

# what's happening

Maine Medical Center  
Portland, Maine 04102

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June 10, 1981

## Nurse specialists fill many roles

When is a nurse at MMC a consultant, educator, and researcher as well as a practitioner? When she's a clinical nurse specialist, contributing to the quality of nursing practice and patient care in a specialized area. In this expanded nursing role, the nurse specialist collaborates with and assists all health care professionals, particularly nursing staff.

MMC currently has ten clinical nurse specialists, and employees had the chance to meet and talk with them May 29, at Clinical Nurse Specialist Day in Classroom 3. The session was organized to provide interested employees with insight to the duties of the nurse specialists.

As a practitioner, the clinical nurse specialist takes on selected patient care duties, both to maintain her own clinical expertise and to provide a role model for other nurses. She collaborates with other nurses, patients, families, and other health care professionals in assessing, planning, implementing, and evaluating patient care. In addition, she assumes selected patient and family education duties, and promotes continuity of care.

As a consultant, the clinical nurse specialist stays current with the latest information and resources in her area of specialty, and consults with nursing staff, nursing supervisors, and nursing administration, as well as appropriate outside agencies.

The nurse specialist assists Staff Development instructors, nursing supervisors, and nursing administration, in the development, organization, teaching, and evaluation of education programs in her special area. She is also ready to assist staff nurses and other members of the health care team in applying the best and most up-to-date nursing practices to patient care.



MMC'S NURSE SPECIALISTS met and talked with other employees at Clinical Nurse Specialist Day, May 29. (A/V Photo)

The research function of the nurse specialist is the acquiring and disseminating of recent scientific advances and research findings to the staff, and the conversion of research to nursing practice.

The ten clinical nurse specialists now working at MMC cover six general areas:

In Diabetes Nursing, specialists *Georgette Carpenter*, RN, BSN, and *Debra Perkins*, RN, BSN, conduct daily classes for diabetic patients and their families, work with individual patients and nursing staff, and assist outside organizations dealing with diabetics.

Oncology Nurse Specialist *Ethel Murphy*, RN, collaborates with the medical and nursing staff in the care of oncology patients, and works with

SPECIALISTS, page 2

## Maine Medical Center Board of Corporators meeting is today

Maine Medical Center's Board of Corporators hold their Semi-Annual Meeting today in the NDF classrooms. Registration begins at 2:30 p.m., and the meeting at 3:00 p.m.

Following the business meeting, the Corporators will receive a briefing on the current status of the hospital's long range facilities planning. Hospital administrators will provide insights into various facets of the project.

## Chaplaincy program set for this summer

Three area pastors and a Master's degree divinity student are taking part in a summer chaplaincy training program at Maine Medical Center. According to Director of Chaplaincy John Simpson, D. Min., the program will provide a clinical experience for the students, and test the ability of the three participants to deal with the physical, psychological, and spiritual stresses of a hospital ministry.

The three will work within the hospital under Chaplain Simpson's supervision, learning about the religious aspects of patient care and dealing with health professionals. Strong emphasis is placed on group dynamics, and the participants will spend much of their time discussing their experiences with Chaplain Simpson. The rest of their forty-hour week will be spent throughout the hospital.

Patrick D. Seymour, originally of Circleville, Ohio, has completed his M.A. work in Pastoral Counseling at Eastern Nazarene College in Quincy, Massachusetts, and holds a Bachelor's degree from the same school.

Donald G. Hobson is presently minister at the Foreside Community Church,

### MMC Library Summer Hours

Monday - Friday

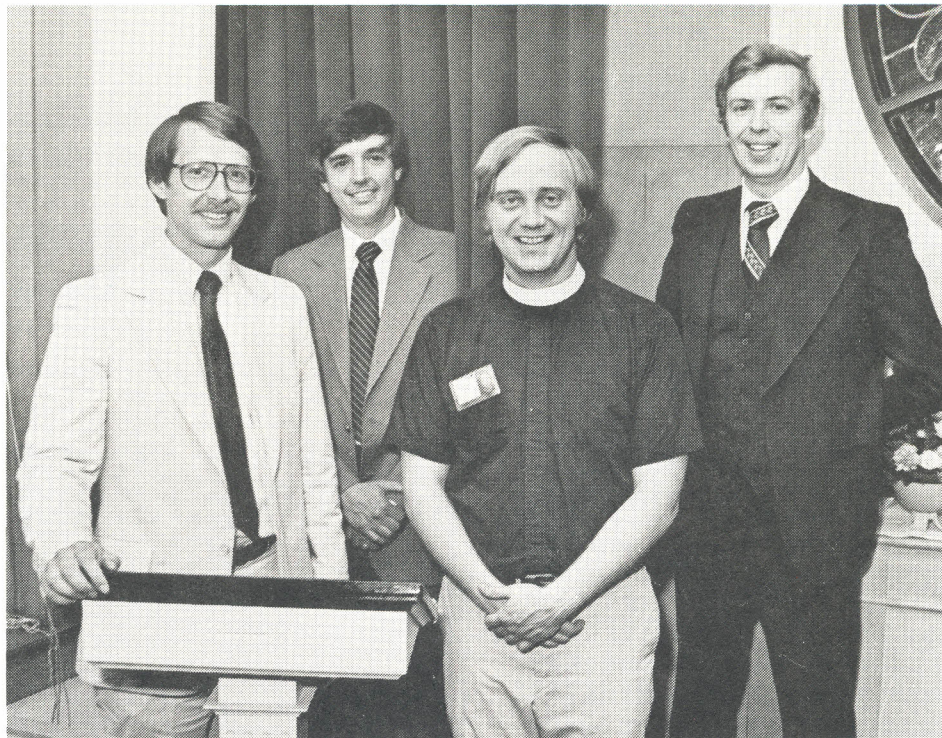
7:30 AM - 9:00 PM

effective June 1 - September 8

## Dale Shaw elected to state HFMA post

M. Dale Shaw, Project Accountant in MMC's Accounting Department, was installed as secretary of the Maine Chapter of the Hospital Financial Management Association at its May meeting in Waterville.

The HFMA is a national association of health care professionals from hospitals and other health care related organizations. Its primary objectives are to (1) increase the knowledge and proficiency of its members by providing educational programs; (2) provide a media for the exchange of ideas and cooperation among financial management personnel; and (3) promote and encourage standards of performance for individuals and institutions and undertake research in financial management topics.



**PARTICIPANTS IN THE MMC Summer Chaplaincy Program. From left: Donald G. Hodgson, Eric W. Kelley, Jr., James W. Sprague, and Patrick D. Seymour. (A/V Photo)**

United Church of Christ. A native of Deadwood, South Dakota, he attended the University of Iowa and is currently working on a doctoral degree at Andover Newton Theological School.

Eric W. Kelley, a native of Jonesport, Maine, is pastor of the Cumberland Center Congregational Church. He holds a Master of Divinity degree from the Bangor Theological Seminary, and

was ordained by the United Church of Christ in 1973. He and his wife and two children live in Cumberland.

James W. Sprague is Vicar of St. Martin's Episcopal Church in Palmyra, Maine. He received his B.A. from Hobart College and his Master of Divinity from General Theological Seminary. He and his wife and three children live in Pittsfield.

## SPECIALISTS, from page 1

patients and families in support and education activities.

In Psychiatric/Mental Health Nursing, Specialist *Peg Bradstreet*, RNC, MS, serves as a resource to members of the health care team in identifying and meeting the emotional needs of patients and their families. She also works directly with selected patients. *Margaret Howard*, RN, MSN, is a Child Psychiatric Nurse Specialist, consulting in nursing care of behaviorally-disturbed children. She works with MMC staff, community nursing agencies, and school nurses. *Leah Vosmus*, RNC, BSN, is Director of the Division of Partial Care in the Department of Psychiatry. She works as a therapist, and coordinates programs with the Community Mental Health Center. *Patricia Todorich*, RN, MS, Parent/Child Nurse Specialist, functions as a resource to the health care team in meeting the emotional needs of hos-

pitalized children and their families. She also works with pregnant women and family members, and provides direct services to them.

Rehabilitation Nurse Specialist *Jessie Drew*, RN, MS, FNA, consults on specific nursing problems in many areas, and assists in decisions about treatment plans and problems of the neurological muscular system.

Respiratory Nurse Specialist *Christine Hanscome*, RN, is available as a consultant in all aspects of respiratory nursing care, and works to improve and maintain the standards of respiratory care for both in- and outpatients.

In Surgical Nursing, Specialist, *Doris Legere*, RN, ET, BSN, consults with nursing and medical staffs regarding the nursing care of any surgical patient. She assists the nursing staff with specialized instruction, and works in pre- and postoperative education of patients and families.

## DES-exposed people should be wondering

Diethylstilbestrol (DES) is a synthetic hormone used between 1940 and 1971 as an anti-miscarriage drug for pregnant women. This "wonder drug" lost its FDA approval in 1971, and ongoing research has detected medical problems in the children of DES-exposed mothers. According to the Maine Department of Human Services, some 27,000 to 54,000 mothers, daughters, and sons may have been exposed to DES in Maine.

The National Cancer Institute has warned that anyone -- mother, daughter, or son -- exposed to DES should be checked by a physician. The development of cancer is one of the potential side-effects of DES exposure, but there may be other, less serious problems as well.

The NCI has developed recommendations for DES-exposed mothers, daughters, and sons. The first, and most important, is the medical examination to check for problems. The rest includes self-checks and periodic re-examination. For more information, contact the NCI's Cancer Information Service at 1-800-225-7034.

## Visiting Board gives \$10,000 gift to PCC

The Visiting Board of The Children's Hospital has made a \$10,000 contribution to the Maine Poison Control Center. The gift, according to Board president Mrs. Waldo P. Strahan, is for general purposes, but was inspired by "what superb services the Center is able to provide for children."

The Visiting Board was founded in 1910, in aid of the Children's Hospital, and continues its support of pediatric care at MMC through volunteer services and financial contributions.

The Poison Control Center, located in the Emergency Department at MMC, annually handles 10,000 to 12,000 calls a year, maintaining a toll-free, 24-hour a day, 365-day a year poison information service for individuals and medical professionals. The majority of the calls received are from individuals seeking information about suspected poisoning -- and most of those callers are parents concerned for their children.

The Center has also carried out an extensive public education campaign directed at "child-proofing" homes against accidental poisoning.

All in the MMC family are invited  
to coffee in honor of

**ALBERT ARANSON, M.D.**

on his retirement after 19 years as  
**Chief of the Department of Internal Medicine**

★★★★★★

Please come to wish Dr. Aranson well

**Tuesday, June 16, 1981**

9 a.m. – 11 a.m.

Cafeteria Conference Rooms

## Board approves four new staff appointments

Turner Bledsoe, M.D., Vice President for Health Affairs, announces the following Medical Staff appointments as approved by the Maine Medical Center Board of Trustees:

Marshall W. Carpenter, M.D., MMC, to Associate Medical Staff, Department of Obstetrics/Gynecology; Allan

C. McLean, M.D., South Portland, to Associate Staff, Department of Obstetrics/Gynecology; Jim Pang, Jr., M.D., MMC, to Associate Staff, Department of Psychiatry; Frederick R. Radke, M.D., 131 Chadwick St., Portland, to Associate Staff, Department of Surgery.

All of these appointments become effective upon completion of residencies, on or about July 1, 1981.



**VISITING BOARD PRESIDENT Mrs. Waldo P. Strahan presents the Board's donation to the Maine Poison Control Center to Frank H. Lawrence, M.D., (right) Chief of Emergency Medicine, and Bruce Campbell, Director of the Center. (A/V Photo)**

# Marketplace

**FOR RENT:** Baxter Blvd. home, overlooking Back Bay. Avail. June 22 thru Sept. 7. \$1600, includes utils. Call 774-2244.

**FOR RENT:** 2 BR house in Cape Elizabeth, private, large attic, and garage/basement, wooded yard. Avail. early July. Reasonable. Call 799-5806.

**FOR RENT:** Unfurnished Portland townhouse. 2 BR+, private deck, working frpl., parking, yard, avail. garden space. \$475/mo. includes heat and all utils. Call 774-2007 after 5 PM weekdays.

**FOR SUBLET:** Fully furnished 1 rm. apt. Avail. July 1 thru August 23. \$195/mo. includes all utils. Call 774-9609.

**FOR SALE:** Solid maple dining room set, china closet, gate-leg table, 6 chairs, ex. cond. Call 797-9355.

**FOR SALE:** 1978 Honda Hobbit moped with baskets, approx. 100 mpg, ex. cond. \$350 or best offer. Call 774-8585 eves.

**FOR SALE:** Alfred Dunner 3-piece suit, new; sz. 16 jacket, sz. 23 pants, sz. 14 skirt. \$40; Baby swing-a-matic, \$20; 2 umbrella carriages, \$10/ea. Call 772-5103.

**FOR SALE:** 30" electric whirlpool stove, continuous clean, ex. cond. \$300. Call 799-2282.

**FOR SALE:** Moving, must sell: desk, baby items, double bed, bureau, maple dining set, and more. Call 883-9044.

**FOR SALE:** 1974 Mercury Comet, 2 door, 6 cyl., new front tires and radiator. Great cond. \$1695. Call 854-2089 weekdays after 5 PM.

**FOR SALE:** Whirlpool dryer, large, used little; black office-type desk and chair. Can be seen at 12A Gilman St., Port. (use side door in yard).

**SOLD:** Marketplace regulars will be pleased to know that the 8-foot pram has been sold. It pays to advertise. . . and advertise. . .

**FOR SALE:** Rossignol skis, 175 cm., Salomon bindings, ladies size 7 Nortalia boots, poles, \$110; Pioneer PL 45 D turntable, \$80; sofa and chair, \$230. Call 774-1065.

**FOR SALE:** Sears Kenmore washer and dryer, heavy duty, ex. cond., \$200; Jotul woodstove #602 with attachments, \$200. Call 799-5806 eves.

**FOR SALE:** Wilderness trip. July 19 thru August 1. Adventure in outdoor living. Led by certified guide and instructor. Half price, \$200 or best offer. Call Wendy at 799-3230.

**FOR SALE:** Peugeot VO-8 10-speed bicycle, 23 inch frame, 5 years old, good shape. \$110. Call 934-4983.

**FREE:** 2 male tiger kittens to a good home. Healthy, had shots. Call 774-2007.

**WANTED:** To do house painting. Reasonable. Call 773-4147 after 5 PM.

**WANTED:** Ride daily to MMC from Bridgton area. Call 772-7339 eves.

**BABYSITTING:** Will sit for one child in my home, 5 days a week. Inquire at 12A Gilman St., Portland (use side door in yard).

## Upcoming nursing educational programs

● *Congenital Heart Defects in the Pediatric Patient*, Richard McFaul, M.D.  
June 16, 1981 3-4:30 PM  
R8 Conf. Room.  
Approved by MSNA for two CEARP's.

● *Recognition and Prevention of Post-operative Complications in Gynecological Surgery*, Kenneth Doil, M.D.  
June 18, 1981 3:45-4:45 PM  
CIRM. #2.

For further information, please call Staff Development at ext. 2397.

## what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to the Editor, Public Information Office, MMC, Portland, Me., 04102. Barbara Burns, Editor.

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## Winning photos are up for all to see

The winning photographs in the 1981 MMC Employee Photo Contest are on display on the ground floor! If you haven't seen them yet, opposite the Richards wing elevators and beside the *What's Happening* box near the Pharmacy, they're awaiting your examination.

The displayed photos represent the best of over 225 that were entered in the contest. They are in three divisions -- color, black and white, and instant -- and in three categories -- people, pets, and wildlife, scenic, and open.

The Employee Activity Committee, and the Departments of Public Information and Audio/Visual Resources once again wish to congratulate the winners and all others who entered the contest. It is hoped the entries next year will be of similar high quality, and that even more employees will enter their best photos.

## New Employees

**DATA ENTRY:** Cynthia Peterson

**EMERGENCY:** Denise LeClerc

**HOUSEKEEPING:** James Anderson, Allan Hill

**NURSING:** Ann Bishop-Kodis, Elizabeth Bolton, Vicki Buck, Constance Doombs, Laurice Dunning, Linda Eldridge, Susan Fontaine, Joan LaFond, Nancy L'Heureux, Patricia Mazzei, Linda Pietila, Teresa Ricker, Cheryl Sullivan, Janice Williams

**PHARMACY:** Tara Geelhoed

what's  
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happening

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