

# what's happening

Maine Medical Center  
Portland, Maine 04102

Vol. 13, No. 20

December 16, 1981



**SANTA DROPPED BY MMC** last week to see his friends on Pediatrics. In the playroom he painted a while with T. J. Jordan, 3, then stopped to talk with Kris Thurston, 8. Westbrook Police Investigator Ron Allanach and McGruff the Crime-Fighting Pooch accompanied Santa and visited with Kelly Roussel, 4, who was also visiting. (A/V Photos)

## MMC Volunteers praised for dedicated service

More than 100 of Maine Medical Center's volunteers heard their service to the hospital praised as "immeasurable" and "extremely valuable" during the recent annual Volunteer Recognition Day. The ceremony was held to honor 106 men and women who have donated a total of 141,500 hours of their time to MMC. Individual service ranged from 100 to 11,000 hours, but as Audrey Gough, Director of Volunteer Services, noted, "Although we seem to emphasize the hours given by volunteers, we also are recognizing quality of achievement and the service they represent."

Guest speaker Pamela P. Plumb, who described her current position as mayor of Portland as that of a "professional volunteer," said there appears to be a resurgence in volunteerism, partly due to cutbacks in government services and the new direction of the women's movement which "allows a woman to do what she chooses to do and feel proud of it."

But most importantly, Mrs. Plumb

said, there is a "new understanding" of volunteerism -- she describes it as "having to give something of value to someone in the community." That, in turn, will help to make more people aware of what volunteers do, she added.

"The more we take our volunteers seriously, the more the community will do the same," she emphasized. "And being a volunteer is serious work."

Over the last 25 years, the role of volunteers began to diminish as the government stepped in with more programs and money to help needy persons and institutions, Mrs. Plumb said. As a result, those who donated their time to various causes started to feel unwanted and the word "volunteer" became distorted, she said. It lumped those volunteers into the category of "all those women who were cookie-pushers at parties." The women's movement, in its infancy, also tended to devalue work that was given for free. But Mrs. Plumb happily noted that that mood is changing now.

"If we want our community to be a humane, caring place to live, then we

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## Christmas dinners await holiday shifts

Employees whose schedules include working on Christmas Day are invited to have Christmas Dinner as guests of the hospital. For those working during the day, dinner will be served from 1:1 AM to 1:30 PM. The evening meal will be served from 4 to 6:30 PM. Employees working the night shift are invited to attend whichever dinner is more convenient.

Christmas Dinner tickets will be issued by departments to each eligible employee who shall, in turn, surrender the ticket to the cafeteria cashier. Department heads and chiefs can obtain tickets from Janet Alexander, Administration, ext. 2536.

## Reminder to all Registered Nurses

Vice President for Nursing Judith T. Stone, RN, reminds all Registered Nurses that they must show their 1982 license to practice nursing in Maine to their Head Nurse/Designee prior to December 28, 1981. To work even one day without recording the license, according to Ms. Stone, would be a violation of Maine law.

## Please Note

MMC's daily diabetic teaching classes will -- repeat, will -- be held during Christmas week this year, with days off only on Christmas itself and New Year's Day.

The Southern Maine Critical Care Nurses Association is holding a bake sale on Monday, December 21 from 8 AM until noon in the Admitting Lobby.

Employees of the Division of Pulmonary Medicine are holding a bake sale in the Admitting Lobby, 8 AM until noon on Thursday, December 31.

## EAC Note

The Employee Activity Committee is no longer offering the Dinner Coupon Books as described in last week's What's Happening. The Books, not part of the Employee Discount Program, represented a special, limited-time offer, and the time was up last month.

## Holiday blood drive coming up on Monday

It's mid-way through recruiting week for the annual Holiday Blood Drive at MMC, and a lot of thoughtful donors have signed up. But there are still plenty of convenient times available on drawing day, Monday, December 21.

The theme of this season's drive is: "It's a Heartwarming Experience." And so it is, like every gift-giving experience -- and then some -- because on Monday, the gift you give will be the gift of life.

The drawing is scheduled for 7:30 AM to 4:30 PM in Classrooms 3 and 4. For those who forget to sign up in advance, there is always room for the drop-in donor on drawing day.

## Deck the halls with holiday caution. . .

Decking the halls is standard, happy procedure for the holidays, and -- in a hospital setting such as ours -- certain precautions are part of the decorating procedure. For the safety of all MMC patients, visitors and employees, Executive Vice President and Treasurer Donald L. McDowell passes on the following guidelines:

- Evergreen trees or live greens, in any form, cannot be permitted in hospital property.
- Electric lights or electrified ornaments cannot be allowed.
- Decorative materials, such as tinsel, posters, hanging items, etc., cannot be used if they are easily ignited (flammable crepe paper, for instance). Tinsel and artificial trees must be of the fire retardant and self-extinguishing type.
- Materials should not be placed so that they impede traffic or jeopardize personnel/patient safety (for instance, if hanging material could catch on an IV pole or strike a person's face or eyes).
- The glass in fire hose cabinets and vision panels in doors may not be covered. As always, discretion should be used in the manner in which material is attached to painted surfaces so that the tape does not remove the paint.

These policies apply to all parts of all hospital buildings. Any questions should be directed to Jim Fraser, Fire and Safety Officer, at ext. 2513 or RP 641.



**HOLIDAY FOOD BASKETS** for needy MMC families are filling up nicely, but there's a need for lots more. EAC members will distribute as many baskets as possible on Christmas Eve day, so they can receive donations as late as December 23. Keep those canned goods, vegetables, and other goodies for a holiday dinner coming -- to the collection bag in the Cafeteria. Checking the supply are EAC members (from left): Joyce Decesere, Art Stevenson, Tom Linehan, and Bev Cookson. (A/V Photo)



## **VOLUNTEERS, from page 1**

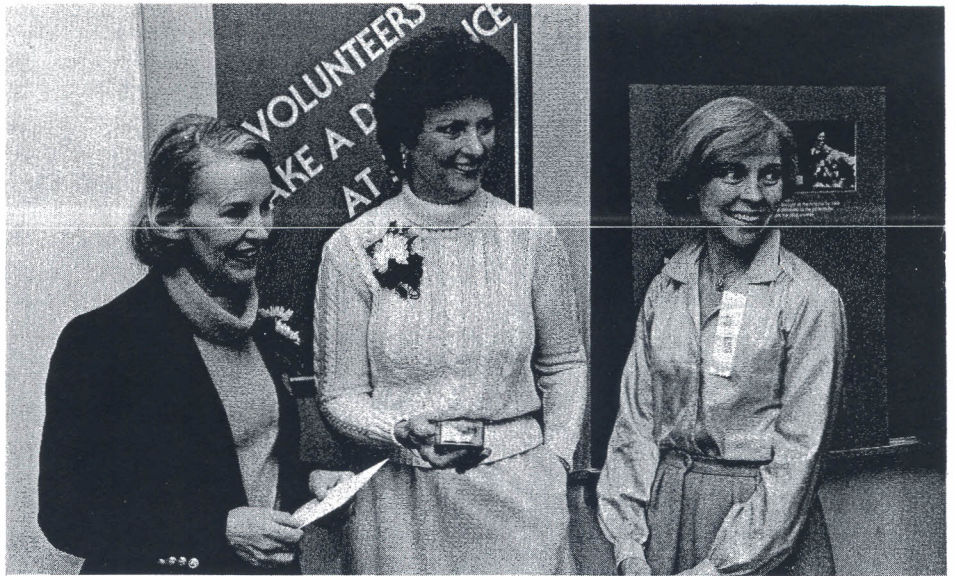
have to find time to pitch in with volunteer work," she said.

At MMC, Mrs. Plumb called volunteer work "extremely valuable" to the hospital staff, "whether there is a paycheck or boutonniere attached to it."

✓ Edward C. Andrews, Jr., M.D., president of MMC, told the volunteers their roles at the hospital are "very important in getting our job done." He noted that 2,000 hours of volunteer service is equal to a person's 40-hour work week over one year. "That's a significant economic impact on this institution," he said, adding that the real contribution is "what you do for the morale of the patients and those who work here. It is immeasurable."

MMC volunteers perform a number of services for patients and staff, from manning the Coffee Shop and Flower Box, sorting patient mail, delivering flowers, conducting patient surveys, to working on nursing units such as Cardiology and in clerical positions.

As a tradition during the Volunteer Recognition Day, those persons who have reached the 500-hour mark are presented paperweights bearing the MMC medallion. The 18 volunteers who received that special honor were Alan Armstrong, Barbara Asbury, Barbara Chellis, Margaret Ann Clevenger, Louise Connell, Evelyn Crawford, Karen Dale, Marjorie Fralich, Muriel Genzlinger, Marjorie Jalbert, Mary-Anne Johnson, Marie Keenan, Barbara Kriger, Zelda Levine, Ann Myers, Muriel McKinley, Marnie Smith and Eleanor Stearns.



**From left to right are Marge Clevenger, 500 hours; Barbara Kriger, 500 hours; Rae Hutchinson, program chairperson.**



**Portland Mayor Pamela Plumb with Muriel McKinley and Barbara Asbury, both 500 hour volunteers.**



**Guest speaker Pamela Plumb.**



**500-hour recipients Alan Armstrong and Ann Myers.**



# Marketplace

**BABYSITTING:** Will babysit weekdays. St. Patrick's area. Fee negotiable. 773-5916.

**FOR RENT:** 1 BR apt. on Congress St. opposite MMC parking ramp. Rebuilt 1 yr. ago. New KT, bath, carpeting. Access for handicapped persons. Parking avail. \$200/mo. plus utils. Sec. dep. 883-5802 after 5 PM or call Nancy at 773-6175.

**FOR RENT:** Newly remodeled and thoroughly insulated 3 BR house on So. Portland-Cape Elizabeth line. French doors off south side DR to a deck; other neat features. For more info. call 675-3341 eves.

**FOR RENT:** Room in N. Windham home. Meals can be included. For more info., please call 892-2067 after 4:30 PM.

**FOR RENT:** Furn. eff. apt. near MMC. Heated, stove, refrig. No pets. \$250/mo. Call 797-7944.

**FOR RENT:** Partially furn. two Victorian rooms, Pine St. Kitchenette, shower; heat, lights, water, parking included. Building under renovation. \$250/mo., sec. dep., refs., no pets. Apply by calling 774-5317.

**FOR RENT:** Waynflete area. Newly restored 1 BR basement apt. in lovely older home. Avail. beginning Jan. No pets. Call 772-7865 after 5 PM.

**FOR RENT:** Large room in private Cape Elizabeth home. KT and laundry privileges, private bath, garage. \$50/wk., utils. included. Male professional preferred. Avail. after Jan. 1. Call 767-3960 after 5 PM.

**FOR RENT:** Ski Sugarloaf. Stay in 3 BR rental. Sleeps 6 or more. \$40 per night. 4 miles from mountain. 883-6249.

**ROOMMATE WANTED:** Responsible female seeking same for 2 BR furn. apt. \$190/mo., utils included. Wall-to-wall carpet, dishwasher. No pets. Nonsmoker preferred. Option to take over lease next June. Call 846-5260. Keep trying.

**ROOMMATE WANTED:** Female to share 2 BR townhouse in Yarmouth. \$170/mo. plus 1/2 utils. Jan.-June. Please call 846-3415.

**ROOMMATE WANTED:** M/F, mature, responsible, nonsmoking professional to share house expenses. Quiet neighborhood. Refs. Call 797-9312.

**ROOMMATE WANTED:** M/F professional to share 3 BR house in convenient Portland neighborhood. \$150/mo. plus 1/3 utils. Please call 773-8361.

**FOR SALE:** Completely restored colonial in Falmouth Foreside. 3 BR, 1 1/2 baths, fully equipped elec. KT, insulation and combination storm windows. Ideal for young family, professionals, or retired couples. Rare at \$67,900 with assumable 8 1/2% mortgage. Call Grace Burns at 781-4445.

**FOR SALE:** Dark-colored mink cape. Beautiful and in very good cond. Please call 892-2067 after 4:30 PM.

**FOR SALE:** Christmas trees. Fresh, good color, very attractive. \$7-\$10. Can be picked up at 266 Beech Ridge Road in N. Scarborough. For more info. call 839-4296.

**FOR SALE:** 4-burner gas apt. stove with oven and broiler. All in good working order. \$45 or best offer. Call 774-4899 after 6 PM.

**FOR SALE:** New Lange alpine ski boots, size 9N. Won in raffle -- never been worn. Will sell cheap. Call Patty at 799-6880 after 4 PM.

**FOR SALE:** Gibson Girl wedding gown with Juliet cap. Size 10, \$80. 799-2843.

**FOR SALE:** 25-in. color console Zenith TV, \$100; Men's 10-speed bike, \$25; AM VW radio, \$10; VW bus seats, \$25. Call 772-5778.

**FOR SALE:** 1979 Chevette. Red, West Coast car. For more info. call 772-3077.

**FOR SALE:** Record player-radio combination. 2 speakers, Very good cond. \$50. Call 772-6018.

## what's happening

**WHAT'S HAPPENING** is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Barbara Burns, Editor.

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**FOR SALE:** Classic Mercedes 1970 280 SL. Both tops, low mileage, ex. cond. \$19,500. Call 829-5441 after 5 PM.

**FOR SALE:** Cybernet mini-concert portable stereo cassette player w/headphones. Features dual flywheel motor, dual headphone jacks, "talk" button. Runs on 4 "AA" batteries or DC. Brand new, used 2 or 3 times. paid \$145, asking \$135. Contact Mark at 773-0004 after 4:30 PM.

**FOR SALE:** 42-in. round butcher block table, \$185; gold contemporary sofa, \$200; Moosehead night stand, \$45; queen size mattress, boxspring and frame, \$185; 5-foot Lane coffee table, \$80. Call 934-9689 after 6 PM.

**FOR SALE:** 1979 VW Rabbit. PS/PB, AM-FM radio, 2 dr, 4 speed. Ex. cond., 1 owner. 34,000 miles. \$4,600. Call after 4 PM. 775-0814.

**FOR SALE:** 26-in. girl's Columbia bike, used one year; 19-in. General Electric color TV, not working; 13 woodframe storm sash windows in various sizes, very good cond. Best offers on all items. Call 772-0568 after 5 PM.

**FOR SALE:** Queen size waterbed with frame, liner, mattress pad, heater. 2 months old, \$400. Call Anne at 767-3787.

**WANTED:** Large size crocks (5 quarts or more) to salt pork in. Please call 892-2067 after 4:30 PM.

**FLORAL DESIGNS:** Custom floral designs, novelty Christmas arrangements and gift ideas. Call Bonnie at 892-5337 for information.

**RIDE WANTED:** Going to Boston Monday, Dec. 21. Will share expenses. Call 772-9060.

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