Whats Maine Medical Center Portland, Maine 04102 happening

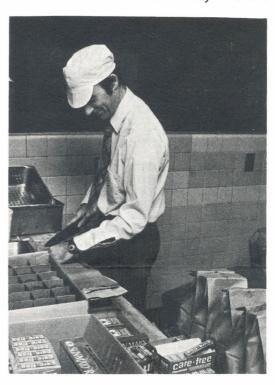
Vol. 13, No. 17

November 25, 1981



MMC SMOKED OUT IN STYLE. There's no doubt that MMC's part in the Great American Smoke Out November 19 was a successful event for those who joined in. And there's no doubt the success was due to the moral support quitters received here. With cafeteria specials and survival kits of munchies, and constant attention and good wishes from friends, the day was a full-fledged triumph. According to cafeteria records, 100 kits were provided those who signed the I-Quit pledge. (According to American Cancer Society reports, 7% of those who quit on Smoke Out Day last year are still not smoking. How are we doing? We'll report back in about a month.)







SURVIVAL Kits packed by Steward John Romano, (top) kept quitters like Security Supervisor Kay Pellecchia relatively sane, and fresh flowers offered incentive to cafeteria patrons. (A/V Photos)

Tickets are ready for Holiday Raffle

It's not too soon to take a chance. The Employee Activity Committee has tickets available now for the Holiday Raffle. Any EAC member will be happy to sell one chance for \$1.00, or five chances for \$4.00.

The prizes, to be drawn on December 15, are: First, a \$500 Savings Bond; second, a \$200 Savings Bond; and third, a \$100 Savings Bond.

Raffle tickets will be available right up until the drawing -- exact time to be announced.

Please Note

Please note the following Radio Page changes and enter them in your MMC telephone directory:

C. Irving Meeker, M.D., Obstetrics-Gynecology, will carry Radio Pager 628. George Hallett, M.D., Pediatrics, will retain Radio Pager 113.

Paul Bergeron, Outside Services, will carry Radio Pager 265 (changed from 174).

Lee Freeman, Engineering Services, will carry Radio Pager 428 (changed from 115).

Robert Pratt, Patient Accounts, will carry Radio Pager 281 (changed from 218).

Stephen Soreff, M.D., Psychiatry, will carry Radio Pager 204 (changed from 212).

Windshield weather is already here

Winter isn't the only season that presents a driving hazard, and MMC's Fire and Safety Officer Jim Fraser wants to pass on a warning: We're going through the kind of weather that alternately frosts or fogs our windshields as temperatures change rapidly. Few of us, he notes, allow time to let windshields -- let alone rear and side windows -- clear to a sufficiently safe degree before driving.

Fraser says he's already witnessed some fender-benders on the roads and even some close calls in the parking ramp due to fogged windows. He suggests now is the time to get back in the windshield habit -- with frost and fog here, ice and snow aren't too far behind.

New Employees

ANESTHESIA: Terry A. McKenzie
COPY CENTER: Diann Barrows
MEDICAL RECORDS: Rachel Boucher
NURSING: Bonnie Bump, Michelle
Correia, Noreen Edwards, John M.
Fedo, Susan Flewelling, Nancy
Forslund, Mary Jean Kendall, Barbara
A. Majek, Terri A. Moore, Rebecca A.
Morrill, Sabrina L. O'Donnell, Jamie L.
Smith, Carol S. Wilson, Debra Woodworth, Pamela Zack

PERSONNEL: Mary Eileen Kiniry
PSYCHIATRY: Ann Marie Derome



JUST EIGHT MORE SHOPPING DAYS remain for all who admire the Holiday items and terrific gift ideas available at the Christmas Fair in the Admitting Lobby. Benefitting projects of the Women's Board, the Fair continues through Saturday, December 5. (A/V Photo)

MMC trustees approve new staff appointments

Turner Bledsoe, M.D., Vice President for Health Affairs, announces the following staff appointments, recommended by the Medical Staff and approved by the MMC Board of Trustees on November 19, 1981:

Mark Edward Battista, M.D., to the Courtesy Medical Staff, Department of Family Practice;

Lawrence S. Broda, M.D., to the Associate Medical Staff, Department of Medicine. Division of Internal Medicine:

Lawrence D. Herst, M.D., to the Associate Medical Staff, Department of Psychiatry:

Robert C. Reinach, M.D., to the Courtesy Medical Staff, Department of Psychiatry;

Michael E. Sargent, M.D., to the Courtesy Medical Staff, Department of Pediatrics.

The following Medical Staff promotions, as recommended by Chiefs of Departments, have been approved by the Board of Trustees and will become effective January 1, 1982:

Anesthesiology Associate to Active Medical Staff: Charles F. Adams, M.D., and Charles W. Higgins, M.D.

Dentistry Associate to Active Medical Staff: John B. Corey, D.M.D., Arthur L. Hanson, D.M.D., and John M. Willis, D.M.D.

Medicine Associate to Active Medical Staff: Margaret A. Shepp, M.D., and Paul Sweeney, M.D., Active Consultant to Senior Consultant: Ralf S. Martin, M.D.

Ophthalmology Active Medical Staff to Active Consultant: Payson Jacobson, M.D.

Orthopedics Associate to Active Medical Staff: Douglas W. Brown, M.D., and Kenneth Moller, M.D.

Pediatrics Associate to Active Staff: Douglas A. Dransfield, M.D., and David F. Wender, M.D.

Radiology Associate to Active Medical Staff: Robert J. Isler, M.D.

Surgery Associate to Active Medical Staff: Robert S. Kramer, M.D.

Nursing Continuing Education Programs

 Medical Nursing Grand Rounds: "The Manipulative Patient" A Presentation by the P6 Nursing Staff December 2, 1981

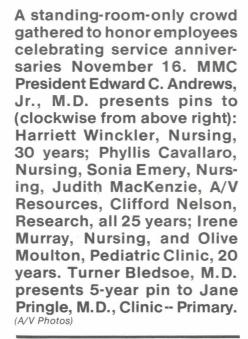
12:30 - 1:30 PM Classroom 4
For further information, please call
Staff Development at ext. 2397.







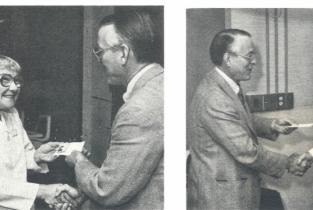
170 Honored at **Awards Coffee**















Secure your valuables while you're working

Christmas may be a way off yet, but 'tis already the season for Christmas Club checks and early shopping. MMC Chief of Security William Burnham reports that despite his annual warnings to employees to keep their valuables secure, they are lost year after year.

Burnham advises all employees to leave their valuables at home if possible, and if not to at least keep them safe while at work. Cash, checks, and other valuables cannot be stolen if secured, he says, but they can -- and do -- disappear from unlocked desks, unattended offices, unworn lab coats, open lockers, and other places. If you cannot secure your valuables yourself, Burnham points out that the Security Office is open 24 hours a day, and the guard on duty will be happy to place them in a safe during your shift.

A further reminder, any packages or other tempting objects left in cars should be stowed out of sight, and cars should be locked.

Marketplace

APT./ROOM WANTED: 29 year-old female physical therapist desires to share apt. or rent room starting approx. Dec. 11. Please call collect evenings (617) 362-3752.

BABYSITTING: North Yarmouth woman will babysit days. Rt. 115. Ex. references. Call 829-3026.

BABYSITTER WANTED: Mature woman in my home for 3-year-old child. Occasional weeknights and weekend nights. Must provide own transportation. Call 772-2358 after 6 PM.

BARTENDER: Experienced bartender for your holiday party. Also weddings and other functions. Call 797-6198.

FOR RENT: Completely renovated 1 BR apt. in Western Prom area. Contemporary design, carpeted. Dressing RM, DR, LR, full kit. and bath. Fully insulated, wood stove to use. Exposed chimney between LR and DR, skylight. \$290/mo. plus utils. Must see to fully appreciate. Refs. requested. Call 772-6278 days, eves.

FOR RENT: Renovated 2 BR apt. LR, DR, new kit. and bath with new fixtures and appliances. Very sunny w/large bay windows. Hardwood floors. Refs. requested. Call 772-6278 days, eves.

FOR RENT: Immaculate 1 BR apt., hospital vicinity. New kit., bath, carpeting. Laundry and parking. \$320/mo. plus utils. Call 781-5159.

FOR RENT: Immaculate 2 BR apt. near Eastern Promenade. \$350 plus utils. Call 773-0634.

FOR SALE: 1975 Ford Granada. Low mileage, needs some body work. Standard transmission, four door. \$995 or best offer. Call 799-2173 after 5 PM.

FOR SALE: Ping pong table. Basketball hoop on backboard with posts. Call 839-4585.

FOR SALE: 1973 John Deere JOX8 440 snowmobile. New clutch and belt. Engine rebuilt recently. Cover included. \$600. Call 797-6526 and leave message.

FOR SALE: Studded snow tires for a Honda Accord. Used only one season; ex. cond. Also AM car radio. Call 767-2226.

FOR SALE: Round oak table. \$150. Call 774-7479 after 6 PM.

FOR SALE: 1974 Chevy Luv pickup. Rebuilt engine, new paint, insulated cap. \$1,800. Call 774-5533 mornings or 846-5367 afternoons.

FOR SALE: 1979 Granada Limited Edition, special decor, p/s, auto., AM/FM, radials, rustproofed, polyglycoat, 35,000 miles. Call 833-5071.

FOR SALE: 1973 Subaru Coupe. Call 846-5226, days until 2 PM.



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ROOMMATE WANTED: For 5 rm. apt. near MMC. \$30/week plus ½ utils. Unfurnished. \$125 sec. dep required. Parking avail. Call Lori-Ann at 772-2083 afternoons and eves.

ROOMMATES WANTED: Need 2 to share new 3 BR ranch with female in mid-20's. Near Pine Point. \$150/mo. plus 1/3 utils. Call 883-6296.

STRINGING SERVICE: Expert stringing and gripping for all racket sports. Discount prices, 24-hour service. Pick-up and delivery at MMC. Call Erik Minton at 774-1509.

WANTED: Physician to accompany mountaineering expedition to climb the North Ridge of Mount Aconcagua, Argentina, in January, 1982. Please contact Frank Lawrence, M.D., in the Emergency Department.

Murphology

FINAGLE'S THIRD LAW

In any collection of data, the figure most obviously correct, beyond all need of checking, is the mistake.

Corollaries:

- 1. No one whom you ask for help will see it.
- 2. Everyone who stops by with unsought advice will see it immediately.

MANN'S FOURTH LAW OF MEDICATION

The frequency of dosage is in direct proportion to cost.

Corollary

Cost per tablet is inversely proportional to tablet size.



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