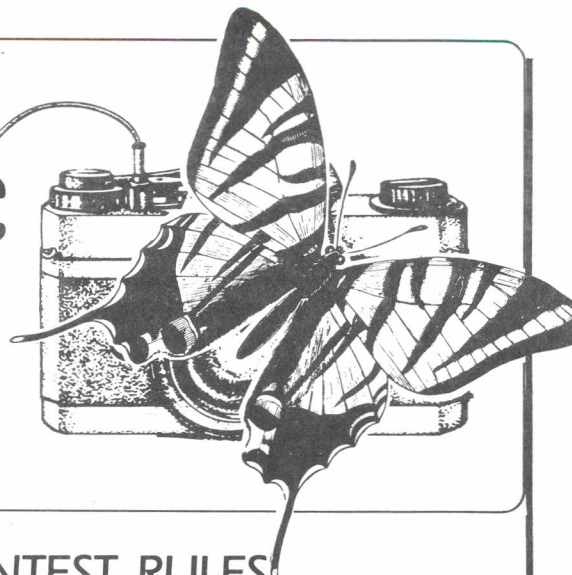
WEDNESDAY, APRIL 13

- **11 AM - Blood Bank:** Performs many tests to insure safe, effective blood and blood component transfusions to MMC's patient population; Pheresis and therapeutic phlebotomy aid in treatment of various disease states. Since December, '82, administering blood in the Blood Bank has freed up space in ASU and allowed patients to be transfused on out-patient basis.

- **Noon - Clinical Chemistry:** Displays some of the most sophisticated technology in the field today; offers wide variety of procedures playing major role in prevention, detection and diagnosis of organic disease states; Estrogen Receptor Assay, as performed here, is unique in Maine.

- **1 PM - Surgical Pathology: Histology:** Developments in field have decreased necessity for exploratory surgery, small tissue samples or biopsies being taken instead to determine appropriate course of action. **Cytology:** Fine needle aspirate cytology a cost-effective tool in diagnostic studies of cancerous and non-cancerous lesions; aspirates most effective in obtaining specimens from areas difficult to biopsy such as lung or brain; results can

# MMC Employee Photo Contest



## 1983 CONTEST RULES

- The contest is sponsored by the Departments of Audio/Visual Resources and Public Information.
- All part-time and full-time employees are eligible, as well as volunteers and members of the medical staff.
- There will be six categories: 1) people, 2) animals, 3) scenic, 4) Color open, 5) Black and White Open, 6) snapshot.
- Entries shall be in the form of prints (no slides). The prints may be any size, but must be unframed, and preferably unmounted.
- Each entrant may enter any number of prints in as many categories as desired.
- The following information shall be attached to the back of each print on a separate piece of paper: title of print (if any), entrant's name, department, telephone number, and category entered. No name or other information is to be visible on the front of the print.
- Prints shall be submitted to the Public Information Office (MGH-1) before 5 PM, May 13, 1983.
- There is no entry fee.
- Judges reserve the right to reassign any photo to a different category if they feel it is inappropriately entered.
- Entries will be judged by a panel of experts from the Greater Portland community. Their decisions shall be final.
- First, second, and third places will be awarded in each category. The judges may also award special citations if they desire, or refuse to award a place if they feel no entry is qualified.
- Winners will be announced June 1, 1983.
- All possible care will be exercised in handling entries, and the prints will be returned after the contest. However, the sponsors cannot be held liable for damage or loss.

be available in matter of hours, speeding up diagnostic process. **Cytogenetics:** Specializing in inherited diseases, performs genetic studies on families, rules out chromosomal abnormalities in spontaneous abortions and assists in early detection of leukemias.

- **2 PM - Immunology:** Involved with study of lymphocytes and proteins

whose functions are to protect body from disease; also classifies certain cancers to render more effective radiation treatment.

Exhibits will be on display and refreshments served in the Lab Tuesday and Wednesday from 9 AM to 3 PM. There will also be exhibits set up at various locations in the hospital.



**SYSTEM**, from page 1. — them. Similarly, side-by-side and dissolve projections had to be either programmed beforehand or carefully wired from the block to the lectern. Now, all the components of the system, from a single slide or film projector to a two-projector dissolve presentation, can be set up ahead of time and then operated with ease entirely from the lectern.

Room lights used to be controllable only from wall switches near the doors of the classrooms, but now the speaker need only turn around to find a switch. And the lectern itself is not only much more attractive than the old one, and wired for all these uses, but has two small lamps on flexible necks to enable the speaker to see notes even while running a slide show. The final touch in the new system is the wireless microphone, which frees the speaker to move about without being encumbered by a cord.

Duncan says the system is a model of how effectively and economically needs can be answered using only inhouse specialists. "Carpentry produced an ingenious cabinet specifically designed for the purpose," she says, "and at a tremendous savings over commercial systems." Similarly, the needed expertise in electronics came from Clinical Engineering, in electrical requirements from the Electrical Shop, and in audiovisual equipment from A/V itself.

Access to and rules for use of the new system are the same as before -- but because the systems will be a bit more complicated for first-timers, A/V Resources advises prospective users to allow some time to have the system explained. A/V personnel are available as before for assistance as needed, both for help with the mechanics of the system and for advice on how to use the system to best advantage.

## Marketplace

**FOR RENT:** So. Portland, 204 High St., harbor view, 1 BR dishwasher, laundry, parking. Can be partly furnished. \$375/mo. plus utils. Call 767-4641 after 5 PM.

**FOR RENT:** Room in quiet home in So. Windham, 14 miles from Portland. Prefer responsible day-working person. \$190 includes all utils. and kitchen privileges. Call 892-3053.

**FOR RENT:** 2 BR apt. in So. Portland off Broadway on Preble St., on bus line. Large yard with off-street parking. \$350/mo. includes all utils. Sec. deposit, no lease, rental agreement. Call Sal at 772-7302.

**FOR RENT:** Colonial style condo in Ledgewood, 5 mins. from downtown Portland. 3 BR, 2½ baths, LRw/fireplace, DR, fully equipped KT, laundry, den, and attached garage. Swimming pool and tennis courts. Call owner at Kennebunkport, 967-3161.

**FOR RENT:** House on Cushings Island for July, preferably the whole month. 2 baths, 4 BR, fireplace and porches. Fifteen-minute ferry ride from Portland. Commuter schedule. Call 772-0868.

**FOR RENT:** Brackett near Danforth, 3 rooms and bath, very sunny, first floor. \$245/mo plus utils. Ref., sec. dep. Call 773-1268.

**FOR RENT:** Cozy 1 BR apt. w/hardwood floors, 5 min. walk to MMC. \$350/mo. includes all utils. Call 926-4908; if no answer, 784-7004.

**FOR RENT:** Portland, attractive small studio with bath and kitchenette in convenient location. \$175. Call 767-4105 after 5 or leave message.

**FOR RENT:** Harbor view, 2 BR, new appliances, lots of storage space, all utils. inc. \$425/mo. Call 774-0224.

**FOR SALE:** Black borgazania fur coat, size 14, exc. cond., \$35; king-size fur acrylic bedspread, exc. cond., \$45. Call 772-5103.

## what's happening

**WHAT'S HAPPENING** is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Barbara Burns, Editor.

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**FOR SALE:** Classic Guild guitar, F48 acoustic. All solid hardwoods, exc. cond. Comes with hardshell case, strap, etc. Asking \$400 or best offer. Call Jana Abner at 774-3366 eves.

**FOR SALE:** Lovely 4 BR Colonial home on nearly 2 acres in nearby West Falmouth. Family room with fireplace off KT; DR, LR, 2 full baths. Fireplace in full unfinished basement. \$130s. Call 797-9355.

**FOR SALE:** Home in Baxter Blvd. area, by owner. 3 BR, LR w/fireplace, DR w/china cabinet, sunporch, kitchen w/appliances, 1½ baths, finished basement, hardwood floors, 1-car garage, fenced-in yard. \$72,500. Call 780-2292 days, 774-3629 nights and weekends. No brokers.

**FOR SALE:** Nice 2-acre country lot in Hollis. Easy commute to Portland. Soil tested and ready to build. Some financing available. Call 727-3659.

**FOR SALE:** Mantel shelf, carved pine, Early American style. 9" deep, 8' wide. \$35. Call 846-9005.

**FOR SALE:** Picnic tables, 6', \$49; 8', \$55. Call 761-0595.

**WANTED:** Female roommate, non-smoker, to share 2 BR modern apt. in Woodfords area. Old captain's home. Parking and laundry. \$187 plus heat. Need only BR furniture. Avail. April 1. Call Donna before 2 PM at 775-2667 or after 4 PM at 774-3921 (442).

**WANTED:** Mother-in-law type apt. for single professional female with cat. Call after 6 PM, 774-0124.

**INTERIOR PAINTING & PAPERING**, reasonable rates. Call Joe at 773-0934.

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