

what's happening

Maine Medical Center
Portland, Maine 04102

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MMC people moving towards Phase One

There are 20 new committees in the hospital. They began meeting two weeks ago and they will continue to meet for about two more months. They include more than 200 people representing the 3,000 who work here. They meet early in the morning, or after their regular shifts, or in the evening, and they are helping Maine Medical Center to prepare for Phase One of its Long Range Facilities Planning effort.

"These meetings are time-consuming, and the process may seem cumbersome, but there's no easier way to get the job done," says Donald L. McDowell, Executive Vice President and Treasurer. "And certainly there's no better way to keep in touch as we approach Phase One. It's time to get key people deeply involved in planning and to keep everyone abreast of developments."

The committees, varying in size from five to 20 members, are properly called Planning and Recommending Committees. They represent such hospital areas as Medical Records, Food Services, Laboratory or Pharmacy; there is a Nursing Unit Planning Committee and committees dealing with Admissions/Discharge Continuum, House Staff Support, and Codes/Hospital Systems. OR, Recovery Room and ASU share Committee personnel as do SCU and the Burn Unit.

Acting as an oversight committee will be the Project Monitoring Group. McDowell says this group will review all committee plans and recommendations to see that they fit within the space and cost picture of Phase One as projected. It is also the Group's responsibility to see that other constituencies within the hospital — such as the Board of Trustees, all Department Chiefs, and the Medical Staff through its Executive Committee —

PHASE ONE, page 2



IT TAKES LOTS OF TOYS to help time pass pleasantly in any waiting room, so when MMC's Family Practice Unit ran low recently, they called for reinforcements. Our three auxiliaries pitched in to purchase a supply. The grown-ups who delivered the toys, then stayed to play with some young visitors are (from left) Judy Flaker of the Women's Board, Ann Strahan of the Visiting Board, and Geri Reed of the Friends. (A/V Photo)

Prizes galore at the 1981 Holiday Party

There will be thirty-eight door prize winners and three raffle winners at the December 15 Holiday reception courtesy of MMC and the Employee Activity Committee. The EAC is donating five five-pound hams, to be drawn one at a time throughout the day. The hospital has acquired \$15 and \$10 gift certificates from area restaurants and merchants, and \$5.50 gift certificates for the Cumberland County Civic Center.

The Grand Prize drawing is for a heart- and foot-warming cord of wood (or its equivalent in any other fuel or cash). This drawing will take place at 3:00 PM, just after the EAC draws the

winners in its Savings Bond raffle. Raffle ticket holders will be competing for a \$500 bond, a \$200 bond, and a \$100 bond. Following the Grand Prize drawing, the Window Decorating Contest winners will be announced.

The first drawing of the day will be at 7:30 AM, and only permanent third-shift employees will be eligible. Other drawings, for first, second, and rotating shifts will be held at 2:30 PM, 3:00 PM, 3:45 PM, 4:15 PM, and 5:00 PM. All employees will be entered in the Grand Prize Drawing.

Restaurants represented by the gift certificates are Hu Shang, Seaman's Club, The Roma, F. Parker Reidy, the Village Cafe, and the Baker's Table. Merchandise certificates are from L.L. Bean and Service Merchandise.

PHASE ONE, from page 1 _____
are kept up to date.

The Boston architectural firm of Shepley Bulfinch Richardson and Abbott has been engaged to design Phase One, and its staff is already here, meeting with our Planning and Recommending Committees.

These in-hospital meetings are similar in spirit to meetings hospital administrators held with state officials prior to submitting the necessary Letters of Intent and Certificate of Need Applications to the Maine Health Systems Agency and the Department of Human Services — and will continue to hold as the process continues. It was MMC's feeling that Phase One — the largest expansion ever proposed by a Maine hospital — was of such size and impact that MHSA and DHS staff would appreciate updates in the direction and progress of our planning. According to Donald E. Nicoll, Vice President of Planning and Public Affairs, such has been the case:

State and hospital officials worked together, for example, to determine how the CON process would work most efficiently for a project the size of Phase One. All concerned agreed on a two-step process; the hospital would file Letters and CON Applications separately on 1) Predevelopment Activities, and 2) the project itself. Presently the Predevelopment CON is under study by the Department of Human Services, with a decision from Commissioner Michael R. Petit expected before the end of the year.

The predevelopment activities include review of the scope of the project, site surveys and soil tests, studies on financial and fund-raising feasibilities, and the making of preliminary architectural and engineering drawings.

The architectural schematics and suggestions will be based partly on a review of the Long Range Facility Plan, but also in great part on input from the people serving on the Planning and Recommending Committees.

The committees and their chairmen are:

O.R./Recovery Room/ASU, Richard C. Britton, M.D.; SCU/Burn, Paul Cox, M.D.; Ob/Gyn/Nursery, C. Irving Meeker, M.D.; Blood Bank/Lab, Joseph Fanning, M.D.; Research/Animal Holding & O.R., Peter Rand, M.D.; Rehab/Therapies & Nursing Unit, B. Cairbre McCann, M.D.

Pulmonary Medicine, Edgar Caldwell, M.D.; Pharmacy, Robert Auger; Food Services, Robert Underwood; Medical Records, Edith Harris; Central Service, Charles Dibble; Nursing Unit Design &



CENTRAL SERVICE Planning and Recommending Committee meets with our architects. Clockwise from left: Mason Smith and Elizabeth Ericson of Shepley Bulfinch Richardson and Abbott; Art Stevenson, Unit Manager; Eleanor Catir, RN, Coordinator of Standards and Procedures, and Stewart Kelley, Assistant Director, both of CSD; committee chairman Charles Dibble, Director of Materials Management; David Lieberman, Associate Vice President for Administrative Services; and Reynold Welch, Associate Vice President, Facilities Planning. (A/V Photo)

Organization; Judith Stone, RN; Ambulatory Radiology, John Gibbons, M.D.; Admissions/Discharge Continuum, Michael Kilmartin.

CICU/Progressive Care Beds, Harold Osher, M.D.; House Staff Support, Costas T. Lambrew, M.D.; Codes/Hospital Systems, Reynold Welch; Traffic/Circulation/Waiting/General Public Space/Storage, Donald Dyer; Volunteer Services, Audrey Gough.

Employees interested in progress to date in any of these areas of Phase One planning, McDowell says, should contact the appropriate committee chairman.

Flower Box orders should be done early

The Visiting Board of Children's Hospital suggests that Christmas orders from the Flower Box should be placed early to avoid disappointment. The Thanksgiving rush came so late that they were unable to fill many orders.

The Flower Box is staffed by volunteers, and proceeds go to the Visiting Board's projects for the benefit of the Pediatric unit at MMC. The Box is open for business 9:30 AM-4:30 PM Monday through Friday.

MMC Annual Fund is nearing 1981 goal

MMC 1981 Annual Fund Chairman John W. L. White reports that the Fund has nearly \$140,000 in hand but still needs \$30,000 in order to realize a victory. The deadline for the \$170,000 goal is December 31, the end of the 1981 Fund Year.

Annual Fund Committee members are presently making year-end calls on their yet-to-be-committed prospects, and Chairman White has just finished signing a large number of letters to a wide range of prospective supporters. He is particularly gratified by the large number of new givers. Many other donors from the past have increased the size of their gifts this year, which has given the Annual Fund a lead of more than \$12,000 over what was in hand at this time a year ago.

Anyone wishing to make a gift is invited to send a check, payable to the "MMC Annual Fund," to the Development Office, 22 Bramhall Street, Portland, Maine 04102. Gifts of all sizes are welcome, and donors may designate part or all of a gift for *capital purposes* (where the need is greatest), *patient care*, *health education*, or *medical research*.

Baril named V.P. for employee relations

Ronald J. Baril, Director of Personnel/Employee Relations, has been named Vice President for Employee Relations.

In announcing the appointment, which becomes effective immediately, MMC President Edward C. Andrews, Jr., M.D., said it is "in recognition of the integral role of the personnel-employee relations function in the management of the hospital.

"It is important that the person responsible for employee relations be in a policy planning and recommending position within the hospital," Dr. Andrews said.

Baril, who came to MMC last March from a similar position at the University of Maryland at Baltimore (a medical center complex including an 800-bed hospital, a trauma center, and schools of medicine, nursing, pharmacy, dentistry, law and social work, with an employee complement of 6,000), also stresses the importance of the employee relations share of his responsibilities. "This institution is really concerned for its employees' well being, and I think it's important to express that commitment clearly, that we want to ensure that employees are given all possible attention and recognition."

While directing the day-to-day operations of a 20-person department with the responsibility for the concerns of some 3,000 employees, Baril has initiated and is pushing to completion reviews of MMC's personnel policies and its total employee compensation package.

RNs must have current license to practice

Vice President for Nursing Judith T. Stone, RN, reminds all Registered Nurses that they must show their 1982 license to practice nursing in Maine to their Head Nurse/Designee prior to December 28, 1981. To work even one day without recording the license, according to Ms. Stone, would be a violation of Maine law.

'Tis the season for EAC discount offers

The Portland Symphony Orchestra will present three performances of "The Magic of Christmas" this year, and the Employee Activity Committee is coordinating a group discount for MMC employees.

"The Magic of Christmas" is a special PSO program featuring the 100-voice Magic of Christmas chorus, the Boy Singers of Maine, David Ogden Stiers (from M*A*S*H), and Gerald McGee on the Kottschmar Organ. Two performances were sold out last year, so the Orchestra has scheduled three for this year: Saturday, December 19, at 2 PM and 7:45 PM, and Sunday, December 20, at 3 PM.

For information and to reserve tickets, call ext. 2325. The deadline for reservations is noon, December 17.

The EAC Employee Discount Program may be useful for your Christmas shopping as well. A wide variety of discounts is available on items ranging from flowers to furniture, and shoes to tires. Tickets to some cultural events

are available, as are membership discounts at a racquetball club and a figure spa. Sugarloaf/USA lift tickets are available in the Security Office, selling for \$14 instead of \$17 for adults and \$8 instead of \$10 for juniors. The tickets are good on any day of the season. For information on EAC discounts, check the bulletin board by the Cafeteria or contact any EAC member.

Holiday party plans are in full swing

The food and fun are being readied for the 1981 edition of MMC's Holiday Reception, which will happen in the Cafeteria December 15. Invitations are out, and window decorators are working on their ideas and gathering materials while Food Services puts the final touches on the festive menu.

Night shift employees have a reception all their own, coinciding with the end of their work "day." They will be feted between 6:30 and 8:30 AM with buffet foods and a special door prize drawing.

The main reception is scheduled for 2:00-6:00 PM, and the menu will include favorite items from previous years as well as a few items that Food Services Steward John Romano will only identify as "surprises." Many door prizes will be drawn during the reception, including gift certificates for area restaurants and merchants, hams, and the Grand Prize of a cord of wood or its equivalent. Music for the reception will be furnished by organist Bob Brouillard.

NOTE: Any prospective window decorators who haven't reserved a window yet may call x2973 to see if any are left.

Nursing continuing education programs

- *Critical Care Seminar: "Neurological Testing: Physiology of Signs and Symptoms,"* Walter Allan, M.D. (One CEARP requested from MSNA) December 15, 1981 8:00-9:00 a.m. and 3:30-4:30 p.m. Classroom #2

- *Labor Inhibiting Drugs,* Richard Cosack, R.Ph. December 16, 1981 2:00-3:00 p.m. Classroom #2

For further information, please call Staff Development at ext. 2397.

GIVE BLOOD

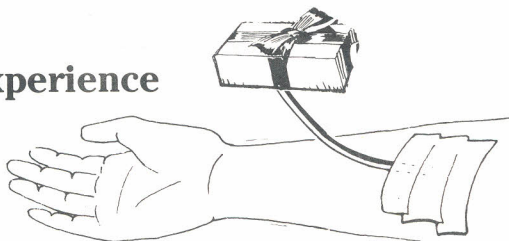
It's a heartwarming experience

DECEMBER 21

7:30 AM - 4:30 PM

Classrooms 3 & 4

For Christmas this year. . . The Gift of Life



EAC holiday dinner basket help needed

The Employee Activity Committee is collecting donations for holiday dinner baskets for needy MMC employees. This is an annual activity of the EAC, and last year five families -- thirty-three people -- benefitted from this

— good work.

Needed are donations of canned vegetables, cranberry sauce, storage vegetables such as onions and squash, and other ingredients for a holiday dinner. A collection bag has been set up in the Cafeteria, and the EAC urges employees to continue their generous support of this project.

Marketplace

FOR RENT: Unfurn. 2 BR apt. in 2 fam. house in South Portland. LR, DR, KT, \$250/mo. plus utils. and heat. On bus line in quiet neighborhood. Call 799-8238.

FOR RENT: Spring St. near Mercy. 4 BR, LR w/frpl., DR, large kitchen, bath w/shower. \$325/mo. plus utils. Lease, sec. dep., adults. Call 774-3880.

FOR RENT: Unfurn. 3 BR (can be 4 BR) apt. in quiet neighborhood. On bus line. No pets, please. Call 774-3622 between 9 AM and 4 PM.

FOR SALE: 1976 Honda Civic. 60,000 miles. Good gas mileage. Asking \$2,000. Call 799-3690.

FOR SALE: 4-drawer chest; men's American Tourister suitcase, brown, never been used, holds 2 suits; Kirby Classic Omega vacuum cleaner attachments, works well. Call 642-4254.

FOR SALE: 2 VW Superbeetle snow tires, used only 1 season. 165R15 Fulda radial studded winter tires. Asking \$30 each. Call 929-6181 after 5 PM.

FOR SALE: Two new Yudy's retread snow tires, G7815, \$45. A 42"x30" mirror in rock maple frame, \$75 or best offer. Boy's Sears coat, \$10; girl's boots, brown, size 4, also girl's boots, black, size 5½, and ladies' boots, brown, size 8. All \$3. Call 929-5388 after 5 PM.

FOR SALE: Westbend table model humidifier. A bargain at \$20. Call 799-2502 after 5 PM.

FOR SALE: Apt. size gas stove in good cond. 4 burners, working oven and broiler. \$45. Call 774-4899 after 6 PM.

FOR SALE: Temple Stuart diningroom table w/ 2 leaves; 6 chairs and a hutch to match. Very good cond. Hedstrom stroller, \$25; wool plaid winter coat, size 7/8, made in Italy, \$35; suede pantcoat, size 8, \$40; wedding gown, size 8, \$75. Call 773-7500. All items in very good cond.

FOR SALE: AKC registered black toy poodle. Female, 5 months old. \$200. Call 797-2876.

FOR SALE: 1976 Buick Century station wagon. New auto. trans.; engine, body and tires in top cond. Best offer near book list. Call 799-4233.

FOR SALE: Exercise bicycle. Never used. Cost \$120 new; asking \$60. Call 799-4233.

FOR SALE: 1 brand new trash compacter, \$175. 1 old GE clothes dryer, runs great, \$25; stainless steel kitchen sink w/hardware, \$35; large refrig. over freezer unit, old, but runs well, \$50; pair of 180 Hart skis, good shape, \$25. Call Sal at 772-7302. Keep trying.

LOST: Large brown rimmed eyeglasses on Wed. (Nov. 25). Either in MMC, the parking ramp, or on Congress St. near Sportsman's Grill. Call 772-1335.

ROOMMATE WANTED: To share household expenses. Westbrook area. \$180/mo., utils. included. Call 856-6279 after 5 PM.

WANTED: Information on where to buy goat's milk. Have checked around but much of the milk has already dried up. Need for child who's allergic to cow's milk. Please call 775-1694.

New Employees

FOOD SERVICE: Richard Record

AUDIO/VISUAL: Mary W. Corey

CARDIOGRAPHY: Mary Morley

FOOD SERVICE: Sheldon Henry, Linwood Meserve, Bernadine H. Mullen, Gloria Pelletier

HOUSEKEEPING: Theresa Hoar, Susan M. Reidy

PATHOLOGY: Robyn Haas

PHYSICAL THERAPY: Michele A. Reynolds

what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Barbara Burns, Editor.

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EAC News

The Employee Activity Committee now has Dinner Books for various area restaurants. These are not part of the Employee Discount Program, but the EAC is making them available for the convenience of employees. The offer is: when you buy dinner for two at a participating restaurant, the lowest priced of the two meals is free. The book costs \$20.00 and contains 18 coupons.

Participating restaurants are: Baker's Table, Cascade Inn, Press Room, Grizzly Bear, Westcustogo Inn, Downtown Holiday Inn, Chebeague Inn, Crescent Beach Inn, Gabbiano's, Village Cove Inn, Spurwink Country Kitchen, Chappie's, Homewood Inn, The Landing, Squire Morgan's, Boone's, The Downeaster, and the Kennebunkport Inn.

The Dinner Books may be obtained from Gladys Posnick, 2824 or 2106.

Morphology

MANN'S FIFTH LAW OF MEDICATION

Tablet size is inversely proportional to necessity of divided dosage.

Corollary

Necessity of divided dosage is directly proportional to tendency of tablet to crumble upon division.

MANN'S LAW

Medications with the greatest number of restrictions are always prescribed before the best parties of the year.

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