

# what's happening

Maine Medical Center  
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**CLINICAL PASTORAL CARE** program participants are, left to right, front: David A. Martin and Mary Hillas. Rear: Charles A. Bray, Mark W. Muesse and Richard Spencer Hasty. (A/V Photo)

## Clinical pastoral care program is in session

An extended unit of Maine Medical Center's Clinical Pastoral Education program is underway again this year with five participants. The program, under the guidance of Director of Chaplaincy Services Rev. John Simpson, D. Min., is the equivalent of the hospital's summer chaplaincy training program. It is less intensive than the summer program, but of longer duration, Chaplain Simpson explains, with the participants spending two full days a week in the hospital, September through May.

Under Chaplain Simpson's supervision, participants work on various units in the hospital, providing pastoral care to patients and consulting with health care professionals as they learn the spiritual aspects of patient care.

The program allows participants to  
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## Medical staff starts \$2 million campaign

Under the leadership of Chairman John F. Gibbons, M.D., Chief of Radiology, over 50 MMC physicians officially kicked off their Medical Staff Capital Campaign, "To Meet the Need," Monday evening. Dr. Gibbons and other physician volunteers have been organizing and preparing for the general solicitation of the Medical Staff since late September. They have set a goal of \$2,000,000 and plan to complete their efforts before the public campaign in 1983.

"We are very pleased and optimistic at this point," Dr. Gibbons told the physician volunteers. "The early commitments made by the Steering Committee members and other involved physicians are exemplary. If other physicians pledge proportionately as  
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## UVM/MMC relationship called mutual success

The clinical affiliation between Maine Medical Center and the University of Vermont College of Medicine is over two years old, and going strong. MMC Associate Vice President for Health Education Costas T. Lambrew, M.D., says it has been generally "an excellent relationship, one that has benefited both parties. We're getting mature, responsible people, and the students enjoy and profit from their time here."

The affiliation, which began in July 1980, places up to 21 third-year students at a time at MMC for clinical core rotations in five departments -- Medicine, Surgery, Obstetrics/Gynecology, Psychiatry, and Pediatrics. At the same time, fourth-year students come here for senior electives. There are ninety fourth-year medical students at MMC during the course of a year, from Vermont and other schools.

Their role at MMC requires the Vermont students to work closely with the attending medical staff, the house staff, nursing personnel, and allied health professionals. Those people, according to Dr. Lambrew, have been overwhelmingly positive in their comments. As part of their training, the students assist in taking histories, giving physical examinations, and other duties, under direct supervision.

MMC developed the affiliation with the University of Vermont three years ago, after reevaluating its affiliation with Tufts University School of Medicine. The MMC Medical Staff considered three options -- Tufts, Dartmouth Medical School, and Vermont -- and after an in-depth review recommended Vermont.

"The affiliation is important to Vermont," says Dr. Lambrew, "because it allows them to increase their enrollment as well as enhance their curriculum." He explains that the clinical programs  
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here are complimentary to those at the Medical Center Hospital at Vermont, in some cases offering a greater breadth of experience. Many MMC physicians hold faculty appointments at Vermont. These are uncompensated positions, but offer physicians challenge, satisfaction, and recognition in their fields.

MMC benefits from the affiliation, Dr. Lambrew says, "because of the educational atmosphere that is generated by the presence of students. The 'goldfish bowl' effect is always beneficial to the quality of care in a hospital, due to the stimulation of peer challenge." Young doctors looking for a hospital in which to take their residency training place great importance on the presence of students, he says, and the challenges of a teaching hospital attract the best of both residents and attending medical staff.

The State of Maine has for some time had a "capitation" agreement with Vermont, under which Maine -- which has no allopathic medical school within its borders -- pays Vermont to reserve seats for qualified Maine citi-

zens at the University of Vermont College of Medicine. Dr. Lambrew says the clinical affiliation with MMC brings some of those monies back to Maine. This in turn strengthens the education programs for students, house staff, and attending staff here.

The strength of the UVM/MMC affiliation is typified by the arrangements made by the institutions for housing the students. MMC made one of its buildings, the Chisholm House, available for student housing, and the University of Vermont, in turn, spent about \$100,000 completely renovating the building.

MMC and University of Vermont officials have been meeting over the past month to review the affiliation and explore new directions. Among the topics of discussion for the future, Dr. Lambrew reports, is the offering of joint residencies at the senior level. In any event, he expects the affiliation to continue to grow in importance.

*Next week: Two University of Vermont College of Medicine students talk about their experiences at Maine Medical Center.*

## Now's a good time to snuff that cigarette

If you need a reason to join in the Great American Smokeout tomorrow, consider:

- Smoking-related diseases claim over 350,000 lives each year in the United States alone.
- Smoking is believed to be responsible for 30% of all cancer deaths.
- 85% of lung cancer cases, 50-70% of oral and laryngeal cancer cases, 30% of pancreatic cancer cases, 80% of emphysema cases, 75% of bronchitis cases, and 30% of arteriosclerosis cases are estimated to be related to smoking.
- Estimates indicate that 10% of medical expenditures in the United States are tobacco related.
- Fires caused by cigarettes result in an estimated 2,500 deaths each year in the U.S.
- Children and spouses of smokers face greater than normal risks for such diseases as cancer, bronchitis, and upper respiratory tract disorders.
- Nicotine, a poison, is found in the breast milk of nursing mothers who smoke.

## the Great American SMOKEOUT

These facts were gathered from several sources, including the reports of the Surgeon General of the United States and information sheets provided by the American Cancer Society.

Remember, if you want to quit -- tomorrow at least, forever at best -- there is Smokeout help in the MMC cafeteria. Quitters must sign pledge sheets to become eligible to receive the "I Quit Survival Kit." The free kits will contain celery, gum, raisins, and other tempting finger foods to be consumed in lieu of cigarettes. You can sign up now through Thursday morning in the cafeteria and receive a slip to be exchanged for a kit.

Back by popular demand are the Smokeout specialties on the cafeteria menu for the day: The "Cold Turkey," a chilled white turkey meat sandwich on whole wheat bread with cranberry sauce garnish; "Finger-Lickin' Good," fried chicken with cole slaw and french fries; and "Claudette's Answer to the DTs," a make-your-own sundae bar available from 11:00 AM to 2:00 PM.



### The Christmas Fair Now through December 3 In MMC's Admitting Lobby presented by

Women's Board of  
Maine General Hospital

## Donations requested for 1983 book sale

The Downeast Used Book Sale -- in its 11th year -- is coming up in the spring of '83, and its organizers are putting out the first call for donations of books. Proceeds from the sale benefit the medical libraries and health education programs at Maine Medical Center and Mercy Hospital.

Members of the Auxiliary to the Cumberland County Medical Association organize and run the three-day sale, and they collect, sort and price the books. It's a tremendous effort which

## Board approves two staff appointments

Costas T. Lambrew, M.D., Acting Vice President for Health Affairs, announces the following appointments to the Medical Staff as approved by the MMC Board of Trustees:

William E. Collier, Jr., M.D., Associate Medical Staff, Department of Family Practice.

Linda L. F. Sanborn, M.D., Associate Medical Staff, Department of Family Practice.

occupies many months. Donations now will help the auxiliaries get a head start on the job.

Donations, which are tax deductible, can be dropped off at these locations: Shaw's Supermarkets in Falmouth, Mill Creek, North Gate and Windham; Martin's Shop 'n' Save at Gorham and North Windham; Pond Cove IGA in Cape Elizabeth; Brighton Avenue Pharmacy in Portland; Village Store in New Gloucester; Coastal Health Services Clinic in Portland; and the MMC Volunteer Office. Pickup for large numbers of books can be arranged by calling 799-6912, 781-2800 or 892-6836.



## Mariner tickets are a good discount bet

Saturday, December 4 is Maine Medical Center Employee Activity Committee night at the Cumberland County Civic Center. That night the Maine Mariners take to the ice against the Springfield Indians, and MMC employees may see the game at the special price of \$5.00 (regular price is \$6.50). The seats for this offer are in Section Y, Rows 1-16. Friends and relatives are welcome.

The deadline for reserving your tickets is November 30.

Contact Joyce DeCesere, x2672, Art Stevenson, RP 172, or Tom Linehan, RP 147, for tickets.

## CAMPAIGN, from page 1

well, we'll have a successful campaign of which we all can be proud."

Dr. Gibbons singled out his Steering Committee members for their exceptional efforts on behalf of the campaign to date. Members of the committee include: Dr. Newell A. Augur, Dr. Harry W. Bennert, Dr. Emerson H. Drake, Dr. Lewis N. Estabrooks, Dr. Walter B. Goldfarb, Dr. Donald W. Klopp, Dr. F. Stephen Larned, Dr. Donald A. Leeber, Dr. Laban W. Leiter, Dr. Paulding Phelps, and Dr. John L. Randall.

Vincent B. Welch, Chairman of the entire Capital Campaign, lauded Dr. Gibbons and his committee for its work to date. "We have every reason to believe," Mr. Welch said, "that the Doctors' campaign, along with the MMC's employees', Trustees', and Corporators' campaigns will provide a big boost to our overall Community Campaign in early 1983."

## About People

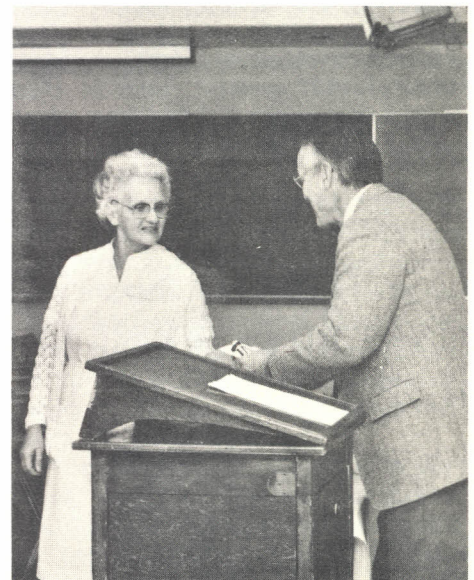
Two nurses from MMC attended the National Federation of Licensed Practical Nurses convention held in Philadelphia in September. Timothy McBrady, LPN, Emergency Division, and Janie Brown, LPN, Float Pool, were two of four delegates who represented the Maine L.P.N. Association.

The theme of the convention was "Is there a need?". Continuing education workshops included: Gastrointestinal Diagnostic Procedures, Current Concepts in Diabetes Management, Strategies for Assertive Behavior, Concepts of Nursing Liability, Stress Management to Prevent Burnout, and Nutrition and the Elderly.

## MMC RECOGNIZES SERVICE MILESTONES



**OVER 180 MMC EMPLOYEES** received the hospital's thanks at the Fall Service Awards Coffee. Observing major milestones were Night Nurse Supervisor Iva Chamard, RN, 30 years (pictured above with Vice President for Nursing Judy Stone, RN); Mary Quimby, Unit Clerk, P1C, 25 years (at right); Alice Logan, RN, Float Nursing/Night Supervisor, 25 years (below right); and Phyllis Tokarski, Pediatric Secretary, Pediatric Clinic, 25 years. (A/V Photos)





## Marketplace

**FOR SALE:** 1980 Subaru wagon GL, 23,000 miles, excellent condition. (Getting a 4-wheel drive vehicle.) \$4,500 firm. Call 829-5663.

**FOR SALE:** L.L. Bean external frame backpack, panel loading, like new. Sells for \$90; will sell for \$60. Call 772-0726.

**FOR SALE:** 1972 Buick Century. Runs good. \$500. See Mr. Todd Sanders in laundry dept. or call 773-4104.

**FOR SALE:** Gas heater, \$50. Will heat one room. Call 772-6272.

**FOR SALE:** Snow tires. P165-80R13 Roadhandler. Mounted for Chevette, used approx. 6,000 miles. \$70. Call 799-7439.

**FOR SALE:** Double snowmobile utility trailer, \$250; 9" Craftsman table saw with accessories, \$215; 3/4 variable speed Craftsman bench drill press, \$50; women's Columbia 10-speed bike, \$60. Call 775-2581.

**HOUSE FOR RENT:** Maine Mall-Union Mutual area. Excellent 2-story family home on spacious lot. 1 1/2 baths, 7 rooms including 3 BR, 3-car garage. \$500/mo. Call 883-6759 after 3 PM.

**FOR RENT:** Newly renovated room in charming bldg., 3 blocks from hospital. Very quiet. Sec. & refs. required. Call 775-1910.

**WANTED:** Woman to assist with personal care of elderly lady. Two to four hours per day including weekends. Please call 775-0728 (9-5:30 weekdays).

**WANTED:** Experienced medical typists wanted part-time. Call 775-3550.

**WANTED:** Part-time babysitter, occasional nights. Call 774-6219.

**WANTED:** Apt. in MMC vicinity, Dec.-March, efficiency or small sublet, furnished or unfurnished. MMC employee. Call 781-4427 eves.

## New Employees

**CARDIOGRAPHY:** Kathleen J. Beecher, Susan D. Vickerson

**RADIOLOGY:** J. Kevin Cyr

**OR:** James E. Donovan

**FOOD SERVICES:** Tracy L. Erb, Verle E. Hutchison

**LIBRARY:** Alice C. Harding

**LINEN PROCESSING:** Savoeuth Meas

**LAB OUTPATIENT:** Brenda J. Scott

**NURSING:** Linda H. Allen, Janice L. Mundee

**CENTRAL SERVICE:** Sarah Furey

**DATA MANAGEMENT:** Linda A. Gilbert

**DEVELOPMENT:** Janice Campbell

**EMERGENCY:** Theresa A. Jones

**ENGINEERING:** Jack C. Haskell

**FOOD SERVICE:** Susan L. Brichetto, Eleanor E. Donahue

**HOUSEKEEPING:** Dawn J. Devine, William D. Hicks, Cuc T. Ly, Sylvia Olsen

**LIBRARY:** Gwynneth S. Taggart

**LINEN PROCESSING:** Phong H. Phan

**MEDICAL RECORDS:** Susan J. Baldwin, Charlene T. Talbot

**MEDICAL REHAB:** Kathleen Alexander  
**PARKING:** Mary J. LaRochelle, Alan R. Makela

**PHLEBOTOMY:** Tendai Kundishora, Susan J. O'Carroll

**PSYCHIATRY:** Susan L. Hodges

**RIDE NEEDED:** From Saco to MMC, work hours 8-5. Call 283-1718 or ext. 2433.

**DAY CARE:** State licensed day care now available for your child (infants also) by experienced mother. TLC, nutritious meals and snacks provided. Excellent references. Munjoy Hill. Call 772-4850.

**HOME REPAIRS** and carpentry at reasonable cost. Call 774-4899.

## what's happening

**WHAT'S HAPPENING** is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Barbara Burns, Editor.

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assess their ability to deal with the physical, psychological and spiritual pressures of a hospital ministry, Chaplain Simpson explains. The goal, he says, is to provide them with an increased understanding of themselves and their work and to sharpen their skills so they may become more effective in their ministries in all settings.

Participating in the program are:

*David A. Martin*, pastor of the First Baptist Church of Yarmouth. He is a graduate of the U.S. Naval Academy and the Gordon-Conwell Theological Seminary.

*Charles A. Bray*, pastor of the West Falmouth Baptist Church. He trained at Gordon College, Gordon-Conwell Theological Seminary, and Hartford Seminary, and was ordained an American Baptist minister in 1952.

*Richard Spencer Hasty*, pastor of the First Parish Unitarian Universalist Church of Portland. He graduated from the University of New Hampshire and Harvard Divinity School, and was ordained by the Unitarian Society in Fall River, MA.

*Mark W. Muesse*, theological student currently pursuing a Ph.D. at Harvard University Graduate School of Arts and Science in Theology. A graduate of Baylor University and Harvard Divinity School, he is a member of Woodfords Congregational Church.

*Mary Hillas*, a newcomer to this area from Pennsylvania where she served as Chaplain to the Visiting Nurse Association of Ambler. She was ordained by the Shalom Mountain Church of Livingston Manor, NY.

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Portland, Maine 04102

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