

what's happening

Maine Medical Center
Portland, Maine 04102

Vol. 13, No. 38

April 21, 1982



NATIONAL MEDICAL LABORATORY WEEK at MMC included guided tours of the Conley Labs. Above, Assistant Supervisor of the Histology Lab Diane Lemire, ASCP-HT, explains the workings of her laboratory to interested visitors. The hourly tours covered all areas of the labs, and a display area provided a view of the complex functions performed by medical laboratory technicians. (A/V Photo)

Diabetes workshop is scheduled for nurses

The Diabetes Challenge — 1982, a workshop for professional nurses, will be held Thursday, May 20, 8:00 AM - 4:30 PM, at Verrillo's Red Coach Grille and Convention Center, Exit 8 of the Maine Turnpike in Portland. The morning speaker is Rita Nemchik, RN, MS, Coordinator of Continuing Education, University of Pennsylvania, Philadelphia. Ms. Nemchik is a past president of the American Association of Diabetes Educators and has presented numerous conferences on the topic of diabetes.

Mini-sessions in the afternoon will be led by Harry W. Bennert, M.D., a

Portland obstetrician; Mary Keysor, RD, Assistant Director of Food and Nutrition Services, Maine Medical Center; Debra Perkins, RN, Clinical Nurse Specialist - Diabetes, Maine Medical Center; and Ms. Nemchik.

The program is sponsored by Staff Development, Department of Nursing, Maine Medical Center, with a contribution from the Elton R. Blaisdell Diabetes Education Fund. There is no fee for Maine Medical Center Nursing employees, but a \$45 fee will be charged for others. Deadline for registration is May 10, 1982. For further information, contact Phyllis Bastone, RN, Staff Development, at x2397.

Family physicians to view workplace

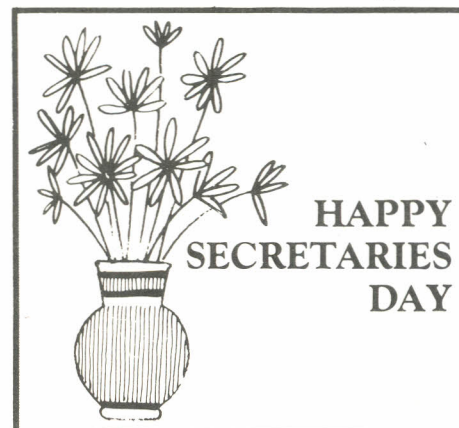
Local, state and national occupational health problems -- and how to solve them for the 80s and 90s -- provide the topics of the day for the fifth annual Robert M. True, M.D., Memorial Symposium on April 30. "Health in the Workplace" is the theme of the symposium which also serves as the Spring meeting of the Maine Chapter, American Academy of Family Physicians.

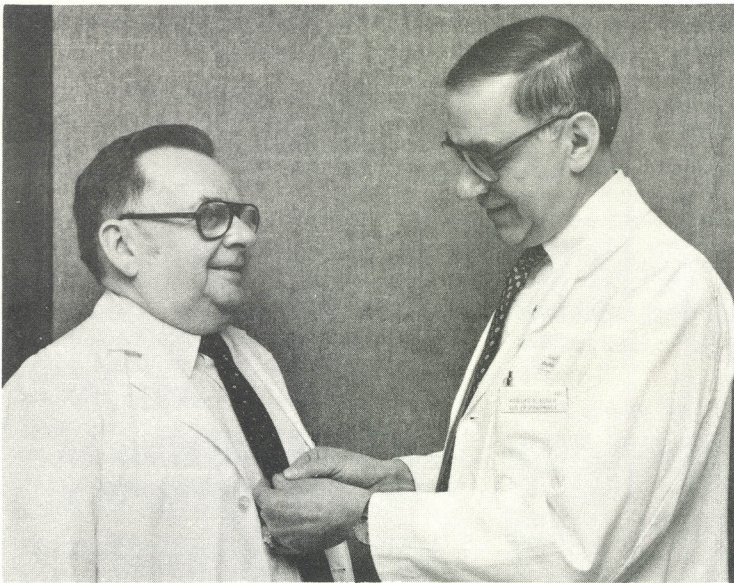
The day-long program, sponsored by the Department of Family Practice, Maine Medical Center-Mercy Hospital, will take place at the Red Coach Convention Center in Portland.

William Nersesian, M.D., Director of the Maine Bureau of Health, will discuss local and state issues while Eula Bingham, Ph.D., Interim Vice President and University Dean for Graduate Studies and Research at the University of Cincinnati, will address national issues. Other panel and speaker programs include: "Initial Disability Assessment," "Assessment of the Workplace," "Workman's Compensation," "Hearing Loss Prevention in Noisy Environment," "Occupational Dermatitis: A Clinical Perspective," and "Directions for the 80s."

The faculty includes physicians in local practice as well as physicians

SYMPOSIUM, page 3





From Pharmacy: Director Robert Auger, right, and Richard Drew both received 10-year awards.

Almighty God, on this joyous occasion when tireless workers receive awards for unswerving loyalty, we thank thee.

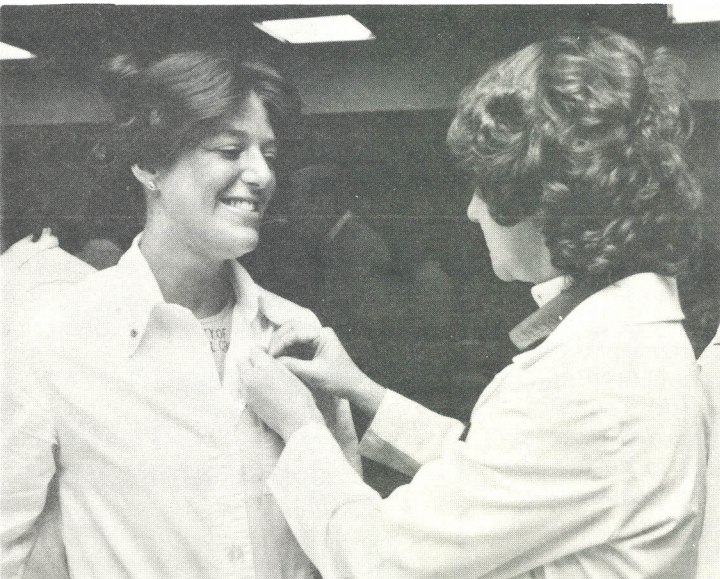
For the opportunities to serve humanity in various and unique roles and ways, we thank thee.

Continue to give President Andrews courage to face the awesome pressures of hospital administration, the Trustees the continuous vision of this as one of the finest hospitals in the Northeast, and all of us a renewed devotion to keeping peace within.

As peace abounds, do not allow us to yield to the gripping vice of low thoughts, rather give us quiet minds so we will always be able to feel the pain of the sickly, understand the conflict of the ill and continue to respond appropriately to the needs of the patients — no matter in what condition or state.

And now, may it be said that these awards are worn with pride and accomplishment. Amen.

*Chaplain John Simpson, D. Min.
Invocation at April 12 Awards Coffee*



Linda Dodd, RN, receives 5-year pin from Nursing Vice President Judy Stone.



Receiving 25-year awards from President Andrews are, above, Grace Stillings, RN, Float Nursing, and Gloria Stover, RN, Utilization Review.



Thirty-year employees, from left: Eleanor Littlefield, RN, Virginia Andreason, Social Services, and Edith Harris, Medical Records Director.

SYMPOSIUM, from page 1

specializing in occupational/environmental medicine and directing programs at various state or federal levels.

The symposium is intended for physicians, family practice physicians, both allopathic and osteopathic, primary care internists, nurses, directors of personnel, employee health professionals, and others interested in the field of occupational health. Members of the Maine House and Senate have been invited.

Maine Medical Center and Mercy Hospital have accredited the program for six Category I hours; The American Academy of Family Physicians has granted six Prescribed hours; and the Maine State Nursing Association has been asked to approve seven contact hours.

Deadline for registration is Friday, April 23. Registrations will not be accepted at the door on Symposium day. Cost for the full day, including luncheon, is \$40. For registration information contact J. Philip Nelson at the Family Practice Unit, 272 Congress St., Portland 04102, or telephone 871-2781.

Health planning topic of scheduled talks

On three separate occasions in late April and early May Vice President for Planning and Public Affairs Donald E. Nicoll will discuss the topic "Planning in Health Care" in open session. Case studies will be used in these sessions to enable participants to experience first-hand some of the complexities of the long-range planning process that is of increasing importance to health care institutions nationwide.

Originally, this program was offered specifically for supervisory and management personnel. However, since the topic should be of interest to a broad range of MMC staff, all three presentations are now being opened to all employees.

Since space is limited, advance registration is required. The times, dates, and locations of the presentations (same presentation offered three times) are:

Monday, April 26 1:00 - 3:00 PM
Classroom 2

Tuesday, May 4 4:00 - 6:00 PM
Classroom 2

Monday, May 10 8:00 - 10:00 AM
Classroom 2

For information or registration, please call Gladys Posnick, x2824.

MMC Employee Photo Contest



‡ The contest is sponsored by the Departments of Audio/Visual Resources and Public Information.

‡ All part-time and full-time employees are eligible, as well as volunteers and members of the medical staff.

‡ There will be five categories: 1) people, 2) animals, 3) scenic, 4) Black and White open, and 5) snapshot.

‡ Entries shall be in the form of prints (no slides). The prints may be any size, but must be unmounted and unframed.

‡ Each entrant may enter any number of prints in as many categories as desired.

‡ The following information shall be attached to the back of each print on a separate piece of paper: title of print (if any), entrant's name, department, telephone number, and category entered. No name or other information is to be visible on the front of the print.

‡ Prints shall be submitted to the Public Information Office (MGH-1) before 5 PM, May 19, 1982.

‡ There is no entry fee.

‡ Entries will be judged by a panel of experts from the Greater Portland community. Their decisions shall be final.

‡ First, second, and third places will be awarded in each category. The judges may also award special citations if they desire, or refuse to award a place if they feel no entry is qualified.

‡ Winners will be announced June 9, 1982.

‡ All possible care will be exercised in handling entries, and the prints will be returned after the contest. However, the sponsors cannot be held liable for damage or loss.

Please Note

Don't forget the Downeast Used Book Sale, April 29 - May 1. The sale runs 10 AM - 9 PM Thursday, 10 AM - 6 PM Friday, and 9 AM - 3 PM Saturday. Come to the South Portland Armory at 680 Broadway (right across the bridge at the end of Waterman Drive) for bargains to benefit the medical libraries and health education at Maine Medical Center and Mercy Hospital.

Teen forum series goes to the source

The Maine Region I Adolescent Pregnancy Program will present the seventh in its series of forums on adolescent issues Monday, April 26, Noon to 1:00 PM, in Maine Medical Center's Classrooms 3 & 4. Forum #7 is a presentation by teen parents from the Teen Parent Services Program: "What it is like for us."

Marketplace

CHILD CARE: Pediatric nurse willing to do child care mornings beginning in May. Terms negotiable. Call Nancy at 774-0246.

FREE: To good homes. Kittens - 2 males, 2 females. Call Diane Leighton at 773-4175 after 4:30 PM.

FOR RENT: In Cape Elizabeth. 2 BR townhouse apt. Semi-furnished. Avail. May 1. \$260/mo. plus utils. All appliances. Call 767-3104.

FOR RENT: 53 Rowe Ave. (Nason's Corner) in Portland. 3½ RMs with modern bath. Hardwood floors, heated. Parking. \$260/mo. Sec. dep. Call 773-3611.

FOR RENT: 2 unfurnished apts. on Western Prom. 1 and 2 BR. Both with LR, private baths, stove and refrig. Rent includes heat and all utils., parking. \$325/mo. and up, plus sec. dep. Call 775-0970.

FOR RENT: Sebago Lake in Raymond. 2 BR, appliances, carpeting. \$350/mo. plus utils. and heat. Sec. dep., lease. Adults. 655-7295.

FOR SALE: 200 mm Vitivar lens and haze filter. Call 774-8749 between 1 and 2 PM.

FOR SALE: Children's clothing sizes 2T, 3T, 4T, including Izod shirts and size 3 pack boots. Headstrom baby stroller, \$20. Baby walker, \$10. All in ex. cond. 772-5103.

FOR SALE: In Falmouth Foreside. Lovely water view, sundeck, private beach and neighborhood, landings, 3 BR, 1½ bath bungalow. Large garden lot, garage. \$79,500. 773-5163 after 6 PM.

FOR SALE: Yamaha GT 80 dirt bike. Ex. cond. New chain, sprockets, rear tire. Asking \$300. Call 839-6538 after 5 PM.

FOR SALE: HO scale Chessie System Train. Comes with track, power pack, two engines, 8 cars and horn. Asking \$40 or best offer. Call 839-6538 after 5 PM.

FOR SALE: West End townhouse, by owner. Spacious 3-story, on quiet residential street. In Western Prom area of Portland. Designed by John Calvin Stevens. LR, DR, KT, 2 baths, 7 BRs, fenced backyard, private parking. \$94,000. Call 772-0666.

FOR SALE: Antique oak double bed - original box springs, \$100. Pine grain bin, \$250. Spool cradle \$60. 772-6018.

FOR SALE: Pair of used L. L. Bean boots in great shape, size 6, \$12. Panasonic stereo cassette player with earphones, \$50. Call 799-0991 and keep trying between 3 and 10 PM.

FOR SALE: Commercial steam cleaner and 2 overhead doors. Make offers. Call 773-4142.

ROOMMATE WANTED: Female seeking responsible female to share nice 2 BR apt. at Forest Glen. Need bedroom furniture only. \$170/mo. plus elec. heat. Avail. May 1. Call Judy at 797-8770.

Nursing Continuing Education Programs

• *Use of Cardiac Enzymes in the Diagnosis of Myocardial Infarction*, Karl Sze, M.D.

April 27, 1982 8:00-9:00 AM & 2:00-3:00 PM Clrm. #2

• *Care of Patients with Harrington Rods*, Rebecca Blanchard, RN

April 29, 1982 8:00-9:00 AM & 2:00-3:00 PM Recovery Room
(1 CEAP)

• *Communicating with Parents*, Pat Todorich, RN

April 29, 1982 2:00-3:00 PM R1 Conf. Room
(1 CEAP)

For further information, please contact Staff Development at Ext. 2397.

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WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Barbara Burns, Editor.

Contributors to this issue:

Wayne L. Clark, Public Information
Cary Johnson, Public Information
Mary Corey, A/V Resources
Larry Gorton, A/V Resources
Charlotte Hurd, A/V Resources
Judy MacKenzie, A/V Resources
Leigh Whittemore, A/V Resources
George A. Drew, Print Shop
Henry J. Guiod, Jr., Print Shop
Jim Stewart, Print Shop

ROOMMATE WANTED: Female non-smoker wanted to share my 2 BR house near MMC. \$150/mo. plus ½ utils. Call Nancy at 774-0246 anytime.

ROOMMATE WANTED: Male/female to share 2 BR apt. on the Eastern Promenade. \$157.50/mo., heat and hot water included. Laundry facilities, off-street parking. 774-6338.

WANTED: Apt. or housesitting situation for new resident and family in nice neighborhood. Need 2 BRs minimum. Call collect 1-617-536-6294.

WANTED: Secondhand men's or ladies' golf clubs. Call 871-2707.

WANTED: Personal care attendant for young, disabled woman. 7-14 hours per week. Housekeeping, errands, cooking. Car and flexible schedule necessary. Call Ann at 772-7933, 12 Noon-9 PM.

LOST: In hospital on April 8 - red ski hat and fleece-lined brown gloves. Contact Dr. Carter, RP 181.

Happy Spring!



Don't forget to turn your clocks

AHEAD

one hour at 1 AM Sunday, April 25