

what's happening

Maine Medical Center
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ELEANOR C. CAIRNS

OR Internships Available to RNs

"Registered professional nurses belong wherever there are patients who need their specialized knowledge and technical skills. The operating room is no exception."

The words are those of Nancy Wynne, RN, MS. The sentiment is generally held throughout MMC's Department of Surgery where she is Education Coordinator.

Like hospitals all across the country, however, Maine Medical is facing the prospect of a shortage of OR nurses. "Nurses who came out of three-year and diploma schools had OR training as part of the curriculum," Mrs. Wynne says. "But the baccalaureate schools do not include OR training; they feel there is no time for it."

Hospitals are finding it difficult to recruit nurses with OR experience

and are hard pressed to find training time for nurses who would like to specialize, Mrs. Wynne says. And now, she says, there are fewer nursing instructors with an OR background.

"The nurse is the manager of the operating room," says Richard C. Britton, M.D., Chief of Surgery. "Nothing proceeds without the nurse's approval." He would like to see OR training included as part of the nursing baccalaureate program, or at least offered as an elective.

In the meantime, MMC is taking steps to train OR nurses on its own. Last year Mrs. Wynne traveled around the country, researching other institutions' programs for OR training and ultimately proposed a one-year internship in operating room nursing to Dr. Britton, Costas T. Lambrew, M.D., Associate Vice President for Health Edu-

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Chief Eleanor Cairns Retires from Library

Eleanor C. Cairns retires this week after almost fourteen years as Chief Librarian at Maine Medical Center. And this milestone, like others in her life, presents an up-beat, happy time: "I'm doing exactly what I want to do and I'm looking forward to it," she says.

Recounting a succession of "happy" endeavors, Miss Cairns leaves no doubt that people, books and libraries (in that order) are among her first loves.

"A library must be a living, growing, service-oriented place. It can't be just a collection of books -- that's a mausoleum," she states.

She recalls her career -- professional experience as librarian at Baker Library, Harvard Business School; Harvard College Library; Dalton School, New York; Burbank Hospital, Fitchburg, Mass.; Children's Hospital, School of Nursing, Boston; and Chief Librarian for MMC -- as a series of enjoyable challenges.

"I have loved this job; I always had the freedom to do the things I wanted to do," she says. Given that freedom, plus enthusiasm, determination and strong ambitions, Miss Cairns came to a Medical Library of about 100 journals and under 1200 volumes, and built it into a full service Health Sciences Library with at least 575 journals and 9500 volumes.

She has, quite literally, built a new library - enlarging it, increasing its efficiency, improving its accessibility and usefulness. She even moved it from crowded quarters that inhibited its use to more commodious and attractive ones.

She has assisted in the development of regional medical library services and joined MMC's facility in an information network that includes the

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cation, and Catherine Cohen, RN, OR Supervisor.

In operation today -- with the first intern, Jo MacNair, RN, more than half-way through training -- the internship program is proving satisfactory to those who initiated it.

"The curriculum consists of two weeks of basic classroom instruction, six weeks of clinical experience in general surgery, and two weeks for each of the nine services," says Maureen Bien, RN, BSN, who is the clinical instructor for the program. "The timing of the program is, of course, geared to the needs and previous experience of the intern, and rotation through the services will vary according to each student's needs."



OR INTERN Jo MacNair, RN, scrubs with Chief of Surgery Richard C. Britton, M.D. (A/V Photo)

A new internship spot will be opening up in January, 1981, and Mrs. Wynne hopes that possibly two interns will be in the program by the end of that year. To be eligible, a nurse must hold a current license and have at least one year of nursing in any area. Upon completion of the intership, the nurse will be able to: apply and demonstrate the principles of aseptic technique; function as a responsible member of the operating room team at a beginning level of practice.

"The OR nurse is a patient advocate, and relates to the patient just as nurses on the units do," Mrs. Wynne says. "The nurse communicates, tells the patients what is going on, and supports the patient emotionally during specific procedures such as induction. It's the nurse who is responsible for the patient's physical safety, for example, during transfer onto the operating table and positioning on the table. The nurse manages the staff in the OR and is responsible for the aseptic environment, infection protection, and even the testing and approval of any electrical equipment used."

Donald McDowell Named Vice President, Treasurer

Donald L. McDowell, vice president for Business Affairs at Vanderbilt University, has accepted the position of vice president and treasurer at Maine Medical Center. The 46-year-old administrator, a native of Indianapolis, Indiana, will assume his duties at MMC in September.

Mr. McDowell's appointment was approved by the hospital's Board of Trustees June 19, culminating a six-month search to fill the position vacated by Wayne C. Patterson, Ph.D., in February. MMC President Edward C. Andrews, Jr., M.D., says he is confident the nationwide search produced "the best possible man for the job."

"I am eagerly looking forward to Don McDowell's arrival," said Dr. Andrews in announcing the appointment. "He is an outstanding administrator and financial officer whose experience in a major university will be invaluable for the Maine Medical Center. Don has a reputation for stimulating his staff to produce even more and to like it. He will find a top-notch staff here, ready to accept his challenges."

The vice president and treasurer is the senior administrator and chief financial officer of the institution, reporting directly to the president. McDowell will supervise all contracts,

insurances, legal services, pensions, and financial systems, and provide staff support to the Finance, Audit, Investment, Compensation, and Pension Committees of the Board of Trustees.

The principal role of the vice president and treasurer is to provide high quality, cost-effective support services to the patient care, medical education, and research functions of the Medical Center. This involves the development of a close working relationship with the Board of Trustees, the medical staff, administration, patients, and external constituents of the Medical Center.

Prior to joining Vanderbilt University as Executive Director for Operations in 1974, McDowell spent thirteen years with the State University System of Florida, as Controller, Director of MIS Systems, and Vice President for Administrative Affairs. Previously, he held various accounting positions with the Chevrolet Division of General Motors.

Mr. McDowell completed his undergraduate work at Ohio State University in 1956, and did graduate work in Education Administration at the University of Florida. He has taught undergraduate courses in Financial Management, and served on accreditation committees for the Southern Association of Colleges and Schools.



SUPERVISED CLINICAL experience is part of MMC's OR Nursing Internship program. Here, Dr. Britton, intern Jo MacNair, RN, and clinical instructor Maureen Bien, RN, BSN, prepare for surgery. (A/V Photo)

New Medical Staff Appointments

Turner Bledsoe, M.D., Vice President for Health Affairs, announces the following staff appointments as approved by the Maine Medical Center Board of Trustees:

David E. Clark, M.D., MMC, to Courtesy Staff, Department of Surgery; Ray N. Ketcham, M.D., Freeport, to Courtesy Staff, Department of Psychiatry; Frederick R. Molander, D.M.D., Portland, Associate Staff, Department of Dentistry; Dewey J. Tiberii, D.M.D., Portland, Associate Staff, Department of Dentistry, Division of Pedodontics; David Wender, M.D., MMC, Associate Staff, Department of Pediatrics, Division of Neonatology.

Douglas W. Brown, M.D., Portland, Associate Staff, Department of Orthopedics; John E. Engle, M.D., Mid-Maine Medical Center, Seton Unit, to Consulting Staff, Department of Medicine, Division of Nephrology; Robert S. Kramer, M.D., Portland, Associate Staff, Department of Surgery; Gregory C. Luck, M.D., Cumberland Center, Courtesy Staff, Department of Obstetrics/Gynecology; Margaret S. Rowland, M.D., Yarmouth, Associate Staff, Department of Family Practice.

EAC News

... notice to MMC employees with memberships at the Playoff Clubs in Falmouth and South Portland: the Falmouth club will be closed until September. The South Portland club is open, however, and in fact is open until two every Thursday morning (Wednesday night). For information on memberships, hours, rates, tournaments, etc., call Sue Eki-zian at 775-3408.

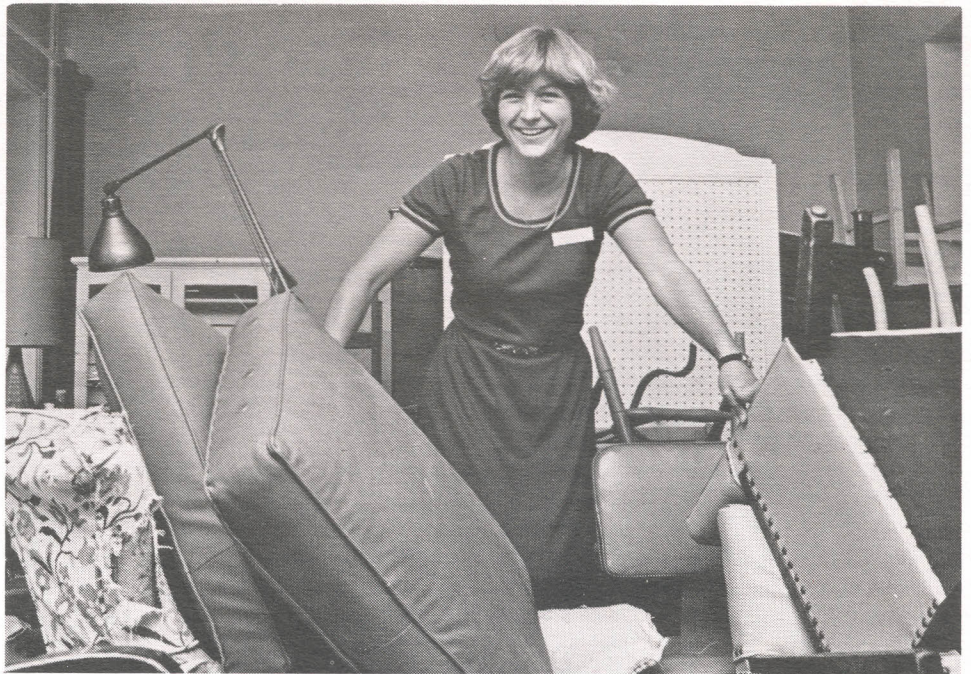
Please Note

Evening hours for the Personnel Department have been changed slightly. A representative will be in the Admitting Lobby from 7 PM-midnight, instead of 6 PM-midnight. The representative may be reached by phone, at night only, at 2315.

Murphology

CLARK'S OBSERVATION

The light at the end of the tunnel is most likely an oncoming freight train.



MMC ASSISTANT DIRECTOR OF INVENTORY MANAGEMENT Heidi Luce, pictured here with just a sample of the items to be sold at a Tag Sale July 24 and 25. (A/V Photo)

MMC's Vaughan Hall due for clean-out

At this moment, venerable Vaughan Hall resembles the city's largest storage closet. The four-story Vaughan St. building, owned by Maine Medical, is "home" to several thousand pieces of furniture accumulated from renovations at MMC and from the building's days as a residence hall for student nurses.

Purchased by MMC in the early '50s, Vaughan Hall was used by Mercy Hospital as a dormitory for its student nurses until recently. Since Maine Medical terminated this agreement, old furnishings from the hospital have

been stored there, alongside the beds, bureaus, and desks left in the dormitory rooms. Office equipment, waiting room furniture, wastebaskets, and rugs are just some of what Vaughan Hall holds.

As they say in the furniture trade, however, "we're overstocked, and everything must go." Vaughan Hall is the proposed future site of MMC's Community Mental Health operations, currently housed in Holt Hall at the foot of Bramhall St. Vaughan Hall must be emptied before any detailed planning can be done for the necessary renovations.

In the past, surplus hospital property has been put up for employee bids, but the sheer volume involved this time would make it impractical. So Heidi Luce, MMC Assistant Director of Inventory Management, decided to have a tag sale. The two-day event is scheduled for Thursday, July 24, and Friday, July 25, from 9 AM to 6 PM in Vaughan Hall.

This will be a tag sale, with all items priced and marked in advance. First-come will be first-served, with no inspection period and no reserved items. Terms are simple: cash or personal check. All purchases must be removed from Vaughan Hall no later than 6 PM Friday, unless special arrangements are made with Security.

Included in the sale are tables, chairs, bureaus, desks and similar items. Next week we'll print a more detailed list of the offerings.



VAUGHAN HALL

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Countway Medical Library at Harvard Medical School.

While MMC is thanking her for a job well done, Miss Cairns wants to register her own acknowledgements. "I have to express my deep appreciation to the Auxiliary to the Cumberland County Medical Society whose financial support and concerned interest in the library is crucial.

"And the volunteers. I have to thank Isobel Allen who takes complete charge of the International Exchange program, Phyllis Robar who handles the Gift Program, and Genevieve McNichol who spent a great deal of time on research projects for the library," she says.

As for staff and friends at MMC, Miss Cairns dares not begin the list of those she will miss -- but with happy memories.

The appreciation is mutual. Costas T. Lambrew, M.D., Associate Vice President for Health Education, says: "We certainly recognize the contributions Miss Cairns has made in the development of library services here. She has been sensitive and responsive to our educational needs, not only in medicine and nursing, but in all the allied health sciences.

"We wish her well. And we'll hope to be seeing her -- after all, she won't be too far away," Dr. Lambrew adds. Not far at all. Miss Cairns plans to spend a healthy portion of her retirement time cataloguing her own books at home. "My apartment (nearby on Chadwick Street) looks like a book store," she says. "That will keep me busy, and I also plan to do some consulting work."

Before Miss Cairns gets away from us officially, all at MMC are invited to add their good wishes at a coffee in her honor: Friday, July 18, from 9 to 10 AM in the Cafeteria Classrooms.

Marketplace

FOR RENT: Vaughan St., 1st floor, 2-3 bedrooms, LR, study, din. room, kitch., sunporch, 2 baths, 3 frpls., parking, laundry. No pets. \$525/mo. plus utils. Call 774-1562 eves.

FOR RENT: 4 rm. apt. within walking distance of MMC. Nice yard, laundry room. \$265/mo. Call 773-8509.

FOR RENT: 6 rm. heated apt. in So. Portland, near ocean and bus line. Adults only, no pets. \$325/mo. Call 799-4710.

FOR RENT: 3 rm. apt. on West St. Quiet building, hardwood floors. \$275/mo. includes all utils. Call 773-8287.

FOR RENT: Office space on State St. opposite Mercy Hospital, 6 rooms, 3 large, 3 small; plus waiting room and bath. Will redecorate. \$700/mo. Parking avail. Call 799-4341.

FOR RENT: Large, sunny, 2 BR apt. at 134 Neal St., avail. Aug 1. Kitchen, DR, LR, porch. No children, no pets, sec. dep., and lease. \$340/mo. includes heat and hot water. Call 781-4140 or 865-4841.

FOR RENT: 6 rm. apt. with 3 bdrms. on Congress St. near MMC. \$225/mo. unheated. Call 774-6479 after 5 PM.

FOR RENT: Large apt. at 12 Deering St. Three large rooms, parking. \$275/mo. Call 766-4473.

FOR RENT: One room in private home with kitchen privileges, 3 mins. from beach, parking. \$120/mo. Call 846-5629.

FOR RENT: Room in spacious West St. townhouse. \$100/mo. plus utils. All facilities shared. Call after 5 at 774-7428.

FOR RENT: 6-room furnished duplex, 48 Kenwood St. near USM. Washing machine, refrigerator, stove, freezer, disposal, garage. Sept. '80 thru to June '81. \$300/mo. plus utils. Adults, no pets, refs., sec. Call 774-7304.

FOR LEASE: Home in Cumberland, 15 min. from Portland, 4 BR split foyer with in-law efficiency apt. All electric; lease, no pets. \$395/mo. plus utils. Call 829-3234.

what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to the Editor, Public Information Office, MMC, Portland, Me., 04102. Barbara Burns, Editor.

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FOR SALE: Puritan range hood w/elec. light and fan. 30" wide x 18" deep. \$5. Call 774-1563 eves.

FOR SALE: Expanded A-frame on Brandy Pond. Privacy and shade on eastern shore. Easy year-round access, completely furnished and equipped. Dock mooring, and face-shallow frontage \$27,500. Call 883-2456 after 5 PM.

FOR SALE: Homelite Super 2 chain saw. 4 years old, 14" bar, 9 1/2 lbs. \$80. Call 773-7261 between 9 and 5.

FOR SALE: New Monteverdi stereo w/2 speakers. \$75 firm. Portable electric heater. \$10. Call 773-8371 after 5 PM.

FOR SALE: 1972 Chevy Caprice. Ex. cond., 69,000 miles, new battery. Must sell. \$350.00. Call 775-0167.

ROOMMATE WANTED: Responsible female to share a wonderful house in Fal-mouth. 3 min. walk to beach, large yard. Brand new throughout, barn, 2 floors. \$222/mo. plus utils. Call Jean at 773-0288 days, 781-2407 eves. Avail. Aug. 1.

ROOMMATE WANTED: For sunny 2 BR apt. near MMC. First-floor apt., \$110 plus utils. Parking. Call 773-2712 after 9 PM.

ROOMMATE WANTED: 2 professional females need third to share 3 BR townhouse in Scarborough. Your share would be \$100 plus 1/3 of utils. Call 883-2242 after 5:30 PM.

WILL BABYSIT: Monday through Friday, 3 or 4 days a week in my home (have a 7-month old infant of my own). Call 774-8491.

**FOOD SERVICE
EMPLOYEE OF THE WEEK**

is

**MARK PALESTINI
DIETARY AIDE**

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