

what's happening

Maine Medical Center
Portland, Maine 04102

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March 19, 1980

Memorial evening to honor Louis A. Asali

Friends and colleagues of the late Louis A. Asali are planning an evening of honor and remembrance, Friday March 28. The event is timed to coincide with the 11th annual Webber Days surgical symposium opening at MMC on the 28th.

The memorial evening, to be held at the Italian Heritage Center, 40 Westland Avenue in Portland, will follow a dinner dance format. It begins with a social hour at 6 p.m., and a banquet dinner will be served at 8 p.m. Al Reali and Joe Pena will provide music and song.

Proceeds from the evening will be used to establish the Louis A. Asali, M.D., Surgical Teaching Fund. Tickets must be purchased in advance of the banquet; they are available through the MMC Department of Surgery office. Telephone 871-2515 for details.

Chairman of the evening is Louis G. Bove, M.D. His committee includes Drs. Richard C. Britton, Charles R. Geer, George I. Geer, Jr., Robert E. McAfee and Ferris Ray, and Kay Robinson, RN.

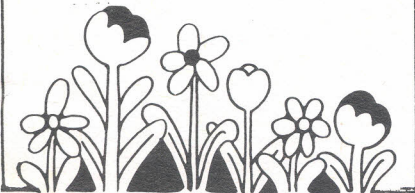
SPRING FOR A PINT . . .

Join the MMC Bloodline

Monday, March 24

7 AM to 5:30 PM

Classrooms 3 and 4



THE EMPLOYEE ACTIVITY COMMITTEE lays plans for future projects. (A/V Photo)

Employee Activity Committee: small group masterminds amazing number of MMC events

Working in many departments of Maine Medical Center are about thirty people who are even busier than they seem. Their uniforms and I.D. badges identify them as unit managers and secretaries, nurses and security guards, but there is another side to what they do.

These thirty people are the active members of the Employee Activity Committee. They, and they alone, are responsible for a series of events that include bake sales, a flagpole raising, shopping trips to Boston, pot luck suppers, square dances, deep-sea fishing trips, racquetball club discounts, crafts fairs, and a host of others.

The amazing thing is that they've done all this in their spare time, with virtually no money except what they raise, and all by themselves. There is no EAC office,

no single phone number to call, but they function anyway. There is no formal EAC organization, either. Officers serve by consensus, and all who show up at the meetings have a voice.

The biggest problem the EAC has, according to Chairman Art Stevenson, is a lack of people. "We have the core group of thirty people trying to handle all the work. If there were more people with more time and more ideas, we'd be able to do much more."

A good example of the effect just one more person can have is Andrea Beaudet, a new member who is responsible for the racquetball activities and is looking into group purchasing discounts. "This is time consuming," she says. "The other members are already overloaded with the running projects, and
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EAC, from page 1

now I'm right out straight with this."

There are several EAC projects in the works, including a calendar featuring employee photos, a plan to install a music system in the cafeteria, and bike racks for MMC employees. In the past, the EAC has helped various special interest groups of MMC employees get an organization together, as with ceramics, photography, and bowling clubs.

All this activity requires involved people to make it work. The thirty members of the EAC have been doing it in addition to their regular jobs, and yes, they'll admit it gets tiring. "The secret to a continuing, effective organization is people and ideas," says Stevenson, "and we need both."

EAC meetings are held every other Wednesday at 3:00 PM in the Engineering Services Building conference room, and are open to all employees. The next meeting is on March 26.

MMC Board approves staff appointments

Turner Bledsoe, M.D., Vice President for Health Affairs, announces the following staff appointments as approved by the Maine Medical Center Board of Trustees:

James W. Georgitis, M.D., of Alfred, to Courtesy Staff, Department of Surgery; Harley J. Racer, M.D., Chief, Department of Family Practice, to Active Staff, Dept. of Family Practice; and Margaret Shepp, M.D., 180 Park Ave., Portland, to Associate Staff, Department of Medicine, Division of Hematology.

Appointed to the Scientific Advisory Staff, all with dual appointments to the departments of Medical Research and Pathology and Laboratory Medicine are: Thomas G. Adelman, Ph.D., of Westbrook; George J. Knight, Ph.D. and Paula J. Romano, Ph.D., both of the Foundation for Blood Research, Scarborough; and Frank E. Ruch, Jr., Ph.D., of Westbrook.

Jeannette J. Simmons, D.Sc., has been dually appointed to the Scientific Advisory Staff and the departments of Health Education and Community Medicine.



EMPLOYEES and visitors examine displays at the annual EAC crafts show, held Thursday, March 13. (A/V Photo)

Calorie counting is new MMC pastime

Not only have people been absorbing the nutrition information posted in the cafeteria this month, they've been wanting more. Assistant Director of Food Service Nutrition Mary Keysor, R.D., says that many calls on the special nutrition hotline have asked for information not listed on the signs, or on items not covered.

Whether you've gotten information about caloric content from the signs or the hotline, here's some food for thought: A chocolate ice cream soda can be burned up in about 13 minutes of running, but it would take 49 minutes to accomplish the same thing while walking.

A runner will work off a 71 calorie

haddock steak in about 4 minutes, a swimmer in about 6 minutes. It takes a bicycle rider either 13 minutes or nine minutes to pedal an egg away, depending on whether it was a 110 calorie fried egg or a 77 calorie boiled egg.

A final note: it would take at least 21 minutes to run off the calories contained in just the liquid portion of a "three-martini" lunch. For more sobering information about nutrition, call the Nutrition Hotline (x2616) on Mondays for the rest of March. The line is open between 1 PM and 2 PM.

"I Quit Kit" supply catches up to demand

Employees determined to quit smoking depleted the entire stock of "I QUIT KITS" that were available through the Employee Health Unit — all within two weeks after the new Smoking Policy became effective in the hospital.

There's a new supply in now, and Joyce Coburn, RN, says those who want to start using the kits will not be disappointed. Mrs. Coburn remains available to all potential quitters who might like to talk strategy or who need a little extra advice to accompany the "I Quit Kits." To schedule time with Mrs. Coburn, call 2911.

Food Service Department
EMPLOYEE OF THE WEEK

is

PAUL SAUCIER,
Store keeper

Training programs to begin next week

20 MeV electron beam linear accelerator moves on line, begins treatment in SMRTI

A two-day workshop on **Coaching and Counseling**, designed for supervisors and first-line managers, is coming up. Sponsored by the MMC Personnel Department, the course will teach practical coaching and counseling skills, active listening, and techniques for effective leadership. The course will be taught by Paula Moulton and Eleanor Holland, professional counselors working with MMC.

The two 9 AM to 4 PM sessions are scheduled two weeks apart, to allow time for participants to apply what they've learned and observe the results. One session is on Tuesday, March 25 and the other on Thursday, April 10, both at the Woodfords Congregational Church in Portland.

Another two-day course, **Diagnosing and Resolving Conflict**, will be offered on April 17 and May 1, from 9 to 5:30 at the Portland Public Library. Where **Coaching and Counseling** is a basic, broad-based course, **Conflict** deals with the specifics of conflict situations. Methods for identifying the types and causes of conflict and strategies for resolution will be discussed by consultant Joan Chadbourne, Ed.D.

For further details and registration information, call Susan Williams or Debbie McLaughlin at x 2824.

Honor Night includes favorite MMC music

The program for MMC's 32nd Annual Honors Night, scheduled for April 8 at the Downtown Holiday Inn, has been announced. The event, held in honor of employees with five or more years of service, will start with a cash bar at 6:00 PM, followed by dinner at 7:15 PM.

Music for the night will be provided by Tony Boffa and his band, a group familiar to MMC employees. OR's own Robert Brouillard will be playing the organ.

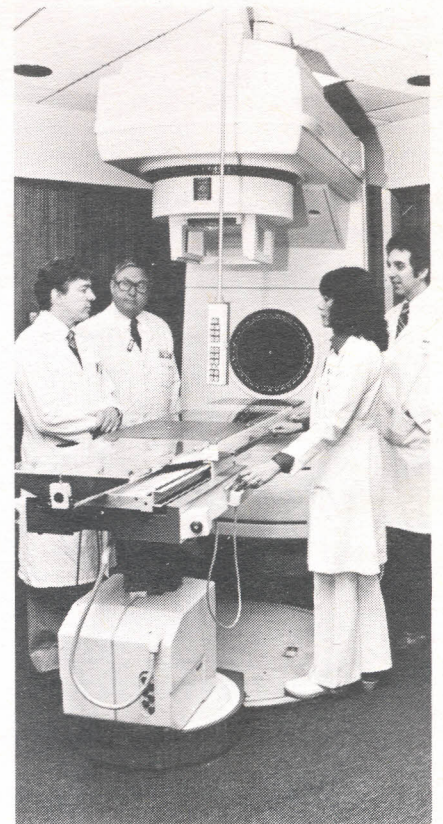
Invitations for the event will be going out this week, with response cards that must be returned by April 1.

Patients of the Southern Maine Radiation Therapy Institute have begun receiving treatment from the institute's new 20-million-volt electron beam linear accelerator. The new unit became operational March 10 following an installation and precise testing and calibration period of nearly five months.

The unit can perform at near-capacity utilization right away, say SMRTI staff. Present patient load projections indicate the new linear accelerator could provide treatment for some 7,800 cancer patients within the year. And it will result in continued improvement in the five year survival rate for patients with radio-curable cancer, according to John M. Gibbons, M.D., MMC Chief of Radiology, and J. Howard Hanneman, M.D., director of radiation therapy.

The 20 MeV accelerator will also reduce overuse of SMRTI's 4 MeV accelerator which has been functioning at or beyond normal capacity. Patient volume has increased 37 per cent in the five years since the 4 MeV accelerator went into operation.

"This new 20 MeV linear accelerator is being provided by the generous gifts of many individuals and groups who are being solicited by the Cancer Radiation Treatment Fund Committee," says MMC Corporator Rudolph T. Greep who is chairing that committee. "The Fund already has \$380,000 in early gifts and pledges towards the total goal of \$780,000."



AT THE FINAL TESTING of Southern Maine Radiation Therapy Institute's new 20 MeV electron beam linear accelerator were, from left: Hugh M. Phelps, M.D., John M. Gibbons, M.D., MMC Chief of Radiology, Jean Scott, R.T., Assistant Chief Technologist, and Joseph S. Blinick, Ph.D., Radiological Physicist. (A/V Photo)

e.a.c. news

... discount movie tickets, good at the Maine Mall Cinema, are on sale in the Security Office. The cost is \$2.75, a savings of 75 cents over the box office price.

... the annual EAC Variety Show is coming up, and the committee is looking for an MMC employee to be the director. Any takers? Talent entries are also encouraged.

... a package deal for Red

Sox fans is available for two scheduled games: April 19 with the Rangers, and May 10 with the Royals. The \$15 package includes tickets to the game and bus transportation from MMC to Fenway Park and back. Tickets are available in the Security Office.

... new ideas are always welcome at EAC meetings. If you have any ideas or comments please get in touch with the committee (preferably by attending the next Wednesday meeting).

marketplace

FOR RENT: 2nd floor Vaughan St. apt. 3 bdrms., LR, study, DR, kit, sunporch, sundeck, 1½ baths, 2 fireplaces, hardwood floors, parking. \$525/mo. unheated. No pets. Call 774-1562 eves.

FOR RENT: Available April 1— 5 room apt. near MMC. 2 bdrms., LR, DR, kit. and bath. All carpeted. Easy to heat. \$200/mo. & utils., parking included. Sec. dep. Call 892-6085.

FOR RENT: Room in So. Portland. \$35/wk. prefer single girl. Call 772-1335.

FOR RENT: Western Prom area; 3 rm. unfurn. apt. over garage; within walking distance of MMC; available April 1. Call 772-5288 after 5:30 p.m.

FOR SALE: 1979 Jeep Truck, Fisher Quick-Switch plow, lock-in hubs, 5,300 miles. Call 883-9280 after 5 p.m.

FOR SALE: Antique Cape, 2 bdrms., 3 wood stoves, nearly 3 acres — 2 wooded, call 846-9432.

FOR SALE: 1973 Datsun Pick-up, ex. cond. no rust, new tune-up, tires, brakes, clutch — all good. Must sell, going into service. Book value \$1800, will sell for \$1500 firm. 30 MPG. Call 829-3015 eves.

FOR SALE: 2 oak end tables, 19x29x19 and 1 10x13 orange shag rug. Make an offer. Call 625-8341.

FOR SALE: Colenta 30H Film Processor. Used in MMC Audio Visual Resources. Contact Heidi Luce, ext. 2868.

FOR SALE: Manual typewriters. Used in various MMC departments. \$25 each. Contact Heidi Luce, ext. 2868.

FOR SALE: 1979 Mercury Monarch 4-door, power steering and brakes, 13,000 miles, \$5,350. Call 775-1299.

FOR SALE: Antique cabinet radio. Call 775-1299.

FOR SALE: 1977 Jeep CJ-7, 258 cu. 6 cyl., 4 spd., many extras, 39,000 miles. Book value \$4,500. Best offer. Call 637-2373.

FOR SALE: 1971 4-door Dodge Custom Coronet in ex. mechanical condition. Some rust. Reliable and inexpensive transportation. \$400. Call 774-1096 after 5 p.m.

FOR SALE: 1978 Jeep CJ-7. Dark Green w/Levi interior. Clean and dependable with low mileage. Call Chris after 5 p.m. at 767-2647.

FOR SALE: Home in Naples with right-of-way to Long Lake, 2-car garage, 2 bdrms., finished basement, lovely view. Reduced to \$47,500. Call Mr. Clark at 892-8555.

FOR SALE: Fireplace screen w/ andirons, 38"x31", \$45. Custom made drape to fit double or triple sliding door, \$85.00. Call 657-3915 after 5:30 p.m.

FOR SALE: 2 snow tires, F78-14, mounted on rims, will fit Dodge Dart, \$50. Call 773-0126 after 5 p.m.

FOR SALE: AKAI 7" reel to reel tape deck with automatic reverse. Cross field recording plus 16 prerecorded tapes for \$250.00 or best offer. Call 797-2837.

FOR SALE: Wedding gown; (Empire waist to fit sizes 9 - 14); veil and train included. \$35.00. Call 797-2837.

WANTED: Infant or toddler to care for full-time evening shift, call anytime 773-7911. References on request.

WANTED: MMC nurse seeks room in an older person's home. Call 617-646-5192 collect.

WANTED: Babysitter, part-time, eves., especially Sun. and Mon. Call 775-2751.

WANTED: Ride for 4-12:30 shift from So. Portland Red Bank area. Contact Sadie Marr in Housekeeping.

what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the Hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to the Editor, Public Information Office, MMC, Portland, Me., 04102.

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Hospital Assembly to offer spring programs

Beginning April 2, six management courses for health care personnel will be offered by the Maine Hospital Association and the New England Hospital Assembly, Inc. The all-day sessions at the Augusta Civic Center are designed to meet specific management training needs of Maine health care professionals.

Course titles include: **The ABC's of Effective Management, Assertiveness, Professional Stress, Managing Conflict, and Managing the Problem Employee.** The only two-day workshop, aimed specifically at managers and supervisors is **The Management of People.** Course scheduling runs through mid-June.

The faculty for the courses includes Richard J. Blue, a faculty member at Northeastern University's Center for Continuing Education and Harvard University's Center for Lifelong Learning; Peter Horne, an educator with the University of Maine; Michael J. Merrill, Director of Human Resources Development at University Hospital in Boston; Victor J. Morano, director of his own consulting firm in Massachusetts; Frederick P. Nader, president of Birchaven Enterprises, Inc., a consulting firm; and Beverly A. Parker, manager of staff training and development at the University of New Hampshire.

For dates, course details and registration information, call Susan Williams, MMC Director of Training, at 2824.

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happening

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