

what's happening

Maine Medical Center
Portland, Maine 04102

Vol. 14, No. 15

MMC says thank you to 183 employees

Employees whose service to Maine Medical Center totals an accumulative 1,770 years were honored at a service award coffee last week. MMC President Edward C. Andrews, Jr., M.D., and Executive Vice President and Treasurer Donald L. McDowell led fellow employees in congratulating 183 people whose service milestones ranged from five to 30 years of service.

Senior among those honored, with 30 years of service each, were Iva Chamard, RN, Night Nurse Supervisor; Patricia Brown, Nursing Aide, P4D; and Geraldine Trayers, Darkroom Technician, Diagnostic Radiology.

Honored for 25 years of service were Alice Logan, RN, Float Nursing/Night Supervisor; Mary Quimby, Nursing Unit Clerk, P1C; Ruth Haverty, CSW, Social Service Department; Phyllis Tokarski, Pediatric Secretary, Pediatric Clinic; and Catherine Cohen, RN, Director, Operating Room Nursing.

Employees honored for 20 years of service were: Beverly Spaulding, Diagnostic Radiology; Linda Allen, Float Nursing; Gloria McLaughlin, Housekeeping; Patricia Peasley, CICU; Carol Zografos, Cardiac Surgery; Mary O'Malley, Housekeeping; Carole Clark, Microbiology; John Soule, Medical Records; Eleanor Carpenter, Delivery Room; Phyllis Grover, Unit Manager; Mary Folan, P2D; and Ernest Sylvester, Food Services.

The following employees were also honored at the coffee:

15 YEARS OF SERVICE: Patricia Sanville, Pharmacy; Frances Bean, Heart Cath.; Nancy Stearns, Physical Therapy; Beth Turner, Accounting; Joanne Asherman, Social Services; Teresa Perrino, Radiation Therapy; Jacqueline Merrill, Food Service; Lillian Smith, Housekeeping; Rose Rupp, Housekeeping; Sally Doe, Rad. School; Stewart Kelly, Central Supply; Rhonda Butter-



MEET THE OR NURSE at an Open House Friday in Classroom 2. (A/V Photo)

field, Food Services; Peggy Libby, Heart Cath.; and Doris Mackinnon, Blood Bank.

Department of Nursing, 15 YEARS: Natalie Wells, Elsie Jackson, Nancy Wynne, Mildred Barnikow, Loreen Emery, Janice Gryslwicz, Judith Curran, Esther Willis, Margaret Girr, Ervin Sorenson, Margaret Farr, and Nancy Tilton.

10 YEARS OF SERVICE: Joseph Stocks, M.D., Pathology; Edward Hollidge, Engineering; Joseph Fanning, M.D., Pathology; Lora Coffin, Patient Accounts; Edith McCormick, Diag. Exam Room; Peter Goldfine, Mental Health; Mary Penney, Parking; Patricia O'Brien, Housekeeping; Marguerite Schmidt, Switchboard; Alfred Gelinis, Anesthesia; Deborah Cekutis, Chemistry; Lorraine Dow, Cancer Registry; Denise Tierney, Nuclear Medicine; Vernon Chandler, Housekeeping; Joan Gordon, Chemistry; Shirley Connolly, Patient Accounts; Yvonne Hoffman,

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November 10, 1982

Operating Room nurses, who are they, really?

Operating Room nurses, the people behind the masks and gowns, who are they? First of all, they are Registered Nurses. Added to that vital ingredient with all the skills and compassion it entails, they are masters of many other disciplines. In the OR, registered nurses become...

- Patient advocates, acting as the eyes and ears of the patient, interpreting, explaining procedures, calming fears.

- Mechanical wizards, locating from among thousands the exact instruments appropriate for the patient's diagnosis and compatible with the surgeon's preferences.

- Engineering experts, understanding the workings and principles of sophisticated electrosurgical machines

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MMC holiday season to begin November 15

The Christmas Fair returns to MMC soon, as full of interesting merchandise as ever. The holiday season tradition is sponsored by the Women's Board of Maine General Hospital, and this year will run from November 15 to December 3. Fair Chairman Mrs. Wallace Camp of Cape Elizabeth reminds potential patrons that proceeds from the sale go to support the various projects of the Women's Board, all of which benefit MMC and its patients.

The favorite items are back this year, and there are some additions as well. Stuffed animals, always in abundance, will include Garfield. Other merchandise includes books, children's sweater and hat sets and vests, ornaments, a selection of brass items, cookbooks, music boxes, and other items - all carefully selected for quality.

The fair will be open 9:00 AM-4:30

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Housekeeping; Patricia Sansoucy, Chemistry; Maureen Johnson, Hematology; Jules Tremblay, Pharmacy; Lenora Cote, Blood Bank; Richard Forest, Cardiac Surgery; George Blaisdell, Pulmonary Medicine; Wilma Rumo, Radiology Diag.; Sherry Allen, Food Services; Roxanna Hassell, Engineering; Mildred McDonough, Radiology Diag.; Joseph Webber, Pulmonary Medicine; and Louis Taxiarchis, Pathology.

Department of Nursing, 10 YEARS: Judith Grant, Barbara Turner, Annette Garland, Philip Harmon, Patricia Esposito, Phyllis Ogradnik, Helena Heels, Robert Brouillard, Joyce Kennedy, Micheline Alves, Emma Sawyer, Waldo Gallant, Alleen Eastwood, Linwood Leland, Janet Devou, Frances Davis, Tonya Toothaker, Nancy Edwards, and Diane Cavanaugh.

5 YEARS OF SERVICE: George Bokinsky, Pulmonary Medicine; James DeGrandpre, Personnel; James Joseph Fiore, Pathology; Jeffrey McNeely, Cytology; Theresa Vessey, Patient Accounts; Norman Wilson, Anesthesia; Nancy Hancock, Planning Office; Paulding Phelps, Medical Rehab.; Janis Glover, Audio/Visual; Philip Estes, Inventories; Harry Campbell, Nuclear Medicine; John Tooker, M.D., Critical Care Medicine; Henriette Wallace, Linen Processing; Ellen Pott, Radiation Therapy; Christine Colton, Medical Rehab.; Robert Ashforth, Endocrinology; Michael Kane, Housekeeping; Norman Noiles, Switchboard; Norma Brown, Accounting; Kathleen Johnson, Hematology; Susan Braziel, Planning Office; Kathryn Goodwin, Occup. Therapy; Robert Rohman, Painting; Mary Wheel- den, Development; Paul Maniscalco, Chemistry; Lorrie Millar, Pharmacy; Janice McDonald, Pharmacy.

Luville Brawn, Housekeeping; Dorothy Banks, Housekeeping; Edward Meehan, Painting; Constance Wing, Linen Processing; Catherine Pike, Linen Processing; Costas T. Lambrew, M.D., Health Education; Robert Schnopp, Painting; C. Irving Meeker, M.D., OB/GYN; Christine Mackenzie, Audio/Visual; Gloria Young, Housekeeping; William Shriner, Chemistry; Cetta Leonardi, VP Health Affairs; Mary Dowey, Housekeeping; Gwen Estes, Accounting; Harold Whitney, Housekeeping; Jean Weymouth, Lab Op Service; George Drew, Printing; Joyce Dechene, Chemistry; and Beverly MacLean, Emergency.

Department of Nursing, 5 YEARS: Janet Neudoerffer, Patricia Gulian,

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'82 MMC Annual Fund moving toward goal

The 1982 MMC Annual Fund Committee has held its third and final meeting to complete plans for reaching or passing the goal of \$200,000 by December 31. At the end of October, according to chairman Roger C. Lambert, the Annual Fund stood at \$133,642, with just under \$70,000 needed to make the goal.

At their October 26 meeting, the committee heard an excellent presentation by Marjorie Boyd, M.D., Director of the Division of Hematology, as well as progress reports by President Andrews and Vincent B. Welch, Esq., Trustee and Chairman of the Capital Campaign. In addition, Corporator Widgery Thomas, Jr., Chairman of next year's Annual Fund Committee, reported on plans for 1983, and Corporator Bridget Healy, Chairman of the 1983 Appreciation Days Programs, reported that plans are already being made for two excellent presentations on Friday morning, April 29, and Wednesday evening, May 11.

Six members of the Annual Fund Committee have completed ten years of service to MMC as members, having served ever since the first Committee was instituted in 1973. They are Mrs. Emerson H. Drake, Rudolph T. Greep, George M. Lord, L. Robert Porteous, Jr., Roger F. Woodman, and Peter C. Barnard, *ex officio*.

Anyone wishing information or wanting to make a gift is invited to write or call the Annual Fund office, Maine Medical Center, 22 Bramhall Street, Portland, Maine 04102. Telephone: 871-2669.

EAC sets sights on fun across the border

The Employee Activity Committee is headed for *La Belle Province* in February, and all are invited to come along. The group is sponsoring a bus trip to the legendary Quebec Winter Carnival February 4, 5, and 6. The price of \$180 per person double, \$155 per person triple, and \$130 per person quadruple includes: bus transportation to and from Quebec City, two nights at the Lowes Le Cocorde, two breakfasts, and one dinner.

A \$40.00 deposit is required upon registration, and the balance by January 14. There will be no refunds. See Bev Cookson in the Cafeteria or any EAC member.

Icy fun is goal of this discount offer

Saturday, December 4 is Maine Medical Center Employee Activity Committee night at the Cumberland County Civic Center. That night the Maine Mariners take to the ice against the Springfield Indians, and MMC employees may see the game at the special price of \$5.00 (regular price is \$6.50). The seats for this offer are in Section Y, Rows 1-16. Friends and relatives are welcome.

Contact Joyce DeCesere, x2672, Art Stevenson, RP 172, or Tom Linehan, RP 147 for tickets.

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and monitoring equipment.

- Chemists familiar with the compatibility of drugs, diseases and anesthesia, and the predictability of suture and skin type reaction.

- Managers of time, keeping pace with the steady scheduling of procedures, anticipating the emergent, making it all run smoothly.

Outside the OR, they are committee-people, working closely with allied health care professionals throughout the hospital, studying new methods, consulting with surgeons, attending and conducting workshops and seminars. They are educators and resource persons for ancillary personnel and medical students.

At Maine Medical Center there are 40 OR registered nurses, and they're inviting us to get to know them better. November 12 is OR Nurse Day across the country, and MMC OR nurses are observing the day with a special Open House. On Friday, part of Classroom 2 will become an OR, set up to duplicate the real thing. There will be exhibits explaining the role of the OR nurse, and personnel will be on hand to answer questions.

All are invited to the OR Open House in Classroom 2 on Friday from 11 AM to 4 PM. Refreshments will be served.

Slow-scan TV method demonstration is set

There will be a slow-scan TV demonstration for all hospital personnel interested in the technique on Wednesday, November 17, at 10:30 AM in Cafeteria Conference Room B.

Slow-scan is the technique by which computer-generated still pictures are projected on a television screen. The Department of Audio/Visual Resources is arranging for the demonstration.

PJCC room to honor David I. Lieberman

In memory of Associate Vice President David I. Lieberman who died in June 1982, many of his friends at Maine Medical Center sent donations to the Portland Jewish Community Center Building Fund. David was committed to the success of that fund, and our individual contributions, totaling over \$1,100, were meant to help fulfill his commitment. Following is an open letter to us from David's widow:

Dear Friends,

On October 17th, 1982, I had the opportunity to attend the dedication of the new Portland Jewish Community Center in which David was so very interested and active. David served as the Center's first Vice President of Public Relations and also as a Member of the Board of Directors and in May of this year had been appointed Vice President of Finances. In these capacities, he served as an important member of the Building Committee. Not only was he an important member, but he was also an extremely interested member and devoted much of his spare time to this function.

As a result of all of your generous donations in David's name, the Board of Directors were able to bring to fruition a room in David's Memory... a lasting and fitting tribute... The Public Relations Office of the new Portland Jewish Community Center. The Portland Jewish Community Center and I wish to express profound gratitude to all of you who made this possible by demonstrating so much love and affection for David.

In addition to the most generous contributions, there were numerous cards and gifts for me and the forthcoming baby. To all of you I send my love and my thanks.

Most Sincerely,
Andrea G. Lieberman

Low cost lifts are offered by this deal

Again this year, the Employee Activity Committee's Employee Discount Program is offering discount lift tickets for Sugarloaf USA. The regular day prices of \$19 adult and \$12 junior are reduced to \$15.50 adult and \$9 junior, and savings of up to \$4.00 per ticket are available on the purchase of ten and fifteen coupon Sugarbooks. Details are posted on the EAC bulletin board on the ground floor.

18th good day to put away the cigarettes

On Thursday, November 18, 33.3 million Americans are looking for company. The 18th is the Great American Smokeout 1982, and 33.3 million is the latest estimate of the number of ex-smokers in the United States. The American Cancer Society, with the help of organizations, businesses, and hospitals across the country, is asking smokers to take November 18 off -- hopefully as the start of a permanent cessation of the habit.

Last year, some 70 MMC people signed Smokeout pledges, and a three-month check in February revealed nine survivors. After one full year, six are still smoke free. The proud ex-smokers are: Faith Winch, Patient Accounts; Joanne Rocha, Medical Rehabilitation; Kathy Sullivan, Security; Anna Pierce, Surgery; Mark Farrington, formerly with Security; and Roxanne Genovese, ICU.

The success rate for MMC's people is in line with the national average reported by the American Cancer Society. The ACS estimates a 6-7% "quit rate" after one year, and the MMC figure stands at about 8%. The MMC survivors are among those hoping for some of the fifty-two million Americans who still smoke to join them during the

Smokeout and beyond.

Food Services will repeat its well-received edible and moral support activities. Special menu items planned for the Smokeout are the "Cold Turkey," a chilled white turkey meat sandwich on whole wheat bread with cranberry sauce garnish; "Finger-Lickin' Good," fried chicken with cole slaw and french fries, and "Claudette's Answer to the DTs," a make-your-own sundae bar available from 11:00 AM to 2:00 PM.

Also, "I Quit Survival Kits" will be given to aspiring ex-smokers compliments of Food Services. The free kits



will contain celery, gum, raisins, and other finger foods to occupy nervous hands and mouths. Smokers who want to quit *must* register, and registration slips will be available in the Cafeteria from Wednesday morning to Thursday morning. The slip must be exchanged for the Survival Kit.

Challenges, bets, and other activities are bound to appear during the Smokeout. Anyone doing anything of that nature is urged to contact the Public Information Office, so the activities may be chronicled in *What's Happening*.

This is RT Week at MMC and nationwide

The 80,000-plus respiratory therapy practitioners in the United States are celebrating the first ever National Respiratory Therapy Week this week. The November 7-13 observance was proclaimed by President of the United States Ronald Reagan and the U.S. Congress, in recognition of the contributions of "one of the most modern and progressive segments of the U.S. health care delivery system."

The American Association for Respiratory Therapy and its members will be observing National Respiratory Therapy Week as a follow-up to its thirty-fifth national convention, held October 30 - November 2 in New Orleans. The proclamation by President Reagan came in mid-October, at an Oval Office meeting with AART officers and several young respiratory therapy patients.

The AART was founded in 1947, and has worked for professional status for respiratory therapists, credentialing and professional standards.



THE CRANE in MMC's Admitting Lot last week was taking repair materials to the roof of the 1929 Pavilion. A portion of the 1956 Pavilion's roof is also being repaired.

(A/V Photo)

Marketplace

FOR RENT: 3 BR house in Gorham. Available Nov. 1, '82 through June 30, '83. Wood stove & wood included. \$475/mo. plus utils. Call 774-8474.

FOR RENT: Furnished rooms in private residence, Cumberland Ave. near Longfellow Sq. House privileges include laundry. Call 773-7905.

FOR SALE: 11-year-old, well-cared-for Arabian horse. 829-5353; if no answer, call 772-4444.

FOR SALE: 2 radial snow tires, 165-SR for Toyota. Used one year, like new. \$50. Call 839-4585.

FOR SALE: 1977 Honda CVCC. Automatic. 66,000 miles. Call 839-4174 after 6 PM.

FOR SALE: 1973 Super Beetle, excellent condition. \$1400 or best offer. Call 774-7479 after 5 PM.

FOR SALE: Pioneer AM/FM cassette tape deck with 4" two-way Jensen speakers. \$100. Call 846-4911.

FOR SALE: AKC Brittany Spaniel pups. 1 male, 1 female. Call 865-4637.

FOR SALE: 1975 Granada Ghia, AM/FM radio, ps/pb, automatic. Excellent condition. Call 799-7259 after 4 PM.

FOR SALE: Two 78-15 regular tires. \$25 each, fixed price. Call 324-2764 collect.

FOR SALE: Folk guitar, excellent for beginning student. Yamaha 3-25. Brand new, case, engraved leather strap, beginner song books. Guitar originally \$200; must be seen to be appreciated. Will sell for \$135, firm. Excellent Christmas gift. Call 727-3988.

FOR SALE: Mercedes Benz 280SE, 1971, 69,000 miles, dark brown, leather interior, automatic, air conditioning, good condition. \$4,000. Call 797-0282 eves.

WANTED: Occasional evening babysitter for two-month-old. USM area. Call 775-1113.

WANTED: Professional couple seeks winter or longer housesitting situation. Excellent references available. Will provide general maintenance and sound security. Due to job locations would prefer Portland area. Call 934-4425 after 5 PM.

WANTED: 25-35-yr.-old prof. female to share huge 3 BR apt. in Portland. Fireplace, parking, yard, on bus line. \$225/mo. Cat. Call 797-0253 eves.

WANTED: Female roommate to share lovely Western Prom. apt. Nonsmoker. \$165/mo., utils. included. Call Ann at 773-7251 before 5 PM; 773-0967 after 5 PM.

WANTED: Used, in good condition, 3/4 or full-size violin. Call 799-8649.

WANTED: Seek mature person to sit for infant in my home 3 to 4 days a week, starting Dec. Own transportation, flexible, references. Call 767-3896.

WANTED: Seeking loving & competent person to care for two children, 2 1/2 & 6. Mon.-Fri., 8 AM-6 PM. Call 775-3231 after 6 PM.

BABYSITTING: So. Portland mother seeks child in morning or afternoon on a regular basis for sitting 1 or 2 days a week. Call 767-3438.

BABYSITTING: Will sit in my home. Flexible hours, references, near MMC. 799-8649.

CARPENTRY and home repairs. Quality workmanship and free estimates. Call 774-4899 evenings, please.

CLASSES: Private or semi-private karate classes in your home by 5th black belt. Call 773-2547.

CLOTHING ALTERATIONS: 10 yrs. exp., men's & women's. 774-7182.

LESSONS: Irish Step-Dancing, Ceili Dance, Tin Whistle, and Fiddle. Adults and children. Call Anne at 774-7219 or Lorraine at 774-4419, or come to the Columbia Club on Wordsworth Street on Thursday nights, 6:30-8:30.

what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102.

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PM Monday through Friday, and 12 Noon-3:00 PM on Saturdays. It will not be open Sundays or on Thanksgiving.

This is Mrs. Camp's second year chairing the Christmas Fair, and she is assisted again by Mrs. B. Terrence Goodwin. Members of the Women's Board and others have prepared the sale and will serve as sales clerks.

The Women's Board of Maine General Hospital is one of the oldest auxiliaries of its kind in the country. It was organized in 1877, shortly after the founding of Maine General Hospital. In addition to the Christmas Fair, the Board operates the MMC Coffee Shop and Gift Shop, as well as the gift cart.

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