# What's Maine Medical Center Portland, Maine 04102 happening

Vol. 14, No. 10

TO MEET THE NEED

MAINE MEDICAL CAPITAL CAMPAIGN

THE NEED

HOSPITAL EMPLOYEE DIVISION

MICHAEL KAN BEHAAN

ADDITION

FIRST TO MEET THE NEED

HOSPITAL EMPLOYEE DIVISION

FIRST THE NEED

ADDITION

FIRST THE NEED

FIRST THE

TEAM CAPTAIN NANCY SHELDON, RN, helps Employee Campaign Chairman Mike Kilmartin adjust the campaign thermometer at the September 24 progress meeting. The tally after that meeting exceeded \$200,000, and was expected to go over \$275,000 at the second meeting October 1.

## Stress addressed by October HEC series

Next week, many Portlanders will have a chance to take a professional seminar on stress management at no charge, and without leaving their homes. Health Education Channel 23 is presenting *Stress Management*, a fourpart series to be cablecast on the Portland Public Cable system.

The course is led by Portland psychotherapists Greg and Rosalie Byrer, who will take a group of five volunteers through the process of understanding stress, identifying its sources, and learning to manage it. Viewers can follow the process, and a viewer's guide is available for more intimate participation.

Part 1 of the series will be cablecast at 12 Noon and 7:00 PM October 11, STRESS, page 3

October 6, 1982

## Credit Union members get lot of good news

The Medical Services Federal Credit Union has announced a major addition to its services, to come about early next year. MSFCU will join InstaCard, making that service's convenience available to qualified share draft account holders. InstaCard now has 58 locations throughout Maine, offering deposit and withdrawal service to customers of participating financial institutions.

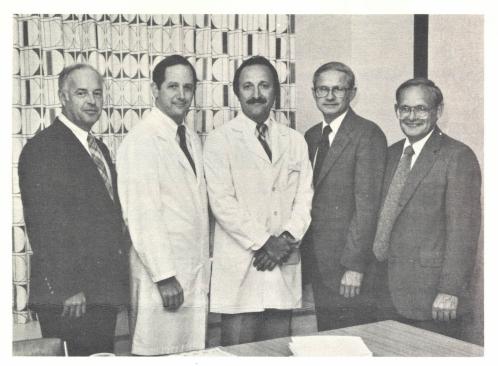
A new dividend program that became effective October 1 -- one the MSFCU Board of Directors says is more beneficial to large savers than certificates of deposit -- will offer split rates based on the amount in a share account. Basically, the higher the balance in a share account, the higher the dividend, up to 10% for accounts of \$5,000 and higher.

The Credit Union's Board has also approved new, lower loan rates effective

MSFCU, page 2

# The Tooth Fairy lives

AND IT'S IMPORTANT TO SIGN UP YOUR DEPENDENTS THIS MONTH IF YOU WANT THEM TO HAVE FULL COVERAGE. CALL THE EMPLOYEE BENEFITS OFFICE AT X2973 WITH ANY QUESTIONS.



MMC'S MEDICAL STAFF elected executive committee members at their Annual Meeting held in September. Donald A. Leeber, M.D. (center), was re-elected president. Newly elected were (from left): executive committee members-at-large John W. Barrett, M.D., and F. Stephen Larned, M.D.; Clement A. Hiebert, M.D. (second from right), is the new president-elect, and Frank Read, M.D. (right), was elected secretary-treasurer. (A/V Photo)



DOLLYTHE TROLLEY stops at Maine Medical Center on one of her pilot bus route runs through Portland. Sponsored by the Greater Portland Transit District and the Intown Portland Exchange, the trolley, a reproduction of days of transit past, may become a permanent summer fixture in the city. (A/V Photo)

## MMC model on display in Admitting Lobby

The MMC Admitting Lobby has a new point of interest, with the addition of a scale model of the proposed construction project for the MMC complex. The model was created by the architects for the project, Shepley Bulfinch Richardson and Abbott of Boston, as the best possible way for people to see exactly what the project would look like.

As a model, of course, some details are omitted or simplified. The omission most commonly asked about, for instance, has been the pedestrian access to the parking ramp. Rest assured, there will indeed be a pedestrian bridge similar to the present one. It will run from the ramp to the second level of the new building.

A box has been provided near the model for submission of questions and concerns about the building program. Also, Private Line (x2746) will be open for questions about the project. The box will be checked daily, and the Private Line answerphone, as always, will be played out daily.

If you have any questions about the building program, and the answers are not available in *What's Happening* or from your supervisor, please take advantage of either the box or Private Line. Someone will get back to you as soon as possible.

MSFCU, from page 1\_

September 21. Included in the new schedule are rates of 14% for new cars, 16% for cars up to three years old, and 18% for cars older than three years. Details on down payments and information on other types of loans are available at the MSFCU office.

Over 1,000 MSFCU members will be receiving \$475,000 worth of Christmas Club checks soon, and new clubs start November 1. The rate on 1983 clubs will be 7%, the same as 1982.

Information on all Credit Union programs is available at the MSFCU office or by calling 871-2811.

# Nursing Continuing Education Program

 Acute Renal Failure, Paul Parker, M.D. (1 CEARP requested)
 October 12, 1982

8:00 AM, R9 Conf. Rm. 3:30 PM, R9 Conf. Rm.

For further information, please contact Staff Development at x2397.

#### Saturday's subject: history of medicine

History buffs -- no matter what their professional calling -- are invited to the October meeting of The Maine Society for the History of Medicine. The program, presented in conjunction with Maine Medical Center and in recognition of Portland's 350th birthday celebration, will be presented at 1 PM Saturday in Classrooms 3 and 4 at MMC.

Surgery in Colonial America is the subject to be presented by John J. Byrne, M.D., FACS, Professor of Surgery and Socio-Medical Services at Boston University School of Medicine; and Earle C. Shettleworth, Director of the Maine Historic Preservation Commission, will present The Architectural Evolution of Maine Medical Center.

An exhibit of medical memorabilia from the archives of Maine Medical Center will be presented by Debbie Thurston of MMC's Health Sciences Library.

The society's membership is open to all residents of the State of Maine who share an interest in the history of medicine and its purpose, generally, is to provide a forum for research which may help to document or illustrate that history. The society provides for the preservation of any medical historical material that comes into its possession, and as far as possible, makes the material available to all who wish to study it.

For more information about the society or the Saturday meeting, call Benjamin Zolov, M.D., 773-4682; Keith Megathlin, M.D., 774-9839; or Richard Kahn, M.D., 594-9511.

#### STRESS, from page 1\_

12, and 24; Part 2 at 12 Noon and 7:00 PM October 13, 14, and 25; Part 3 at 12 Noon and 7:00 PM October 18, 19, and 26; and Part 4 at 12 Noon and 7:00 PM October 20, 21, and 27. A live call-in session is scheduled for 7:00 PM October 28, during which viewers may direct questions to Greg and Rosalie Byrer.

The series is produced by the non-profit Health Education Channel, Inc., a consortium of health-related organizations that includes Maine Medical Center. This production was funded by the Bureau of Health of the Maine Department of Human Services. The viewer's guide is available by sending \$2.00 to HEC, Inc., 22 Bramhall Street, Portland, Maine 04102.

Maine Medical Center's roots are deep in the community of Portland. Since the founding of Maine General Hospital in 1868, Maine Eye and Ear Infirmary in 1886, and Children's Hospital in 1908 -- all of which came together in 1951 to become MMC -- the tradition of service to this City's people has been a point of pride.

It seemed appropriate to express that pride during the City's 350th birthday celebration, so MMC chose to participate in the Gannett Publishing Company's Celebration 350 special edition published in May. Last month Gannett honored the "best advertising created" for its special edition and, from among 210 advertisers, MMC was awarded two "best" places: First Place for Best Ad Created by a Business (as opposed to an ad agency); and Second Place for Best Small Space Ad (less than ½ page) by a business or ad agency.

We're reprinting the ad in What's Happening partly to share the pleasure in the award, but mostly for the benefit of employees who may have missed it in May because the message it carries, though simple, is important for us all.

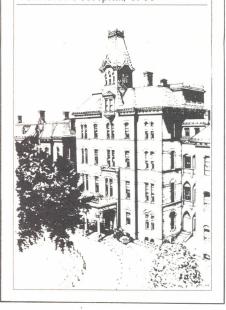
The ad -- content and concept by the Public Information Department, artwork and design by Audio/Visual Resources -- is reproduced here at half its published size.

While nonprofit institutions are not generally able or inclined to "advertise" themselves, the message in this instance seemed one worthy of the extra effort. So Public Information and the Development Office dug deep into their budgets to share the cost of the ad.

## With deep pride in a history shared with PORTLAND and her people...

#### Maine Medical Center

Maine General Hospital, 1868 Maine Eye and Ear Infirmary, 1886 Children's Hospital, 1908



## Bowlers set to swing into the fast lane

The MMC Swingers tenpin bowling league is starting up at the Pride's Corner Bowling Center. Beginners and experienced bowlers are welcome to join the league, which meets every Wednesday morning through April. Child care is available.

If interested, call Gene or Colette on R3 during the evening shift.

### New Employees

OUT PATIENT: Carolyn M. Noe HOUSEKEEPING: James Gallant, Sr. LINEN PROCESSING: John Freitas, Sr. MEDICAL REHAB: Melvyn E. Attfield NURSING: Sheri Farthing

PHYSICAL THERAPY: Michael Belcher PSYCHIATRY: Susan Snow-Perry RESEARCH: Christine Wissley

#### Please Note

Director of Library Services Robin Rand advises that on October 1, 1982, the Countway Library of Medicine at Harvard University will institute a fee for the use of the facility. The per diem fee is \$5, for access only, and there are weekly, monthly, and annual schedules as well. Rand says the large number of local people who use the Boston resource should be aware of the new policies and check directly with Countway for more information.

#### Thanks...

I would like to thank everyone who contributed to the fund for me during my recent bereavement and hospitalization.

Laurel S. Smith, RN Night Float

### Marketplace

FOR RENT: 1 BR apt. on Deering St., near MMC. Suitable for single person. No pets. \$275 includes all utils. Call 775-3265.

FOR RENT: On water with view of Portland skyline. 1 BR, w-w, new appliances including dishwasher. 2-car parking. Heat, hot water, and electricity paid. \$455/mo. Call 767-4641.

FOR RENT: Higgins Beach, furnished 3 BR house. \$375/mo. Call 772-5232.

ROOM FOR RENT: Cumberland Ctr., furnished room w/house privileges for professional female. \$50 per week. Call 829-3086.

FOR SALE: Scotts reel-type lawn mower, almost new, \$20; Toro cordless trimmer, weeder used two times, \$35; lime & fertilizer spreader, roll type, \$7. Call 797-6008.

FOR SALE: Maine coon kitten, male, home raised, well-bred, has shots. 11 wks. old. \$50. Call 773-6292.

FOR SALE: Snow tires, 78-15 size with rims. Used one winter only. \$35 ea. Call collect mornings, 324-2764.

FOR SALE: Snow tires, GR 78 x 14, 2-ply steel-belted radials, white walls. Used for only 3 mos. Both for \$60 or best offer. Call 799-4568.

FOR SALE: Minolta pocket camera with case and flash; Magnavox stereo console, like new. Best offer on both. Call 799-8649.

FOR SALE: 1976 Datsun 610, 2-door hardtop, 48,000 miles, new steel radials, incl. snow tires. No rust, new paint. \$1,600. 892-5383 after 6 PM.

FOR SALE: Woodstove, new, Jotul model 118, green enamel, holds a 24" log. \$750. Call after 5 PM 797-3948.

FOR SALE: Ladies' 10-speed bicycle w/safety child seat attached. Asking \$60. Call 774-2103 before 7:30 AM weekdays.

FOR SALE: 1976 Toyota Corona Sedan, 5 speed, 30 mpg, \$1,000 or best offer; call 799-2339 eves.

FOR SALE: Glass fireplace door, 34" x 33" or smaller. \$20. 774-7479.

FOR SALE: 1 Sears dryer; 1 GE dryer; Lazy-Boy recliner chair; RCA stereo console - pecan cabinet; upright freezer, needs work. Call 774-1723.

FOR SALE: 10 combination aluminum windows, varied sizes; 1 aluminum outside door. Call after 6 PM 856-6261 or 854-9661.

FOR SALE: 1 colonial style sofa-bed, needs some repair, also a couch which also needs repair. Best offer. Call 774-1558.

FOR SALE: Moving, must sell thriving hives of bees and equipment. Also, galvanized honey extractor (manual). Will sell all or divide. Make an offer. Call Debra x2911.

FOR SALE: Two side-by-side grave sites. Brooklawn Cemetery, current asking price \$565, will sell for \$500. Price negotiable. Call 775-3580.

FOR SALE: 1977 Ford E-150 custom window van, captain's chairs, smoked windows, roof vent, two heaters, P.S., P.B., Pirelli radials, AM-FM/tape deck, V-8, 42,000 miles, \$3,200 or best offer. Call 797-8900.

FOR SALE: 1973 VW, exc. cond., good mpg, very dependable. Must be seen to be appreciated. \$1,595. Call after 5 PM 854-5807.

FOR SALE: Vermont Castings Resolute coal kit & scuttle. Used one season. \$125. Call 929-6530 eyes.

WANTED: Two females age 24 seek female of same age for a 3 BR apt. near MMC & USM. Rent \$90/mo. plus 1/3 of utils. incl. heat. 773-2687.

WANTED: Person to share homey, quiet house w/lady near ocean in Portland. Large yard, parking. Pleasant area. No cigs./pets, please. 772-3468, M-F after 5:30, anytime weekends.



WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Barbara Burns, Editor.

Contributors to this issue:
Wayne L. Clark, Public Information
Sheila Roy, Public Information
Mary Corey, A/V Resources
Larry Gorton, A/V Resources
Charlotte Hurd, A/V Resources
Judy MacKenzie, A/V Resources
Leigh Whittemore, A/V Resources
George A. Drew, Print Shop
Henry J. Guiod, Jr., Print Shop
Jim Stewart, Print Shop

WANTED: Professional male, 32, seeks female roommate to share house. So. Portland area. \$225/mo. plus utils. Call 799-7231.

WANTED: Female roommate, nonsmoker, prefer someone who works days. Beautiful old captain's home in Woodfords area. \$187 plus heat. Call Donna at 775-2667.

WANTED: Babysitter in Cape Elizabeth home for 2 children, ages 5 mos. and 3 yrs. Mon.-Fri., 12:00-4. Call 767-4675.

BABYSITTING: Will babysit in So. Portland home, 5 mins. from MMC. Flexible hours. Refs. Call 799-8649.

WANTED: 2 BR apt. or house sharing near MMC. Have dog and cat. References. Call Debra x2911.

WANTED: Small boat trailer. Call 774-0381.

HOME REPAIRS and general carpentry services available. Call 774-4899 or 772-4637.

PAINTING: Interior/Exterior. Quality work at reasonable rates. Call Joe at 773-0934 between 5 to 9 PM. Free estimates

## New Employees

CENTRAL SERVICE: Julia E. Gagne, Barbara C. Maddin

FOOD SERVICES: Joseph W. Lock, David A. Tinkham

HOUSEKEEPING: Annette B. Mason, Donald W. Peaco

MED TECH SCHOOL: Crystal Sands PUBLIC INFORMATION: Sheila Roy PULMONARY MED: Gerald E. Beach, Dennis P. Conroy, Keith Samolyk



NON-PROFIT ORG.
U. S. POSTAGE
PAID
Portland, Maine
PERMIT NO. 35