

what's happening

Maine Medical Center
Portland, Maine 04102

Vol. 13, No. 13

October 28, 1981

First MMC transplant done ten years ago

Kidney transplantation in Maine was ten years old last week. On October 21, 1971, Theresa Sprague of Auburn received one of her sister's kidneys in a landmark operation at Maine Medical Center. Today she and her sister -- Anne H. Lowell of Auburn -- are in good health and leading productive lives.

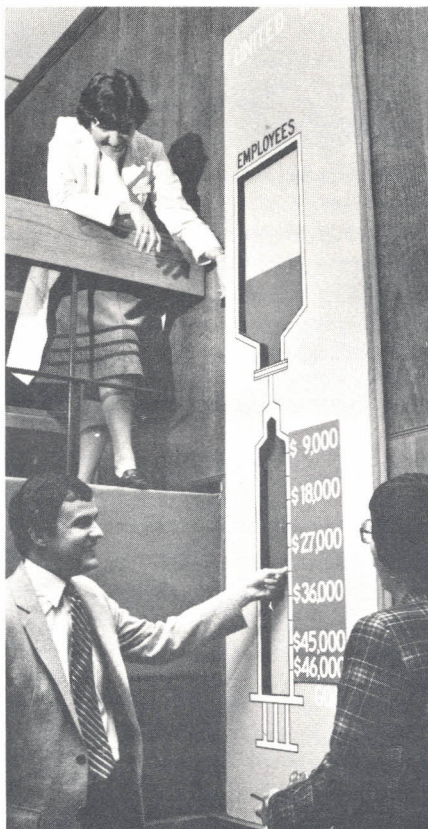
The transplant operation was the culmination of a three-phase program begun a year earlier, when the state's first hemodialysis unit opened at MMC. A \$250,000 grant from the state legislature and years of planning made hospital-based dialysis possible in Maine, and phase two of the program was home dialysis. Since 1970, the use of home dialysis in Maine has reached the point where MMC teaches 15 new patients each year to use the procedure.

Mrs. Sprague's surgery was a landmark event, and it was followed a few months later by a second transplant. The second patient -- Geraldine Vermette of Brunswick -- received one of her mother's kidneys in that operation and is doing well nearly ten years later. Despite the difficulty of these first transplants, and the drama surrounding them, physicians at that time predicted that within ten years it would be a routine operation. To the extent that any operation can be termed "routine," kidney transplantation has become commonplace. Some twenty-five transplant operations are performed each year at MMC.

The planning for Maine's first kidney transplant was lengthy and intense. The technique was relatively new at the time, since the first non-experimental transplant had been done only seven years earlier. The first experiment in transplantation of a human kidney, it should be noted, was done at Harvard University in 1947.

TRANSPLANT, page 2

UNITED WAY '81



At last week's end, Maine Medical Center's United Way campaign had passed the two-thirds mark, with employees having contributed over \$31,000. Campaign chairperson Judith T. Stone, RN, Vice President for Nursing, above left, coaches as campaign coordinators Jim DeGrandpre, Personnel Salary Administrator, and Betty Whited, Health Education Secretary, adjust the hypo symbol closer to the \$46,000 goal. A word to lategivers: This is wind-up week for the hospital campaign. (A/V Photo)



United Way
of Greater Portland

MMC, Portland schools present public panel

Maine Medical Center and the Portland School Department are presenting a public program on "The Problems of Adolescence," Monday evening, November 2. Open to parents, students, educators and the general public without charge, the program will begin at 7:30 p.m. in the conference rooms of Portland Regional Vocational Technical Center at 196 Allen Avenue.

A panel of physicians will address various aspects of adolescent problems; subjects will include normal development and norms of behavior, reasons for behavior during adolescence, teen-age sexuality, alcohol and drug abuse, depression and suicide, dealing with adolescent problems, and locating resources available in the community.

Following the physicians' presentations, there will be ample opportunity for questions from the audience -- from adults and adolescents alike.

Staff psychiatrist Peter E. Goldfine, M.D., will be moderator of the panel which includes G. Adair Heath, M.D., director of child psychiatry; John F. Goodrich, M.D., attending pediatrician with a specialty interest in adolescent medicine; David D. Youngs, M.D., attending obstetrician/gynecologist who also serves as advisor to the Region I Adolescent Pregnancy Program; and Alexander Walker, M.D., psychiatric resident.

Costas T. Lambrew, M.D., Associate Vice President for Health Education for MMC, and Ms. Jo Piampiano, Director of Health Education Programs for the school department, have arranged the program. It is the first of several programs the hospital and the school department plan to co-present, according to Dr. Lambrew. "Future programs will identify and address health-related problems in other areas of concern to the public-at-large," he says.

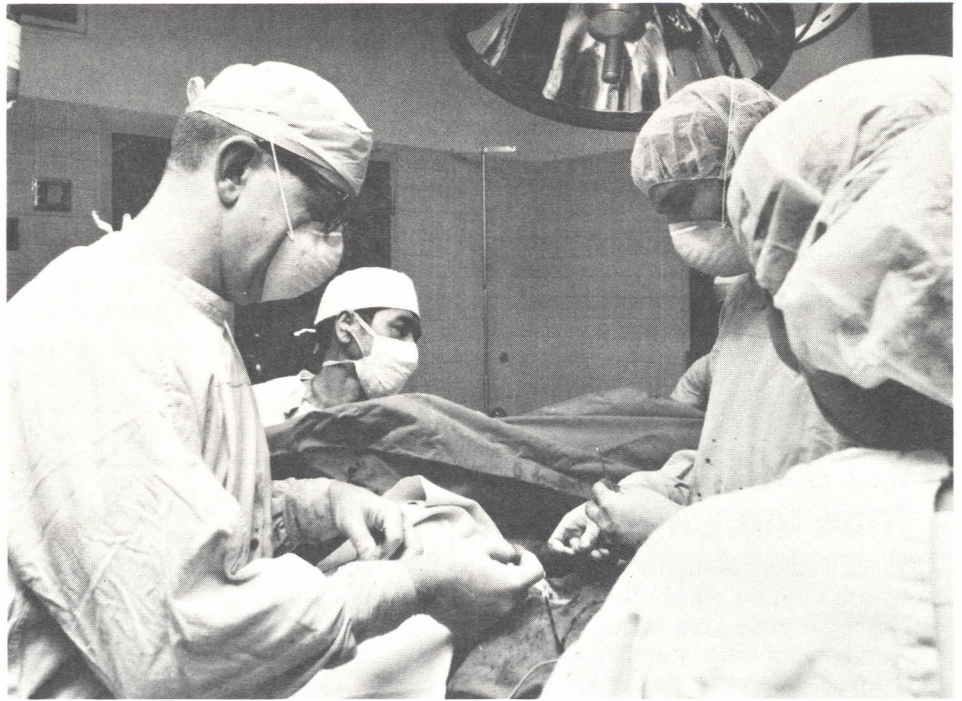
TRANSPLANT, from page 1

When MMC acquired its dialysis unit, Jan Drewry, M.D., was appointed Director of Nephrology for the hospital. She was charged with the operation of the dialysis unit, and along with Chief of Urology Donald F. Marshall, M.D., with laying the groundwork for the transplantation effort. The surgical team, under the leadership of vascular surgeon Ferris Ray, M.D., underwent training in Boston, New York City, Philadelphia, and Houston. In late 1970, kidneys were removed from two donors at MMC and rushed to Boston for implantation in waiting patients, a crucial step toward a complete transplantation here.

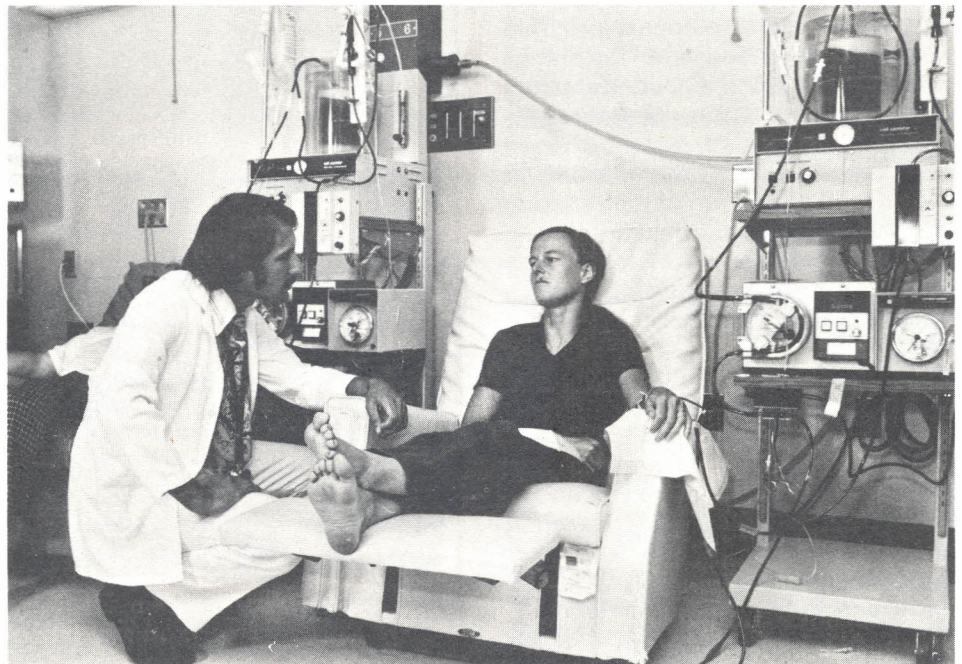
According to the present Director of Nephrology, Donald A. Leeber, M.D., the actual technique of kidney transplant surgery has not changed greatly over the last ten years. The major changes and advances in the treatment of people with end-stage kidney disease have come in dialysis, he says. Still, the success rate for transplants has improved, so that today the best possible match between donor and recipient carries a 90% success rate. Cadaver kidneys, at the low end of the desirability scale, nonetheless carry a success rate of nearly 60%.

As a result of dialysis and transplant programs, life for Maine's kidney disease patients has improved markedly over the past ten years. More than 150 people have undergone transplant surgery at MMC, and scores of patients are on either hospital or home dialysis. One example of just how much a successful transplant can improve a patient's life is the fact that several women have borne children after transplantation. It is generally not possible for a woman with end-stage renal disease to carry a pregnancy to term, but transplantation changed that for several Maine women.

Many people are responsible for the better chances available to the fifty or so Maine people each year who develop end-stage renal disease. Besides Drs. Drewry, Marshall, Leeber, and Ray, there are the other members of the transplant teams and myriad other professionals who work with transplant and dialysis patients. Those who give most of themselves, of course, are the donors, like Theresa Sprague's sister and Gerldine Vermette's mother. All successful transplant patients, in fact, could share Mrs. Vermette's thoughts after receiving her mother's kidney: "It's a rebirth."



TRANSPLANTATION SURGERY or hemodialysis are the only two options for patients with end-stage renal disease. Both have been available in Maine for about ten years. (A/V Photo)



Cancer nursing topic of upcoming class

The Oncology Nursing Series *Cancer Nursing: A Challenge for the '80s* will continue November 4. Chaplain Marvin Milbury and Marie Turcotte, RN, BSN, will present "The Psycho-spiritual Aspects of the Cancer Patient" in the R1 Classroom from 4:00 to 5:30 PM. The class will examine the emotional reactions of the patient and family facing cancer and the nurse's role in identifying the spiritual needs

of patients. Rev. Milbury will discuss collaboration between nurses and the chaplaincy service.

The cancer nursing series ends in December with a look at "Community Resources for the Cancer Patient." All classes are open to registered nurses and licensed practical nurses in MMC's Department of Nursing. Each session is submitted for continuing education credit approval by the Maine State Nurses' Association. For more information, please contact Staff Development at x2397.

EAC offers a lumpy commodity for sale

The Employee Activity Committee has sold baked goods, raffled off lobster, and sold tickets for everything from Boston bus trips to pot luck suppers, all to raise money to continue their good works for hospital employees. Now, the EAC has something *big* to sell:

Bids are now being taken on three tons of chestnut coal.

The coal is located in the basement to the EAC by the hospital, by way of Director of Engineering Services, Edward Hollidge. Hollidge explains that the coal, which has been at Chisolm House for years, is of little use in the hospital's present heating systems. "The only place we could burn it," he says, "is in the incinerator, which would be a waste." Also, he points out, the time involved in moving it from the Chisolm House basement would cancel any value.

Any interested employee may bid on the coal, on the following terms:

- The coal is to be sold in one lot -- your bid is for the entire three tons.
- Bids must be in by November 4.
- The successful bidder must pay before removing the coal.
- The hospital assumes no liability for the removal operation, and can provide no assistance in the removal.
- The coal must be removed by December 1, 1981.
- Submit written, sealed bids to either Joyce Decesere, Payroll, or Art Stevenson, Unit Manager.

Service award coffee set for November 16

An Employee Service Award Coffee will be held on Monday, November 16, from 9:30 to 11:00 AM in the Cafeteria Conference Rooms.

Employees attaining five years of service and multiples thereof between July 1 and December 31, 1981, will be honored for their long service. Approximately 180 employees will be recognized.

Supervisory sessions open to full house

The first segment of an on-going supervisory program entitled "The Theory and Practice of Supervision" began this week with full capacity registration. This module of the program is "Fundamentals of Supervision," and focuses primarily on defining the role of the Supervisor at MMC. Participants will discuss such topics as: the transition to supervision, the evolution of MMC as an organization, leadership styles appropriate for the 1980s, communications, and problem solving.

Each of the topics covered in Module One will be developed in greater depth with heavy emphasis on practice and application. A new module will be offered every two or three months, and each segment will be repeated two or three times during the year.

Participants in this offering of Module One represent a wide cross-section of MMC: Housekeeping, Rehab Medicine, Nursing, Radiology, Engineering, Accounting, CSD, Patient Accounts, Data Management, EEG, and Pathology. Enrollments in each module are limited to ensure ample opportunity for small-group and individual interaction. However, it is expected that the demand for such training can be met through frequent repetitions of the program.

For further information about this program and other types of management/supervisory development being planned, contact Susan Williams, Assistant Director of Training and Development, in Personnel x2824.

The Red Cross reports that blood levels are running below normal throughout the state. Donors are urgently needed. The Portland Red Cross Blood Center is open 10:30 AM - 6:00 PM Monday, Wednesday, and Friday, and 12:30 - 8:00 PM Tuesday and Thursday. For information on eligibility or other locations for donation, call the Blood Center at 775-2367 or 1-800-482-0743.

JCAH to visit MMC in November

A Joint Commission on the Accreditation of Hospitals survey team will visit Maine Medical Center on November 6, 9, and 10. The purpose of the survey is to determine whether the hospital is in compliance with nationally established standards of quality and performance in patient care and will therefore retain its accreditation.

MMC has been JCAH accredited since 1954. Seeking accreditation is a voluntary process reflecting a hospital's commitment to continuing evaluation and improvement of its performance in all areas of patient care. The JCAH is a private, non-profit organization created by and made up of health care professionals. Formed in 1951, it is governed by representatives of the American College of Surgeons, the American College of Physicians, the American Dental Association and the American Medical Association.

The idea of voluntary accreditation -- recognition of the need to evaluate and improve the care of hospital patients -- dates back to 1913 when the American College of Surgeons organized a program of standardization. JCAH is an outgrowth of that organization and currently has accreditation programs for hospitals, long term care facilities, psychiatric facilities and ambulatory health care programs.

A JCAH survey team generally includes a physician, a nurse, a hospital administrator, and a laboratory technologist; they will apply a check list of standards to some 24 areas of departments. After surveying and evaluating MMC, the team will consult with personnel in all departments surveyed.

A perfect compliance score is rarely possible; hospitals must comply substantially, however, and indicate a willingness to work toward compliance in all areas. A 100 percent grade from JCAH is next to impossible, since standards are in a continuing state of change to keep consistent with current knowledge, techniques and government regulations.

Nursing Continuing Education Programs

- *The Psychospiritual Aspects of the Cancer Patient,* Rev. Marvin Milbury and Marie Turcotte, RN, BSN.
November 4, 1981 4:00 - 5:30 PM R1 Conference Room
- *Critical Care Seminar: "Antidysrhythmic Drugs,"* Richard Anderson, M.D.
November 5, 1981 8:00 - 9:00 AM R8 Conference Room
2:00 - 3:00 PM

Morphology

ISSAWI'S LAWS OF PROGRESS

*The Course of Progress:
Most things get steadily worse.*

*The Path of Progress:
A shortcut is the longest distance
between two points.*

Please Note

RNs and LPNs licensed in Massachusetts must provide documentation of approved continuing education attendance for renewal of their Massachusetts licenses in 1982. Not all continuing education programs meet the requirements, so if you have any doubts, please check with your Staff Development Instructor or the Staff Development Office, 2397. Staff Development will be happy to assist with relicensure preparation.

New Employees

CENTRAL SERVICES: Mary P. Amoroso

FOOD SERVICES: Martha E. Conley, William J. Cote, Alan J. Johnson, Lisa Rowe

MATERIALS MANAGEMENT: Marcia Grant

MEDICAL TECHNICIAN SCHOOL: Marjorie Coleman

NUCLEAR MEDICINE: Thomas Starno

NURSING: Amie J. Bell, Evelyn L. Chapman, Suellen Clark, Patricia A. Conley, Nancy Flynn, Gwen B. Graham, Debbie A. Gray, Alison Hunnewell, Laurie Ledue, Elise M. Lund, Susan Magnuson, Beverly D. Miner, Kathy A. Sawyer, Patricia Seidel, Martha Woods

OUTPATIENT: Ann Kenny

PHLEBOTOMY: Carolyn R. Somers

PULMONARY MEDICINE: Michael W. Stephens

RADIOLOGY: Tamara Broderson

VOLUNTEER OFFICE: Margaret Hurl

NURSING: Virginia Erickson

PHYSICAL THERAPY: Donna L. Keenan, Roberta E. Young

COFFEE SHOP: Raymond Martineau

CSD: Renee J. Ouelette

RADIOLOGY: Mary Ann Dobbins

ADMITTING: Joline Goulet

Marketplace

FOR RENT: 3 rooms and half-bath, re-finished spruce flooring. Bedroom window overlooks Back Cove. Avail. Nov. 1, 775 Congress St. on third floor. \$260/mo. includes everything. Call 774-3880.

FOR RENT: New 3 BR home in South Portland. \$475/mo. plus utils. and sec. dep. No pets. Call 799-8922.

FOR RENT: Unfurn. 3 BR (can be 4 BR) apt. Avail. Nov. 1. Unheated. Quiet neighborhood, on bus line. No pets please. Call 774-3622 between 9 AM and 4 PM.

FOR RENT: Western Prom area. Excellent 3 rm apt., furnished, heated and parking for 1 or 2 persons who desire a truly peaceful building. Call 773-0123 days or 998-2373 eves for appt. in inspect. Refs. exchanged.

FOR RENT: Western Prom townhouse apt. 5 rms., frpl., hardwood floors. \$400/mo., heat included. No children, no pets. Sec. dep. and refs. Avail. Nov. 1. Call 774-8480 or 780-4241.

FOR RENT: 3 BR house at Pine Point Beach. Frpl. \$325/mo. plus utils. Winter rental. Call 883-5711 or 284-5325.

FOR RENT: Furnished 1 BR efficiency apt. at Pine Point Beach. Winter rental. \$60/week, utils included. Call 883-5711 or 284-5325.

MUSICIANS: Want to play bluegrass? Let's get together. Call Rich Casey at 688-4123.

FOR SALE: Smith Corona electric typewriter w/correcting cartridge. Used one school year. \$199 or best offer. Woman's down filled jacket, medium, ex. cond., \$45 or best offer. Call 775-1139 from 5 PM to 11 PM. Keep trying.

FOR SALE: 1978 Ford Econoline. Low mileage, good running condition. Asking \$2,800. Call 772-8015 or 773-1009.

FOR SALE: Gold colonial sofa and chair, \$125. Queen size mattress and box spring, \$100. Call 799-0235.

what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Barbara Burns, Editor.

Contributors to this issue:

Wayne L. Clark, Public Information
Cary Johnson, Public Information
Charlotte Hurd, A/V Resources
Judy MacKenzie, A/V Resources
Bonnie Scarpelli, A/V Resources
Leigh Whittemore, A/V Resources
George A. Drew, Print Shop
Henry J. Guiod, Jr., Print Shop
Jim Stewart, Print Shop

FOR SALE: 1980 Camaro Z28. Automatic V8, Claret w/white interior, AM-FM cassette, 25,000 miles. Kept in ex. cond. Asking \$7,695. Call 854-5417 after 4:30 PM. Ask for Gregg.

FOR SALE: G.F. Martin D35 Dreadnaught guitar. Hard shell case. Ex. cond. \$600. Call Rich Casey at 688-4123.

FOR SALE: New Levis menswear. Jackets, size 34. Pants, size 32. Call 797-8768.

FOR SALE: 2 13-inch snow tires in good cond. \$10 each. Call 799-5761 after 5 PM.

ROOMMATE(S) WANTED: To share large 4 BR house on Weymouth St. \$125/mo. plus utils. Call 772-3040, 1-5 PM only.

ROOMMATES WANTED: 2 women wanted to share w/same a large 3 BR duplex on Colonial Rd. LR w/frpl., DR, kit., shower upstairs. Playroom in cellar. \$125/mo. plus 1/3 heat and utils. Sec. dep. req. Call 772-6257 after 6 PM.

ROOMMATE WANTED: M/F to share 2 BR Eastern Prom apt. \$157.50/mo. includes heat & hot water. Off-street parking. Call 774-6338.

what's happening Maine Medical Center
Portland, Maine 04102

NON-PROFIT ORG.
U. S. POSTAGE
PAID
Portland, Maine
PERMIT NO. 35

MRS. ESTHER L. COUNTS
174 MARGARET ST.
SO. PORTLAND, ME

04106

