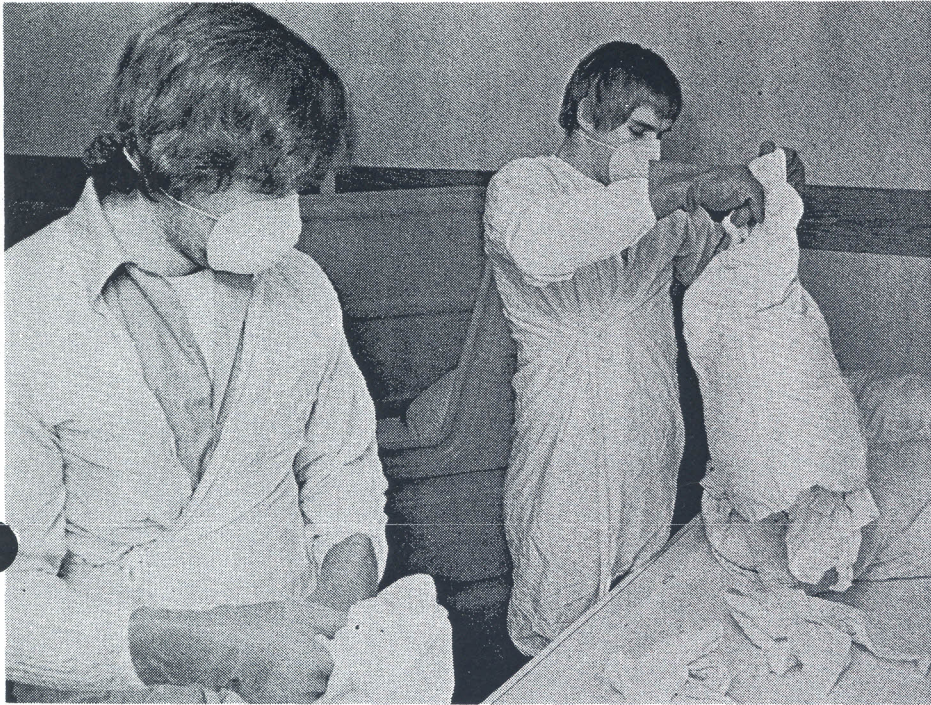


# what's happening

Maine Medical Center  
Portland, Maine 04102

Vol. 12, No. 25

January 21, 1981



**AT WORK IN THE SORTING ROOM** in MMC's Laundry are Bruce Small, left, and Jay Allen. Linen from isolation rooms goes to a separate area. Some 10,000 pounds of linen goes through the Sorting Room each day, but thanks to these sorters, personal patient property doesn't. (A/V Photo)

## Supervisory series has a good start

A series of special discussion groups for supervisory personnel began this month at Maine Medical Center, aimed at improving awareness of the hospital's organization, policies, and procedures as a basis for management skills development. "The Hospital's Organization" was the topic for this month, with discussion led by MMC President Edward C. Andrews, Jr., M.D..

The structure of MMC's governing and managing bodies was covered in detail at the January session, beginning with that part which rests in the community the hospital serves: the Board of Corporators. These 248 members of the community, representing many walks of life, annually elect from their membership a Board of Trustees.

The Trustees, who serve without compensation, have the ultimate governing authority for the hospital, and are legally responsible for all that the hospital does.

Dr. Andrews pointed out that MMC's organizational chart doesn't fit into the typical triangle seen in most businesses, and described the interrelationships of the Board of Trustees, the Medical Staff, and the hospital's administration.

The organization of Maine Medical Center is very complex, but the present system has evolved over many years and serves its purpose well. Supervisors are finding the sessions useful, and the information being presented now will provide a foundation for the more detailed, complex topics scheduled for future sessions.

## Linen sorters also recover belongings

The Maine Medical Center Laundry is a production operation: soiled linen comes in one end, and clean comes out the other. At the soiled end is the sorting room, where the linen carts from the units converge and the johnnys, sheets, pillow cases, and gowns are separated for individual routes through the Laundry. One part of this operation is checking the linen for personal objects left attached or in pockets, and this checking not only saves wear and tear on the laundry and machinery, but often makes people who lost items very happy.

A patient on one of the hospital's surgical units called What's Happening last week, to tell us how the combined efforts of her nurse, unit clerk, and the Sorting Room people found a lost object of hers. She had been wearing, on her johnny, a religious medal that meant a great deal to her. In the pre-operation hustle and bustle, she had

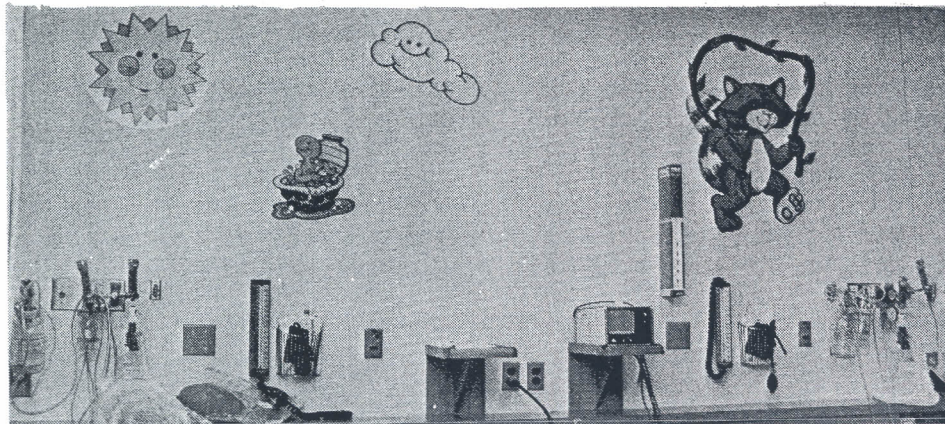
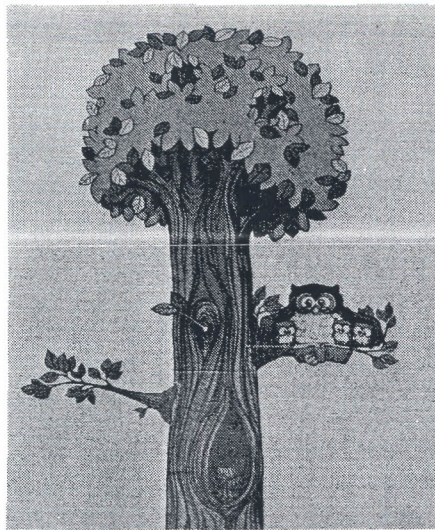
**SORTERS**, page 2

## OPD education series continues this month

The Outpatient Department Continuing Education Committee invites MMC health care personnel to the January program of its "Community Resources" series. Les Bennett, Supervisor of the Adult Protective Unit of the Department of Human Services, and Judy Fletcher, Assistant Maine Attorney General, Legal Counsel for Adult Protective Cases, will discuss "Protective Services for Adults."

The session is scheduled for Wednesday, January 28, from 8:30 - 9:30 AM in the R1 Conference Room. CEARPs have been requested from the Maine State Nurses Association. Coffee will be served.





**POST-OP PATIENTS WAKE UP IN CHEERIER SURROUNDINGS** these days, since the Recovery Room staff put up these brightly-colored posters. (A/V Photo)

## Section 504 Grievance Procedure at MMC

Maine Medical Center has an internal grievance procedure providing for prompt and equitable resolution of complaints alleging any action prohibited by Section 504 of the Rehabilitation Act of 1973 as amended, entitled Non-Discrimination on Basis of Handicap. Section 504 states, in part, that "no otherwise qualified handicapped individual shall, solely by reason of his or her handicap, be excluded from the participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance. . ." The law and regulations may be examined in the office of Ronald J. Baril, Director of Personnel and Employee Relations, Maine Medical Center, Tel. 871-2964/2965, who has been designated to coordinate the efforts of Maine Medical Center to implement the regulations.

1. A complaint should be in writing, contain the name and address of the person filing it, and briefly describe the action alleged to be prohibited by the regulations.

2. A complaint should be filed in the

office of the Section 504 coordinator within a reasonable time after the person filing the complaint becomes aware of the action alleged to be prohibited by the regulations.

3. The President, or his or her designee, shall conduct such investigation of a complaint as may be appropriate to determine its validity.

4. The President, or his or her designee, shall issue a written decision determining the validity of the complaint no later than thirty (30) calendar days after its filing.

5. The Section 504 coordinator shall maintain the files and records of the Maine Medical Center relating to complaints filed hereunder. The Section 504 coordinator may assist persons with the preparation and filing of complaints, participate in the investigation of complaints, and advise the President, or his or her designee, concerning their resolution.

6. A person filing a complaint hereunder may also pursue other remedies at law.

**SORTERS**, from page 1

forgotten to remove the medal when she discarded the garment, and was quite upset when she realized what had happened. This added to the anxiety she already felt about the upcoming operation, and the unit clerk called the Laundry for help.

The linen from the patient's unit was already in the Sorting Room, on its way to becoming part of the 10,000 pounds of laundry that goes through the room each day. Alerted to the problem, the crew paid extra attention going through the laundry bags, and found a medallion pinned to a johnny. It was rushed to the unit, but it was the wrong one. The patient was on her way to surgery, having given up hope of finding the medal, when the unit clerk came rushing down the hall behind her waving another medal. It was the right one, and the patient went to surgery happy.

This heroic effort was actually all in a day's work for the Sorting Room, where a washbucket full of personal objects is recovered weekly. Jewelry is most common, but eyeglasses, wallets, and clothing items also wind up in the linen. According to Linen Services Manager Ken Davis, the Laundry has even gone so far as to repair broken jewelry before returning it.

## Nursing offers RNs professional seminars

The Department of Nursing Staff Development division is planning a monthly seminar series for RNs. Each seminar offers a topic of general interest to RNs to assist in professional development.

The first RN professional seminar will be "Burnout - a Professional Hazard in Nursing" led by Ms. Peg Bradstreet, RN, CMS, on Wednesday, January 28, 1981 from 4:00 - 5:30 PM in Classroom 2. This seminar is for RNs employed by MMC only.

These educational programs will be submitted to the MSNA for approval for continuing education points. All RNs employed at MMC are invited to attend and selected programs will be open to RNs in the greater Portland community.

**FOOD SERVICE  
EMPLOYEE OF THE WEEK**

is

**LINDA CONGLETON  
DIETARY AIDE  
CAFETERIA**



## "Elements of Estate Planning" seminar

The Maine Medical Center Deferred Giving Committee announces its fourth special seminar on "The Elements of Estate Planning", to be presented on Saturday, February 7, 1981, at the Maine Medical Center. The volunteer faculty includes John R. Cornell, Esq., of Drummond Woodsum Plimpton and MacMahon; Frank H. Frye, Esq., of Jensen Baird Gardner & Henry; Edwin A. Heisler, Esq., of Richardson Tyler and Troubh; and H. Davison Osgood, Jr., Attorney. Messrs. Cornell, Heisler, and Osgood are members of the MMC Deferred Giving Committee, and all four have participated in at least one of the earlier seminar presentations.

The program will begin with coffee and registration at 9:30 AM, and the first session, from 10 AM to Noon, will include discussion of "Mechanics of Wills and Trusts, including Terminology and Intestacy" and "Basic Principles of Taxation". Following a brief informal sandwich luncheon, the second session will continue, with a discussion of gift taxes and estate taxes, as well as case studies. The seminar will end with a question and answer period and adjournment by 2 PM.

As space is limited to 125 seats, reservations will be made on a first-come, first-served basis. Tickets of admission will be sent to those with reservations. Those interested should write or call the Development Office, 22 Bramhall Street, Portland, Maine 04102. Telephone: 871-2669. Deadline: January 28, 1981.

## Don't forget! It's new sticker time

Your blue Maine Medical Center parking sticker will be useless after January 31. The new stickers -- green ovals for payroll deduction parkers and orange and black triangles for those who pay by the hour -- take effect on February 1. All employees with current stickers received new ones with their paychecks a few weeks ago, and time is running out for the 1980 decals.

The new sticker is to be placed in the same spot as the old one, and should removal of the outdated sticker be difficult, scrapers are available in the Parking Office, the Security Office, and at the attendants' booths. Everyone received one sticker only; if more are needed for additional cars, they are available in the Parking Office.

## Cancer nursing to be topic of discussions

The Maine Medical Center Department of Nursing is beginning a series of monthly classes entitled "Cancer Nursing: A Challenge for the 80's." Each session will be held on the last Tuesday of each month, beginning January 29, 4-5:30 PM in the R1 classroom. The focus is on a holistic approach to the care of oncology patients, and the first class will be a discussion of the "Pathophysiology of Cancer," presented by Daniel Hayes, M.D., an associate oncologist at MMC.

All classes will be conducted by nurses, physicians, and other members of the health team involved in the care of the cancer patient. Scheduled topics include a panel discussion of a philosophical approach to the cancer patient, nursing responsibilities for the patient receiving chemotherapy, radiotherapy, nursing management of the patient in pain, nutritional needs of oncology patients, psycho-spiritual needs of cancer patients, and community resources available for oncology patients.

Sessions will be open to registered nurses and licensed practical nurses employed by Maine Medical Center. Continuing Education Units have been requested for the Maine State Nurses' Association. Members of the planning committee for the series include: Ethel

Murphy, RN, Oncology Nurse Specialist; Phyllis Bastone, RN, BSN, Staff Development Instructor; and Kathy Kaulakis, RN, MS, Staff Development Instructor.

For more information and a class schedule, contact Phyllis Bastone or Kathy Kaulakis at x2397.

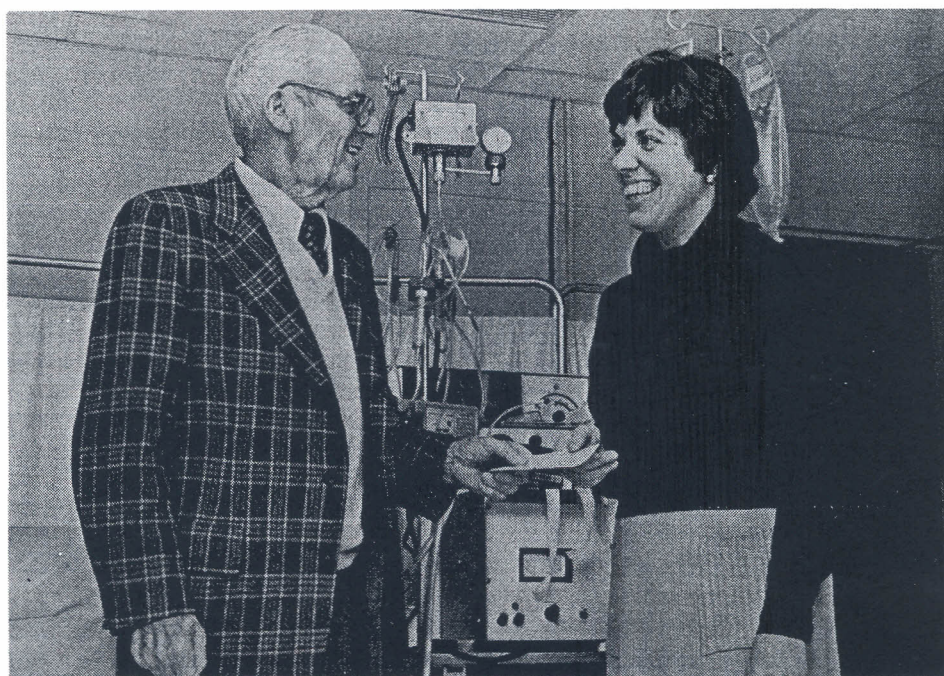
## About People

Two Operating Room nurses at Maine Medical Center have passed their national certification exams. Barbara Ellsworth, RN, Head Nurse, Cardiovascular Surgery, and Maureen Bien, RN, Assistant Educational Coordinator, met the standards of the Association of Operating Room Nurses, and are now entitled to add the "CNOR" designation to their names.

## Please Note

The Maine Medical Center Storeroom will be closed for inventory Friday, January 30. Orders scheduled for regular Friday delivery will be delivered Thursday afternoon. Requisitions must be received by 10 AM Thursday. Orders not received by then will be delivered Monday, February 2. Only emergency requisitions will be accepted during inventory, and must be routed through the Materials Management Office.

Please anticipate your department's Friday needs.



**PAULA ROMANO, M.D., Director of the Cellular Immunology Lab at the Foundation for Blood Research in Scarborough, accepts an \$8,950 check from Ken Cadigan, President of the Kidney Foundation of Maine. The Kidney Foundation awarded the grant to the FBR for a study of the correlation of HLA type and polycystic kidney disease. (A/V Photo)**



## Mind control is one of our *Hard Choices*

Behavior control is seldom as malevolent as that allegedly practiced on Patty Hearst or the Moonies, but we are all affected by the practice to some extent. "Behavior Control," one of six programs in the *Hard Choices* series being shown in Maine on UHF Channel 26, explores different degrees of mind control. Willard Gaylin, M.D., President of the Hastings Center: The Institute of Society, Ethics, and the Life Sciences, hosts the KCTS/Seattle production, made possible by a grant from the National Endowment for the Humanities.

"Behavior Control" raises several ethical questions: when is it proper to modify human behavior? Which values can behavior control promote and which can it destroy? Who says "yes" and "no" to behavior control? The show looks at the work of Hal Becker, a biomedical engineer who designed a weight control method that featured subliminal commands. Some department stores incorporated his method in their Muzak systems to cut down on shoplifting, with remarkable results. Dr. Gaylin asks: "in those stores that use Becker's equipment, what's to stop the anti-theft message from being replaced with one that says 'buy more?'"

The use of scientific analysis to produce TV commercials that elicit the optimal consumer reaction is also examined, including its use for political advertising. New techniques being used to control the behavior of the mentally ill, including a controversial brain pacemaker, are included in the show.

"Behavior Control" may be seen at 11 PM, Friday, January 23, on MPBN's Channel 26.

## Marketplace

**FOR RENT:** Small efficiency apt. on Deering St. Heated, parking. \$185/mo. Call 774-5322.

**FOR RENT:** Gorham 4 BR Cape, large LR w/Franklin fireplace, on one-acre lot. \$425/mo. Call 892-8426 after 5 PM.

**FOR RENT:** Woodfords 2nd floor apt., LR, BR, kitchenette, bath, all utilities. Parking, adults, no pets. Call 772-8227 after 3:30 PM.

**FOR RENT:** Stroudwater area house, 6 rooms, 1 car garage, fenced in yard, pets and 1-2 children allowed. \$350/mo. plus sec. dep. and utils. Call 772-1890.

**FOR RENT:** Efficiency apt. at 690 Congress St., 2 rooms, furnished, heated, bath w/shower, security and intercom system. Adults, no pets. Avail. now. \$195/mo. Call Mr. Adams at 797-3681.

**FOR RENT:** 1 BR apt. near MMC, newly decorated, w/w carpet, new appliances, utils. included. \$250/mo. plus sec. dep. Call 773-9662 after 5 PM.

**FOR SALE:** Crib with mattress, playpen, baby clothes. All in perfect condition. Call 773-7911.

**FOR SALE:** 1967 Ford Mustang, V8, 4 speed, ex. cond. Needs some cosmetic work on exterior, interior in fine shape. 78,000 miles. Repair records avail. \$1,200. Call Susan or Mike at 773-7162 until 9 PM.

**FOR SALE:** Portable Kenmore dryer, ex. cond. \$125. Call 282-3279.

**FOR SALE:** 1975 Chevy Vega station wagon, auto., rust proofed, \$650 or B.O. Call 773-5844.

**FOR SALE:** Pair of snow tires mounted for Oldsmobile, never used. G.R.-78-15. Call 883-2058.

**FOR SALE:** 1974 Chevy Caprice, ex. cond., 4 door, auto., dependable transportation in sub-zero weather, 52,000 miles, must sell. \$1,700. Call 772-3855 and keep trying.

## what's happening

**WHAT'S HAPPENING** is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to the Editor, Public Information Office, MMC, Portland, Me., 04102. Barbara Burns, Editor.

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**FOR SALE:** Hardman Duo Player Piano, \$900 or B.O. Call 799-0314.

**ROOMMATE WANTED:** To share spacious 3 BR Portland apt. with 2 males. \$130/mo. includes heat. Call 775-4361.

**WANTED:** 150-175 lb. mushroom mooring system for sailboat. Call 772-0890 after 6 PM.

**WANTED:** Dinghy, small skiff or pram as sailboat tender. Call 772-0890 after 6 PM.

**LOST:** Gray Littman Stethoscope. Koala bear on tubing; owner's name engraved. Call Nancy at 797-5769.

## New Employees

**ANESTHESIA:** Herbert Hamel

**CENTRAL SERVICE:** Michael Crockett, Richard Verre

**DATA MANAGEMENT:** Eric Anderson, Susan Carr, Bruce Curran, David Foster, Margaret Guthrie, David MacKinnon, Michael McKellar, Michael McLean, Timothy Page, Deborah Pednault, Blaine Scott, Arthur Souza

**FOOD SERVICE:** Linda Grondin

**HOUSEKEEPING:** Robert Fry, Rosielyn Ustaris

**LAB OP SERVICES:** Mary Doyle

**LINEN SERVICES:** Jay Allen

**NICC:** Constance Jones

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**RADIOLOGY:** Andrea Beaudet

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Portland, Maine 04102

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## Morphology

**SCHNATTERLY'S SUMMING UP  
OF THE COROLLARIES**

*If anything can't go wrong, it will.*