

# what's happening

Maine Medical Center  
Portland, Maine 04102

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October 13, 1982

## October is time to think about energy

October is Energy Conservation Month, and the Maine Office of Energy Resources is asking employers throughout the state to remind their employees about carpooling. The MMC Carpool Project is still available for interested employees, and applications for the Greater Portland Rideshare program are available as well.

The MMC Carpool Project offers employees a way to make connections with other employees who also wish to carpool. It is entirely a hand-matched system, so personal needs can be taken into account. Applications are available at the Public Information Office (x2196).

The Greater Portland Rideshare program is being operated by the Greater Portland Council of Governments, under a grant from the Office of Energy Resources. Applications for this program, which draws on interested people from other places as well as MMC, are also available from the Public Information office. These are to be returned directly to the Greater Portland Council of Governments, which will provide a list of potential ridesharers.

Those who have submitted applications to either program and have not heard back should not despair. All applications are kept in the active file unless and until the applicant requests otherwise. If you have not heard, it is because there is no match yet. If you wish, the Public Information office can place a "Ride Wanted" ad in *What's Happening* for you, which may bring a response. The Portland newspapers also have a "Car Pools" section in their Classified Ads.

For those in the service area, the METRO may be the best alternative to the personal automobile. Route and scheduling information for the buses is available by calling the METRO at 774-0351.

## Friends of MMC present program on depression

"Depression: Diagnoses, Treatments and Trends" is the program topic of the Friends of Maine Medical Center annual meeting on Friday. The general public and interested MMC employees are invited.

George N. McNeil, Jr., M.D., MMC's director of Community Psychiatry, is the speaker. He will discuss depression and its symptoms, and suggest when and how to seek help if we suspect friends, members of our families, or ourselves are suffering from depression. Dr. McNeil will give a basis for better understanding depression and the types of treatment available today. There will be a question and answer period following the program.

The meeting begins at 10 AM in classrooms 3 and 4. Coffee will be served at 9:30 AM.

FRIENDS, page 3

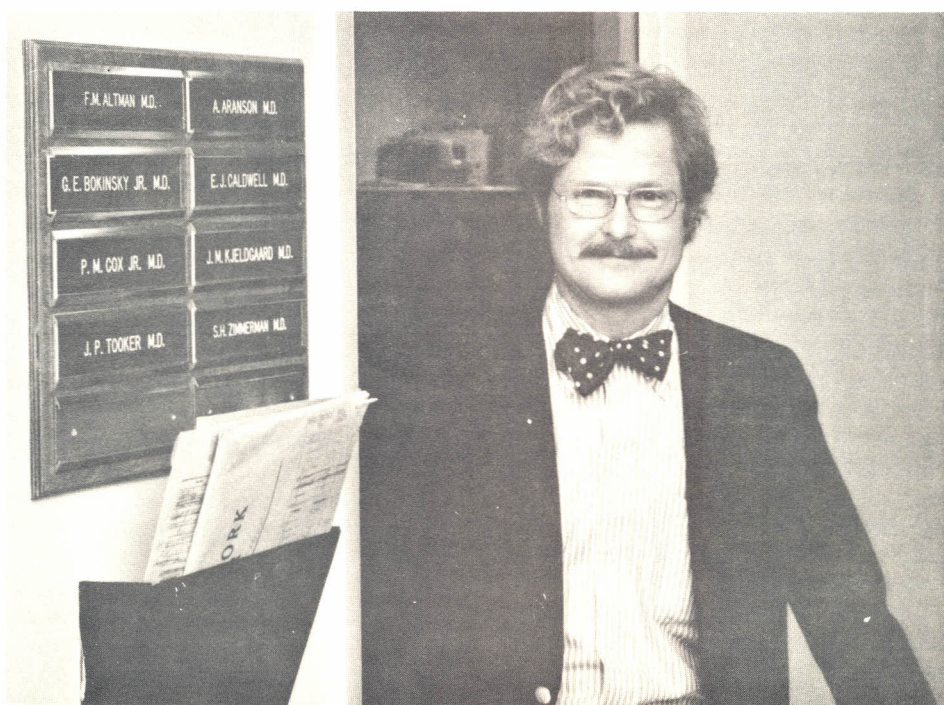
## Kjeldgaard named head of Pulmonary Division

MMC Chief of Medicine Robert S. Hillman, M.D., has announced the appointment of J. Mark Kjeldgaard, M.D., as Medical Director of the Division of Pulmonary Medicine. Dr. Kjeldgaard takes over from Edgar Caldwell, M.D., who is on educational leave to study pulmonary hypertension at the University of Texas in Dallas.

Dr. Kjeldgaard says clinical research is one area the Division has wanted to explore more fully for some time. He says Dr. Caldwell will return to MMC in April as Physician Coordinator for Clinical Research, enabling the Pulmonary Medicine Division to actively pursue research activities. Dr. Caldwell will also practice as an attending physician.

A member of the MMC Attending Medical Staff in Pulmonary Medicine and Critical Care Medicine since 1975,

KJELDGAARD, page 2



J. MARK KJELDGAARD, M.D., Director of Pulmonary Medicine. (A/V Photo)





**GRADUATES OF THE 23rd SURGICAL TECHNOLOGY SCHOOL ARE:** Back row, L to R, Darcy A. O'Donnell, Karen M. Chasse, Lorie O. Jewell, Jean A. Wade, Dianne J. Patterson, Donna L. Correia, Sharon E. Bodwell, Michael J. Jackson, and Denise M. Begin. Front row, L to R, Diana L. Tame, Leisa A. Goodwin, Ruth E. Cayer, Susan E. Kimball, Wendy J. Dery, and Helen J. Dyer. (A/V Photo)

## Behavioral problems topic of conference

The Maine Medical Center Department of Psychiatry and the Maine Medical Center - Mercy Hospital Department of Family Practice will sponsor a conference October 27, titled *Behavioral Problems in Primary Care*. Designed to provide family and general practice physicians with an insight into behavioral difficulties that may present in their practices, the day-long conference features faculty from MMC and other New England institutions.

MMC - Mercy Chief of Family Practice John Randall, M.D.C.M., will open the conference with an overview. David V. Sheehan, M.D., Chief of the Psychosomatic Clinic at Massachusetts General Hospital, will discuss "The Phobic Patient." Elisabeth Keller, M.D., Clinical Assistant in Medicine at Childrens' Hospital Medical Center in Boston and Clinical Instructor at Harvard Medical School, will discuss "Office Recognition of Early Disruption in Parent-Child Interaction."

Terrance Riley, M.D., of the Boston University School of Medicine, will talk about "Insomnia." Director of the Division of Child Psychiatry of the MMC Psychiatry Department G. Adair

Heath, M.D., will discuss "Adolescent Depression." "Atypical Depression" is the topic for MMC Department of Psychiatry Training Director George McNeil, M.D., and C. Lewis Ravaris, M.D., Ph.D., Medical Director of the Brattleboro Retreat in Brattleboro, Vermont, will discuss "Psychopharmacologic Agents."

The registration fee for the conference is \$20. For information and registration, contact Betty Jones, Department of Family Practice, 272 Congress St., Portland, Maine.

## KJELDGAARD, from page 1

Dr. Kjeldgaard was previously Associate Director of the Pulmonary Medicine Division. He is a Clinical Assistant Professor of Medicine at the University of Vermont, and a Diplomat of the American Board of Internal Medicine and the American Board of Pulmonary Disease.

Dr. Kjeldgaard is a graduate of St. Olaf College in Minnesota, and received his MD from the University of Colorado School of Medicine in 1970. He had residency and postgraduate training at the University of Colorado Medical Center and the University of Rochester Medical Center in Rochester, New York.

## Thanks...

*I recently had the experience of visiting the Ambulatory Surgical Unit the Maine Medical Center for a day. I underwent some minor surgery which required general anesthesia.*

*My purpose in writing this letter is to give commendation to the nurses and other staff members at MMC (of which there must have been at least two dozen that served me). I found them to be very devoted, professional, efficient and unafraid of hard and ceaseless work. Furthermore, they seemed to have the comfort of myself and the other patients around me as their primary concern. It is my understanding that the MMC is now operating at its maximum capacity, and yet, these nurses and other staff members did not in any way make the patients feel uncomfortable by acting harried and over-worked.*

*I have had only two other hospital experiences, both of which were many years ago, however, are vivid in my memory. I felt as though I needed to constantly apologize for my existence and that I was just an unwanted problem for the nurses. Even when I would be in dire distress, I never dared to ring "the bell" for fear I would be admonished. During this visit to MMC I never had the need to ring "the bell", however, I knew that I was welcome to do so and that I would have received a prompt and cheery response.*

*I cannot single out any names, for, without exception, each of the MMC nurses and staff members with whom I came in contact were exceptional people!*

*I hope that if these nurses and staff members are too busy to be able to read this letter, that friends and relatives will share it with them.*

*With sincerity and appreciation,  
Alexandra Shaw*

## About People

Mary Duffy, RTR, Chief Technologist in MMC's Radiology Department, was installed as President of the New England Conference of Radiologic Technologists at the organization's 24th Annual Meeting last month. The NECRT is a 9,000 member professional organization dedicated to keeping its member radiologic technologists abreast of the latest innovations and changes in radiology.



## Music and stage play the discount program

The *Portland Concert Association* is offering a discount to MMC employees for the opening concert of its 1982-83 season. If at least 15 tickets are reserved by MMC employees, a 15% discount is available for the October 20 piano and cello concert with Emanuel Ax and Yo Yo Ma. Call x2325 for information or to make reservations. Brochures are available.

The *Portland Stage Company* offers MMC employees a 5% discount on season tickets. The 1982 season begins October 24 with "Getting Out," by Marsha Norman. Other plays this season are "Gardenia," "How I Got that Story," "The Dining Room," "A Lesson from Aloes," and a to-be-announced world premiere of a new play to be chosen in a national competition by the Foundation of the Dramatists' Guild. For brochures, information, and reservations, call x2325.

## New offer will help discounters get high

The latest addition to the MMC Employee Discount Program is *International Mountain Equipment*, located in the Old Port in Portland and in North Conway, New Hampshire. IME is an outdoor equipment shop specializing in climbing and mountaineering gear. The offer is a 10% discount on any nonsale item from now until November 30. A Photo ID must be presented in order to obtain the discount. Catalogs showing the store's selection of hand-picked, quality gear are available from Joyce Decesere in Payroll, or at either store.

## New Employees

**NURSING:** Patricia Anderson, Lynne E. Arsenault, Elizabeth Ballard, Katherine Barton, Susan Benoit, Sharon Berry, Lucia M. Biondi, Marguerite Blattner, Sheri Bridges, Ellen Chamberlain, Gloria Coffin, Nancy L. Crosen, Sister Lucy Cyr, Lise Desjardens, Gloria Fellows, Nancy Garcia, Sandra Gioro, Linda Grant, Fred Held, Marcia Hollenbeck, Karen Hamilton, Barbara Keeley, Cindy Kempe, Denise Lashua, Wendy Marston, Robyn Mathieu, Donna Mobley-Mohon, Susan Pickrell, Catherine Piper, Mary Pride, Maribeth Quinn, Kimberly Rand, Sharon Randall, Eileen Riotto, Jeanne Rogers, Carla Rybeck, Deborah Scully, Pirun Sen, Karen Shepard, Lynn Terres, Diann Tonneson, Joan Townsend, Cynthia Tyler, Lynda Werner



**ABC, JR.,** a new offspring of the Friends of MMC's Anti-Boredom Cart, has been a grand success among high-risk mothers-to-be, many of whom are hospitalized for weeks or even months. Guided by volunteer Marge Fralich, patients learn to make cross-stitch embroidery squares, and their combined work eventually becomes a baby's quilt. As each quilt is completed, all patients who worked on it draw to see who will win it. Pictured here, Mrs. Fralich and patient Mary Boardman put the finishing touches on the latest product. (A/V Photo)

## MMC Board approves staff appointments

Costas T. Lambrew, M.D., Acting Vice President for Health Affairs, announces the following appointments to the Medical Staff as approved by the MMC Board of Trustees:

Joel Botler, M.D., Associate Medical Staff, Department of Medicine, Division of Internal Medicine.

Michael Knowland, M.D., Associate Medical Staff, Department of Otorhinolaryngology.

Curtis L. Wichenbach, M.D., Associate Medical Staff, Department of Medicine, Division of Gastroenterology.

Carlton E. Fairbanks, D.M.D., Associate Medical Staff, Department of Dentistry, Division of Oral Surgery.

Robert A. Haines, Jr., M.D., Associate Medical Staff, Emergency Department.

David W. Lynch, M.D., Associate Medical Staff, Department of Pediatrics.

Walter B. J. Schuyler, Jr., M.D., Associate Medical Staff, Department of Ophthalmology.

Henry D. Storch, M.D., Courtesy Medical Staff, Department of Medicine, Division of Cardiology.

Geoffrey W. Wagner, D.D.S., Associate Medical Staff, Department of Dentistry.

Peter Wilk, M.D., Courtesy Medical Staff, Department of Psychiatry.

Doris S. Pennoyer, M.D., Active Medical Staff, Department of Medicine.

## FRIENDS, from page 1

An auxiliary group established in 1959, the Friends assume responsibility for several Maine Medical Center programs including "Preview for Parents," a program held for approximately 165 expectant mothers and fathers each month to acquaint them with the hospital and staff involved in caring for their new baby. Friends also staff the four Red Cross Bloodmobile drives held each year in the hospital, and they provide more than 3,000 "Friendly Dragon" hand puppets given annually to young pediatric patients.

The Friends provide equipment and financial support for their projects designed to maintain and strengthen communications with patients. Dues, gifts and memorial funds support the Friends' many projects which also include stocking and staffing a Craft Cart for long-term patients.

## New Employees

**PULMONARY MEDICINE:** James A. Booth, Joseph E. Guay

**FOOD SERVICE:** Marilyn Campbell, Thomas Cellucci, Evelyn Leighton

**DATA ENTRY:** Brenda C. Simpson

**FOOD SERVICE:** Elaine S. Ballute

**OPERATING ROOM:** Helen M. Dyer, Michael J. Jackson, Lorie O. Jewell



# Marketplace

**FOR SALE:** 1978 Dodge B-200 van and windows, 3 seats, very good condition. One owner. \$2,300. Call 966-3624.

**FOR SALE:** Lovely Western Prom colonial home with income. Stained glass, oak wainscoting and fireplaces add to the charm of this 3+ BR home. \$122,500 by owner. Call 772-3427 after 5 PM.

**FOR SALE:** A lovely, well-maintained 3 or 4 BR saltbox in Country Gardens, So. Portland. Exc. location, convenient to schools, shopping centers, hospitals and I-295. Hardwood floors and a family room in basement. Formal dining room and living room. Nicely landscaped with many trees. Call for details, Bill Malone, office 797-3116, res. 797-9364.

**FOR SALE:** House for sale by owner. Short walk to MMC. 4 BR home with in-law apt. \$47,000. For appointment, call 774-0853.

**FOR SALE:** Yarmouth Cape on approx. one acre w/garden. 3-4 BR, 1 bath, lg. eat-in kitchen, full basement w/Vigilant wood stove. Asking \$61,900. Very low taxes. Below market financing available to qualified buyer. Call 846-9665 after 6 PM.

**FOR SALE:** Inflatable dinghy with oars. Two person (400 lb.) capacity, \$27. Woodsman's log rest, nearly new, \$20. Call 799-7979.

**FOR SALE:** 1 Kitchen Aid dishwasher; 1 Philco stove (30"); 1 Nutone fan (42"). Call 846-9331 after 5 PM.

**FOR SALE:** Picture window. Rough opening, approx. 9'8" x 5'. Single glazed, 40 panes, Great for a summer camp. \$150 or best offer. Call 883-9485 mornings.

**FOR SALE:** Stereo system, Pioneer receiver, Advent speakers and Garrard turntable. \$400. Call 775-0477.

**FOR SALE:** 10 fixed sash windows, 4' 10" x 30. Ideal for winterizing a sun porch or summer camp. Call 797-8285.

**FOR SALE:** Nurses' white uniforms and colored tops. Different colors and styles. Like new, very reasonable. Size 7/8-9/10. Call 846-9925 after 5 PM.

**FOR SALE:** Moving, must sell: couch, \$90; DR table w/4 chairs, \$60. Call 775-3371.

**FOR SALE:** Old street lights - gas, now electric. \$400. Call 772-6018.

**FOR SALE:** Crazy quilt - bright colors, mostly red. New. \$150. Call 772-6018.

**FOR SALE:** Gas dryer, white, good condition. Best offer. Call Gloria 772-9685.

**FOR SALE:** Kenmore gas dryer, 4 yrs. old. \$200 or best offer. Call 846-3992.

**FOR SALE:** Full size mattress, in exc. cond.; also, electric heater. Call between 10 AM to 3 PM, 774-5423.

**FOR SALE:** 1975 Olds Cutlass, 86k miles, captain's chairs, 2 doors, vinyl roof, power steering and brakes, new radials and tilted wheel. \$1,800. Call 774-3453.

**FOR SALE:** Oster kitchen center. Cost \$180 new. \$100, never used. G.E. toaster oven, \$60 new. \$40, never used. Call 774-7938 after 5 PM.

**FOR SALE:** 13 cubic ft. manual defrost Kelvinator refrigerator bought in 1981 (\$393). will sell for \$275 or consider best offer. Call Deborah, x2911.

**FOR SALE:** White enamel Queen Atlantic wood gas kitchen range. Needs some work. \$175-\$200 or reasonable trade for wood or hay; rack for top of van or adjustable to car (54" wide, 108" long). Excellent, sturdy. \$100. Call 929-3795.

**FOR SALE:** 1 Sears dryer; 1 GE dryer; Lazy-Boy recliner chair; RCA stereo console - pecan cabinet; upright freezer, needs work. call 774-1722.

**FOR SALE:** 1974 Peugeot sedan, new radials, new exhaust system, AM/AM stereo cassette. \$1,200. Call 775-0471.

**GIVE-AWAY:** Two lovable female money kittens about 1 year old. Trained to go outdoors. Cannot keep. Please call ext. 2894.

## what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Barbara Burns, Editor.

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**FOR RENT:** Ski area, Mt. Abrams. Modern, fully furnished (except linen), 3 BR (sleeps 6), full bath, log cabin. Field-stone fireplace, elec. heat, walking distance to ski lodge. Asking \$500 for Christmas week. \$1,200 a mo. or \$400 a week, for January and February. Sec. dep. needed. Call 775-1992 after 5 PM.

**FOR RENT:** First time avail. Located in historical Stroudwater area, about 3 minutes from MMC. Mostly complete restoration done to retain early 1700 style. All utils. incl. Lease and sec. dep. \$450/mo. No pets. Call 774-0224 eves. for appointment.

**FOR RENT:** Brackett St., near Danforth. All new studio apt. New kitchen, new bath w/shower, Liv-bed, w-w carpet, southern exposure. \$275/mo., heat included. Ref., sec. dep. Call 773-1268.

**FOR RENT:** Clean studio apt. suitable for one person, all utils. incl. Non-smoker. Call 774-0514.

**FOR RENT:** Small 4-room apt., very quiet bldg., Waterville St., pets welcome. Call Lynn, 775-2112 evenings.

**WANTED:** Roommate, M/F to share 2 BR apt. with couple. Parking, one minute from MMC. \$120/mo. Call 774-1558.

**WANTED:** Roommate, prof. M/F, 25-30, to share spacious 2 BR apt. in Portland. Great location, skylights, parking. \$200 incl. heat. Call 774-8030 eve.

**WANTED:** Experienced medical secretary seeking position. Call after 6 PM, 781-2688.

**WANTED:** Mother of two young children in So. Portland area looking for other mother to switch one day of child care per week. Call 767-3438.

**FREE:** Black and white kittens. Approx. 6 weeks old. Call Barbara, 799-8933.

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