

what's happening

Maine Medical Center
Portland, Maine 04102

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Hemophilia Center is a growing success

The Maine Comprehensive Hemophilia Treatment Center, headquartered at Maine Medical Center, is finishing its second year of operation. Dedicated to providing a full range of treatment -- medical, genetic, social, and psychological -- to Maine's hemophiliacs, the Center has an expanding team of professionals covering the many specialties necessary for hemophilia treatment.

Hemophilia, sometimes called "bleeders disease," is a condition resulting from an abnormality of one of over a dozen specific clotting factors in the blood. It is a hereditary ailment, and while there is no cure, it is now treatable to an extent never before possible, due to advances in treatment and the advent of self-treatment. The key to treatment is the comprehensive approach, typified by the Maine program.

Program Coordinator Joan Soreff, ACSW, coordinates the efforts of a team headed by Louis G. Bove, M.D., assisted by Marjorie A. Boyd, M.D., Donald M. Booth, M.D. and new team member Omar Crothers, M.D., are consulting orthopedists, and Lloyd Wolfe, D.D.S. is the Center's new dental surgeon. Another professional has recently joined the team, in the person of Tom Brewster, M.D., a medical geneticist. Two nurse specialists in IV therapy -- Judy Sanborn, RN, and Diane Apgar, RN -- round out the team.

If this sounds like a wide variety of medical expertise, it's because a number of factors are important to the comprehensive treatment of hemophilia. The team approach attempts to provide for all these needs in a single, coordinated treatment program. While many people believe a cut is life-threatening for a hemophiliac, the greater danger comes from injuries that to the rest of us would seem

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CHRISTMAS FAIR chairman Mrs. Wallace Camp, left, and co-chairman Mrs. B. Terence Goodwin preview items for the traditional Women's Board holiday sale which opens next week. (A/V Photo)

Christmas Fair is coming to MMC

The traditional Christmas Fair of the Women's Board of Maine General Hospital will be November 17 through December 5 in the MMC admitting lobby. Several new sale items have been added to the popular favorites of years past, and this important fund-raising event promises to be more successful than ever. Proceeds support the various projects which reflect the Women's Board commitment of service to MMC.

Fair features offer a wide selection for early holiday shoppers: new additions to the stuffed toy line are character dolls, including Christopher Robin and Dr. Seuss's Cat in the Hat.

Old fashioned jars and other containers full of candy are new this year,

as is a line of handsomely decorated serving platters.

Holiday cards and candles, tree ornaments and decorations, potpourri sachets, serving dishes and mugs, brasses and lamps, and oriental gift items are all among the Christmas Fair offerings.

The fair will be open, Mondays through Fridays, from 8:30 AM to 5 PM, and on Saturdays from 11:30 AM to 2 PM. It will not be open Sundays or Thanksgiving Day.

Mrs. Wallace Camp of Cape Elizabeth is chairman of the event; Mrs. B. Terence Goodwin, Portland, is co-chairman. Members of the Women's Board and other friends of the hospital have put in long hours of preparation, and will be serving as sales staff during the three weeks of the fair.

Museum project needs some help

Among many exciting features of the Children's Museum in its new quarters on Stevens Avenue are "rooms" -- entire rooms devoted to subjects that fascinate youngsters. There's a painting room, where inviting buckets of paint and huge canvasses await creativity; there's a grocery store room, where goods and cash registers provide valuable lessons in shopping. Soon, with some help from the Friends of Maine Medical Center, there will be a hospital room.

Furnished with working (but ready for recycling) equipment, the new room will offer an easy introduction to what a hospital visit might be like. The museum already has, thanks to the Friends, a bed, bed side table, wheelchair, surgical gowns and uniforms, and a set of infant weighing scales.

Still needed are: a doctor's black bag, a reflex hammer, an X-ray viewer, and a set of standing scales.

Anyone who has such items to donate to the project, should contact Friends president Mrs. George W. Foley at 799-4320, or the Volunteer Office at 871-2205. The room will remain set up for about one year; then it will retire into a schedule of storage and rotation with other new rooms.

Parking Problems? Pay Attention:

As anyone who uses the MMC parking ramp is aware, there are often not enough spaces available. Faced with the alternative of an expensive addition to the ramp, the hospital found a way to increase the ramp's capacity 9% by simply reducing the size of a portion of the spaces and designating them "compact and subcompact cars only."

The re-striping, completed over the past two weekends, provides room for 76 additional cars, for a total capacity of 908. Studies showed that between 50% and 60% of the cars using the ramp were of compact or subcompact size, and the new arrangement provides a compact car space percentage of 43%. The compact car spaces are along the inside walls of the ramp, and set at a 90° angle to the wall.

Generally, nothing has changed in the ramp, although the designers caution that turns are somewhat tighter, but still reasonable. Four crossovers are closed now, but most had been blocked by parked cars in the past anyway.

Estate Planning to be seminar topic

MMC's Deferred Giving Committee is pleased to announce its sponsorship of a third special one-day seminar entitled "The Elements of Estate Planning," open to the public without fee, on an advance-reservation basis, on Saturday, November 22, at Maine Medical Center.

The program will begin with registration at 9:30 AM, followed by a first session devoted to "Mechanics of Wills and Trusts" and "Basic Problems of Taxation." An informal sandwich luncheon at noon will be followed by a second session devoted to a continuation of "Basic Principles of Taxation"

and "Case Studies." There will be a question and answer period from 1:30 to 2:00 PM, and adjournment will follow. The volunteer faculty will include Merton G. Henry, Esq., (Chairman) and H. Davison Osgood, Jr., Esq., members of the MMC Deferred Giving Committee. Also participating as faculty members are Judith M. Coburn, Esq., and Frank H. Frye, Esq.

Space is limited to 125 seats, reservations will be made on a first-come, first-served basis, and tickets of admission will be sent to those with reservations. Those who are interested should write or call the MMC Development Office, 22 Bramhall Street, Portland, Maine 04102. Telephone: 871-2669.



THE TRICK TO HALLOWE'EN at MMC, in some cases, was to figure out who was doing the treating. Who was the witch, authentically costumed and complete with "cat," who paid a visit to Pediatrics? It was Jeannette Hemmingway of Security. Who were the trio (above) who traveled to most of the Maine General Building, offering apples and candy to desk-bound employees? If you guessed Jane Cooper, Nancy Chalmers and Robin Rand, all from the Library, you guessed right. As for the crew in the Cafeteria, with costumes created and produced by Barbara O'Connor and Colleen Gallant, they are, pictured below: guess who? (A/V Photos)



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insignificant. A sharp blow to the knee, for instance, can produce in a hemophiliac a "bleed" that, if untreated, could lead to permanent orthopedic damage; thus the need for orthopedists on the treatment team.

Dental work presents a similar hazard to a hemophiliac, so dental surgeons are included in the treatment program. The social and psychological health of the hemophiliac is often tenuous, due to the social pressures of the disease and the need to be careful, and social workers deal with these problems.

Since hemophilia is transmitted genetically, it is important for hemophiliacs to consider carefully their family planning. Medical Geneticists are able to counsel the patient on the way the disease is transmitted and whether or not it is likely to turn up in a future generation, allowing the patient to reach decisions that may include limiting the size of the family, considering adoption, etc.

Hemophilia is a blood disorder, and Drs. Bove and Boyd, the Center's hematologists, deal with the root of the disease. One of their primary responsibilities is overseeing the home infusion program, which by itself is probably the most important step forward ever in the treatment of hemophilia. The concept of infusion is simple: bleeding is reduced, stopped, or prevented by introducing the missing clotting factor to the body.

The techniques of infusion were not

developed until the 1960's, when it was finally possible to isolate the necessary clotting factors from the blood. Before then, the only treatment for a bleed was a transfusion of whole blood, and the amount of blood necessary to provide sufficient clotting factor overloaded the patient's circulatory system. With the advent of isolated clotting factor, the hemophiliac's blood could be "fortified" with only what the patient needed.

Still, a trip to the hospital was required. The types of factor available were unstable, and infusion methods beyond the reach of most patients. In the early 1970's, however, concentrates of clotting factor that could be stored at refrigerator temperatures and infusion techniques easily taught to patients made home treatment possible.

The result of home infusion and comprehensive hemophilia treatment is the prospect of a reasonably normal life for hemophiliacs. With treatment preventing many bleeds and stopping others before serious damage is done, the severe crippling and isolated lifestyle that used to be the patient's lot is becoming a thing of the past.

Comprehensive treatment is constantly reaching further and further, and most of Maine's estimated 110 hemophiliacs are now within reach of the Maine program. Alan Boone, M.D., at Eastern Maine Medical Center, in Bangor, and Stephen Ross, M.D., at Penobscot Bay Medical Center in Rockland, have joined the treatment team



HEMOPHILIA PATIENT CHRISTOPHER BERRY COUSINS, with his mother Barbara Cousins, gets the good word from orthopedist Donald M. Booth, M.D.. The three-year-old was one of two dozen hemophiliacs at the Maine Comprehensive Hemophilia Treatment Center's October 27 clinic at Maine Medical Center.

(A/V Photo)

as outreach physicians, working in diagnosis and treatment and referring patients to the Center's semi-annual clinics in Portland.

McDonough, Nancy Ceurle, Patricia Kilmarlin, Betty Jones, Catherine Sumpter, Joe Fiore, Ellen Rutter, Barbara Johns, Diane Jordan, Martha Baldwin, Bretna Parker, Debbie Nugent, Denise Coppinger, Molly Jackson, Dick Balser, Lauren Enos, Lise Wilson, Irene Eaton, Beverly Schmidt, Bill Gousse, Joan Howard, Beverly Cookson, Paul Saucier, Iva Derosa, Danielle Slator, John Romano, Linda Jordan, Phil Saint-Jacques, Theodore Morin, Donald Bernier, Allen Rummery, Paul Bergeron, Mary Penny, Joy Titterington, Ed Meehan, Mike Swan, Natalie Roberts, Lillian Smith, Helen Hoar, Marian Clark, Wanda Broomhall, Stanley Meserve, John Meehan, Sandy Cock, Meredith Turrey, Ken Davis, Dale Shaw, Gwen Petterson, Karen Bunker, Breta Dinette, Joan Couture, Dick Roy, Shirley Connolly, Dot Norton, Mary Lou Kiley, Elizabeth Carriolo, Cheryl Libby, Joe Stephenson, Joe Fraser, Sally Nason, Trudy Gagan, Tim Lyons, Kay Pellecchia, Julie Wooden, Rita Nelson, Catherine Cribby, Jim Gregory.

And if we had the room, we'd print the names of all those who gave so generously. Thanks to you, it worked!

New medical staff appointments

Turner Bledsoe, M.D., Vice President for Health Affairs, announces the following medical staff appointments, as approved by the MMC Board of Trustees:

Charles F. Adams, M.D., and Charles W. Higgins, M.D., Department of Anesthesia, to Associate Staff; Kenneth Moller, M.D., Department of Orthopedics, to Associate Staff; Douglas A. Dransfield, M.D., Department of Pediatrics, to Associate Staff;

David L. B. Eldredge, M.D., Portsmouth, N.H., to Ob/Gyn Courtesy Staff; Ulrich B. Jacobsohn, M.D., Augusta Mental Health Institute, to Psychiatry Courtesy Staff; Michael W. Kita, M.D., and Jonathan P. Shill, M.D., both of Kennebunk, to Family Practice Courtesy Staff.

Dedicated employees meet United Way goal

The 1980 United Way campaign is over at Maine Medical Center, with results still being tabulated. We do know for sure, however, that MMC met its goal, and we want to thank each and every one of those employees who acted as solicitors, turning out the contributions in their departments:

Karen Akerley, Veronica Sabatinelli, Irene Murray, Kathy Wiles, Alice Knoop, Lee Ann Costello, Martha Page, Jean Stewart, Jane Stanwick, Ann Cross, Kriss Lekousi, Elaine Barry, Debbie Littlefield, Linda Dodd, Wilma Reed, Marion Lynch, Barbara Jackson, Pat Gulian, Carla Sandstrom, Roxanna Taylor, Ann Rapp, Irene Eaton, Bob Lapham, John Saucier, Nancy Sheldon, Beverly MacLean, Charles Kettell, Cease Hamblen, Cliff Hoover, Donna French, Jackie Leblond, June MacNair, Bill Cohen, Jim DeGrandpre, Helen Goodrich, Hester Bemis, Doug Griffiths, Sandy Taylor, Patricia Stinson, Diane Fox, Margaret Howard, Kathy Snodderly, Betty

The Smokeout: Betcha can't quit!

The Great American Smokeout is coming up November 20. Sponsored by the American Cancer Society, the Smokeout is designed to prove one thing: you *can* quit smoking for 24 hours. The idea is to make it a fun event, full of imaginative ways to separate smokers from their habits, such as this year's plan to place a Portland area DJ in a mini-submarine without his cigarettes. Challenges are also popular, between co-workers, companies, or professions.

So far, there's no word as to what MMC's people have come up with, and if any of our readers have something planned, please let us know.

Marketplace

FOR RENT: Apt. in brick townhouse, 1 block from MMC. 2 rooms, K, bath, parking. \$275/mo. including all utils. Call 773-8054.

FOR RENT: 3 room efficiency apt. at 12 Deering St., heated, parking. \$250/mo. Call 774-5332.

FOR RENT: 3 BR duplex, 59 Longfellow St., 1½ baths, fireplace. \$275/mo. plus utils., sec. dep., adults, no pets. Call 772-8670.

FOR RENT: Large, quiet, 2 BR apt. 1 mile from MMC. Pine floors, large eat-in kitchen, parking. Avail. Dec. 1. \$265/mo. plus utils. Call Robin at 772-7278 from 6-10 PM.

FOR RENT: 4½ room apt., newly remodeled, 5 min. walk to MMC. Modern kitchen, hardwood floors, full bath, adults, no pets. \$250/mo. plus utils. Ref. req. Call Tim at 775-0532.

FOR RENT: First floor Spring St. apt., 4 rooms, heat, hot water, w/d hookup, 2 frpls., hardwood floors, new kitchen, bath, porch, garden space, parking. \$350/mo., sec. dep., ref. Avail. Dec. 1. Call 773-5131 eves.

FOR SALE: 195-14 snow tires, tubeless steel belted radials on wheels. \$90/pair. Call 781-4775.

FOR SALE: Bumper pool table with all accessories. Ex. cond., ideal for rum-pus or playroom. \$50. Call 839-4585.

FOR SALE: Recliner chair, has cushion lift seat (helps you to stand), made by Burke Co. \$400. Call 655-4860.

FOR SALE: Ladies black fur jacket. Ex. cond., size 16-18, very reasonable. Call 781-2118.

FOR SALE: Two tubeless radial snow tires, P175-8 or 13. Asking \$75/pair. Call 774-9275 eves.

FOR SALE: Boat mooring; 150 pound mushroom with 20" of 3/8" chain and an additional 25" of mooring line. Call 883-5355 after 6 PM.

FOR SALE: 1978 Subaru DL, 5 speed coup, clean, 1 owner, all maintenance records, 62,000 miles. \$3,400. Call 846-5025 after 6 PM.

FOR SALE: Size 16 women's coat, green tweed, like new, \$25. Call 797-5970.

FREE: 4-year-old male red Setter to good home where there is room to run. Call 846-3507.

WANTED: Need ride from Grand St. (Broadway end of Willard Square area, So. Portland) to MMC and back for 8-5 shift, Mon-Fri. Will share expenses. Call 799-4656.

WANTED: Young professional woman needs female to share 2 BR apt. on Pine St., Portland. \$38.50/wk. includes utils. No pets. Call 772-3838 after 7 PM.

WANTED: Female RN who lives out of Portland area looking for room to rent in Portland during stormy weather. Call 775-0051.

FOOD SERVICE EMPLOYEE OF THE WEEK

is

JOSEPHINE VERRILL
Dietary Aide

what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to the Editor, Public Information Office, MMC, Portland, Me., 04102. Barbara Burns, Editor.

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Morphology

GINSBERG'S THEOREM

- 1) You can't win.
- 2) You can't break even.
- 3) You can't even quit the game.

FERGUSON'S PRECEPT

A crisis is when you can't say "let's forget the whole thing."

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