what's Maine Medical Center Portland, Maine 04102 **December 10, 1980**

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Holiday party plans promise fun for all

How does this sound: eggnog, quiche lorraine, swedish meatballs, ham puffs, cheese puffs, nut breads, desserts? How about the chance to win one of thirty gift certificates for restaurant meals and merchandise, one of five hams, or a grand prize of a cord of wood or its equivalent? How about the chance to spend some time relaxing, socializing, and eating in a holiday atmosphere created by the combined talents of the Food Services Department and employee window-decorating contestants, listening to Christmas songs and the music of Tony Boffa?

If it sounds like a description of the perfect employee Christmas reception, you'll be happy to know it's precisely what will happen Tuesday, December 16, in the MMC Cafeteria. A special morning reception is planned for night shift employees only, from 6:30 to 8:30 AM, at which Food Services Production Manager John Romano and his helpers will present a menu including eggnog, juice, coffee, scrambled eggs, bacon quiche, assorted danish, muffins, donut holes, and nut breads.

An afternoon reception for employees and retirees, from 2:00 to 7:00 PM, features eggnog, hot mulléd cider, cranberry fruit punch, coffee, cheese and fruit, swedish meatballs, cocktail franks,

cheese puffs, quiche lorraine, chicken drummers, ham puffs, canapes, and assorted desserts. Dieters are urged to save a few calories for the reception.

Door prizes will be drawn during both receptions, and the certificates include some for meals at such restaurants as F. Parker Reidy's and The Roma, and for merchandise at L. L. Bean and Service Merchandise. The grand door prize is a cord of wood, or its equivalent in any other fuel or in money, and the grand drawing will happen sometime between 3:00 and 4:00 PM. An added attraction will be drawings for five hams donated by the Employee Activity Committee.

A special part of the reception decor will be the window decoration done the night before by competing hospital departments. Eighteen windows will be available for the contest, and the work must be done between 6:00 and 9:00 PM Monday night. Prizes will be awarded in three categories - most artistic, most creative, and most unique - and the Food Services crew will provide refreshments to the amateur Michelangelos as they work. To find out if there are still any windows left, call Debbie McLaughlin at 2824.

All in all, the 1980 Holiday Reception promises to be the biggest, most interesting, and most enjoyable ever. Don't miss it!



Let it snow — the plows are waiting

Maine Medical Center's 1980 Snowplowing Procedures, already christened by the surprise storm in November, are designed to keep vital areas clear at all times, and secondary areas as clear as possible once the crews are ahead of the storm. Employees are asked to take note of the procedures, and direct any questions to the Office of Hospital Engineering.

When the snow falls, Paul Bergeron and his Buildings and Grounds crew will

start plowing in these locations: the Bramhall entrance, the Emergency entrance, the Gilman Street entrance to the Ramp, the Admitting entrance, and the Southern Maine Radiation Therapy Institute entrance. The primary objectives will be keeping the Emergency entrance open and keeping the Ramp open. If necessary, the hospital will plow parts of Charles and Gilman Streets in order to accomplish this.

Once the crews get ahead of the snowfall, they will expand plowing efforts to include fire exits, the entrance and carport at Holt Hall, and the entrances at Thomas House and Chisholm House. All hospital entrances will be sanded and salted at shift changes, for the benefit of employees.

The Bramhall parking lot is emptiest between midnight and 6 AM, and that is when it will be cleared. The snow will be pushed out by way of the Chadwick Street fire gate, where it will be piled to await removal by outside contractors. Likewise, all snow plowed up on the hospital grounds will be removed by heavy equipment from the outside.



A RECENT VISITOR to the Southern Maine Radiation Therapy Institute was Robert P. Azinger, Plant Manager of the new Pratt & Whitney Aircraft Group facility, a division of United Technologies, in North Berwick. He made the visit in order to present a generous corporate gift to the Cancer Radiation Treatment Fund. Pictured left to right are: James F. Goodrich, MMC Trustee and member of the CRTF committee; Rudolph T. Greep, MMC Corporator and CRTF committee chairman; Mr. Azinger; and J. Howard Hannemann, M.D., Director of SMRTI. They are standing by the new 20 MeV linear accelerator, which cost \$780,000 and is being provided by generous charitable gifts to the CRTF. (A/V Photo)

FBR appoints two to new clinical posts

The Board of Directors of the Foundation for Blood Research has approved two new positions at the Foundation: Director of Protein Chemistry Research & Development, and Director of Genetic Research & Service. The governing body of the Scarborough-based research center held its annual meeting November 12.

Dr. Gail A. Hudson, who came to the FBR in 1977 upon completion of her Ph.D. work at the Massachusetts Institute of Technology, will direct Protein Chemistry Research & Development. She has recently been awarded a \$50,000 Industrial grant to develop extended techniques in Immunoassay. Her research interests include Nephelometry and

Raffle, raffle

Tickets for the Employee Activity Committee Christmas Raffle are available now from any member of the EAC. There will be three prizes: Savings Bonds worth \$500, \$200, and \$100. Winners will be drawn at THE Christmas Party on December 16. Immunochemistry. In the fall of 1979 Dr. Hudson served as Assistant Professor at the University of Southern Maine, and was recently a guest lecturer at Bowdoin College.

Dr. Thomas G. Brewster, the new Director of Genetic Research & Service, came to the FBR in 1978. He had previously been a Research Fellow in Pediatrics at the Harvard Medical School, and is the only full time Clinical Geneticist in Maine. He is involved in prenatal and genetic research, as well as in clinical diagnosis and patient evaluation at the FBR. Dr. Brewster has staff appointments at Maine Medical Center, Central Maine Medical Center, Webber Hospital, Children's Hospital Medical Center, Boston, and the New England College of Ostepathic Medicine.

About People

MMC Assistant Director of Inventory Management Heidi Luce announces the promotion of Joe Fraser to Buyer in the Materials Management Department. Fraser has been with MMC six years, and was promoted from the position of Supply Clerk.

Christmas decor must follow safety rules

Christmas brings with it the urge to decorate, and seasonal trappings sprout miraculously at MMC this time each year. A few words of caution are in order for employee elves and gnomes as they go about this task, however. From Donald L. McDowell, Vice President and Treasurer, come the following guidelines for holiday decorating:

- Evergreens or live greens, in any form, cannot be permitted on hospital property.
- Electric lights or electrified ornaments cannot be allowed.
- Decorative materials, such as tinsel, posters, hanging items, etc., cannot be used if they are easily ignited (flammable crepe paper, for instance). Tinsel and artificial trees must be of the fire retardant and self-extinguishing type.
- Materials should not be placed so that they impede traffic or jeopardize personnel/patient safety (for instance, if hanging material could catch on an IV pole or strike a person's face or eyes).
- The glass in fire hose cabinets and vision panels in doors may not be covered. As always, discretion should be used in the manner in which material is attached to painted surfaces so that the tape does not remove the paint.

These policies apply to all parts of all hospital buildings. Any questions should be referred to Jim Fraser, MMC Safety Officer, x2443.

Please Note

The Southern Maine Association of Critical Care Nurses is having a bake sale on December 19, 8 AM to 12 Noon, in the Admitting Lobby.

Daily diabetic teaching classes at MMC will not be held December 24 through January 2. The regular schedule will resume Monday, January 5, 1981.

Notice to all Registered Nurses

Registered Nurses must show a 1981 license to practice nursing in Maine to their Head Nurse/designee prior to December 24, 1980. Judith T. Stone, RN, Vice President for Nursing, notes that to work even one day without having the recorded current license would be in violation of the State of Maine law regulating the practice of nursing.



PATIENT SURVEY Committee members met for luncheon recently, marking their 10th year of contribution to the high quality of care at MMC. From left: Mrs. Robert Williamson, Mrs. Herbert S. Holmes, Jr., chairman, and Mrs. Lyle Clevenger. (A/V Photo)



500-HOUR Volunteer Mrs. James Flaker chats with Mrs. Perry Hudson.



JUNIOR VOLUNTEERS had a recognition day of their own in October, and MMC's thank-you menu included the traditional build-your-own sundae buffet. Left to right: Debbie Temm, Janine Lambert, Johanna Harmon, Chris McCarthy, and Barbara Gould. (A/V photo)



AMONG VOLUNTEERS cited for 500 hours of service to MMC were Molly McDuffie, left, and Laura Herring. (A/V Photo)

MMC volunteers make commitment to care

Much goes into the making of a good hospital, and not the least important ingredient is the support of a corps of dedicated and caring volunteers. Maine Medical Center has always been blessed with such support, and over the past and several weeks has made an effort to give public recognition to its volunteers. More than 45,000 hours of service to the hospital resulted last year from the commitment of some 438 volunteers. (Specifically: 338 women, 34 men and 66 juniors.)

Especially honored at a November Recognition Tea were those who had reached the 500-hour mark in terms of hours of service: Virginia Brown, Judy Flaker, Eleanor Hatch, Laura Herring, Marjorie Honer, Rae Hutchinson, Doris Lilley, Molly McDuffie, John Moulton, Helen Perkins, Wilmina Reynolds, Elizabeth Silliman, Francine Small, Ann Williamson, Roger Willock, and Doris Young.

Pictured on this page are but a few to whom MMC owes thanks; they represent the many who are with us as volunteers — at all hours of all days, and in nearly every department of the hospital.



PEG PHILBRICK, chairman of Recognition Day, talks with ER Volunteer Wes O'Neill. (A/V Photo)

Marketplace

FOR RENT: Intown apt., 2 BR, 2 bath, modern energy efficient kitchen, w/w carpet, T.V. security system, rec. room, pool, tennis, ocean view. \$495/mo. Call 773-4361 or 774-5361.

FOR RENT: Furnished bungalow in Cape Elizabeth overlooking Purpoodock Golf Course, 2 BR, w/w carpet, Franklin fireplace, den, DR, heated sun room. \$350/mo. plus utilities, sec. dep. Call 799-6654 eves.

FOR RENT: Rent with option to buy, Cape Elizabeth ranch, 3 BR, finished family room in basement, wood and oil heat. Rent for \$495/mo. plus sec. dep. or buy for \$65,000. Call 767-3632.

FOR RENT: Furnished home near ocean in Cape Elizabeth. Avail. Jan 10 to May 10. Responsible professional preferred. Call 799-2303.

FOR RENT: 1 BR apt. near MMC, new appliances, w/w carpet, heated, all utils. \$250/mo. Call 773-9662 after 6 PM.

FOR RENT: Condominium in Cape Elizabeth, 2 BR, bath, kitchen, DR, LR, near schools. \$400/mo. Call 799-4255 after 6 PM.

FOR RENT: Newly decorated apt. between MMC and Mercy, carpeting, heated, 3 rms. \$250/mo. Call 773-6298.

FOR SALE: Stereo system, 2 Celestion Ditton 44 monitor speakers, Onkyo A-7022 amp., Technics SL-1300 direct drive turntable with B&O SP12 cartridge. \$1300 new, asking \$775. Call Greg at 799-4505.

FOR SALE: 1975 std. Pinto wagon, lowmile radials, good cond., \$1,400. Call Peter or Marsha at 772-3923 after 5 PM.

FOR SALE: Ladies 26" Rolfast bicycle, ex. cond. \$50, and Bobby Mac car seat, \$20. Call 797-9148 after 5 PM.

FOR SALE: Puppies, purebred black labs. Ready Dec. 15th but will hold until X-mas with deposit. \$50. Call Cathy at 688-4153.

FOR SALE: SX-70 Polaroid camera with case. Perfect cond. \$35. Call 625-8341.

FOR SALE: Camping equip. package; Tent, bags, stove, etc. Call 797-2491 after 5 PM or 839-6038 and leave message.

FOR SALE: King size water bed, heater and pedestal incl. \$200. Call 871-2417.

FOR SALE: Remington Model 870 Wingmaster 12-gauge pump action shotgun. Brand new, never been fired. \$135. Call 799-6647.

FOR SALE: Gas range, like new, gold tone, \$195. Call 773-7416 after 5 PM.

FREE: German/Collie Shepard, 3 yrs. old, male, had all shots, good disposition, ex. watchdog. Owner moving. Call 799-6654 eves.

WANTED: Seeking ride to N.Y. City on Dec. 13th or 14th. Call 829-5077.

Channel 26 continues to telecast HTYH

Here's To Your Health, PBS's consumer health care series, continues in December with:

"Epilepsy" This health problem afflicts more than 2,000,000 people in the United States alone. Once thought to be the result of demonic possession, epilepsy is now better understood and subject to control by modern drugs. Guest Robert Rosenberg, M.D., chairman of the Department of Neurology at Southwestern Medical School in Dallas, talks about seizures, and epileptics discuss coping with the illness. (Thursday, Dec. 18, 7:30 PM, Ch. 26)

"Medical Emergencies" Life-threatening emergencies, including heart attack, choking, and psychiatric emergency are covered, and ways to cope with these problems are discussed. It is estimated that 350,000 Americans die each year from heart attacks which occur outside the hospital, and knowing what to do in a medical emergency can make all the difference. (Thursday, Dec. 25, 7:30 PM, Ch. 26)



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what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to the Editor, Public Information Office, MMC, Portland, Me., 04102. Barbara Burns, Editor.

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Holiday Blood Drive set for December 19

The Annual Christmas Blood Drive will be held Friday, December 19, 7:30 AM-4:30 PM, in Classrooms 3&4. "Tis the Season for Giving," and all employees are encouraged to join their colleagues as decorations on the blood drive tree. You can put your name on an ornament and hang it on the Christmas tree when you sign up in the Admitting Lobby during the week of December 15. Departmental recruiters will be making the rounds starting the week of December 8.

Murphology

MATCH'S LAW

It's better to have a horrible ending than to have horrors without end.