PUBLIC RELATIONS DEPARTMENT ■ MAINE MEDICAL CENTER ■ PORTLAND, MAINE 04102

December 3, 1973

THE CHRISTMAS PARTY

Ever tried mashed met. rites? How about roast Martian fowl with Lunar lotion? They're both on the menu for the 1973 MMC Christmas Party with its "Christmas-in-the-Future" theme. The affair is scheduled to blast off Tuesday afternoon, Dec. 11, with invitations out Friday to all MMC space travellers. There'll be far-out futuristic fun-type events, and the traditional things too...like Santa Claus, gifts and Christmas carols. Captain of the interplanetary mission is Marge Harris; Bill Gousse is next in line, and the crew includes Brenda Picheloup, hostesses; Elaine Green and Sherry Hooper, decorations; Pauline Fahey and Ellen Daniels, entertainment; Kathy Laulakis and Carol Kwatcher, gifts; and the Personnel department ticket crew, Gertrude Daly, Louise Gibson, and Linda Irvin. The Celestial Choir will be under Kay O'Connor's direction, and the cosmic menu, which even will include Plutonian Puffs and Conglomuranium, is being arranged by Mrs. Eleanor Gee.

TRUSTEES HONORED

Two veteran MMC Trustees were honored at the annual meeting of the institution's corporators this week. Edward F. Dana retired as a trustee after 16 years as a member of the Board. He will continue as a corporator and secretary of the board of trustees. Carrell K. Pierce retired as MMC treasurer after 17 years of service, and will continue as a trustee and corporator. Mr. Pierce was succeeded as treasurer by Jack Dyson, MMC director of financial affairs. Two new trustees were elected at the Wednesday meeting: Mrs. John Romanyshyn of Portland, and John Daigle of Cumberland, president of the Casco Bank and Trust Co.

SHAPE-UP TIME

A physical fitness program, sponsored by the MMC Employees Activity Committee, will begin this week under the direction of Gary Hunt, RPT, chief physical therapist. Two weekly sessions are scheduled to accommodate MMC employees—male and female—who have already registered for the program. The mixed groups will meet on Wednesdays, 4:30 p.m., Rolland Irish Classrooms, and on Thursdays, 5 p.m., Physical Therapy department. There's still room for a few more employees in each class. At last week's organizational meeting Gary stressed the importance of attending regularly each week for best results, so if you plan to join...do it this week.

THE ENERGY CRISIS

A hospital-wide plan to conserve energy was put into operation last week, aimed at saving as much as possible of the 200,000 barrels of fuel it takes to keep MMC warm for a year. Patient areas are unaffected, but in offices, corridors, classrooms and other non-patient sections of the MMC complex, the temperature will be held at a brisk 68, and lighting will be reduced in areas where it's possible. MMC's more than 2,000 employees are being asked to save heat and light wherever and whenever they can without decreasing the quality of patient care. The overall energy-crisis plan--developed by Hospital Engineering--may serve as a model for hospitals throughout the state.

THE CARDIOVASCULAR PATIENT

Invitations went out this week to directors of nursing, directors and deans of nursing education programs and directors of inservice education throughout the state for a daylong program on the Care of the Cardiovascular Patient at MMC Friday, Dec. 14. The event is sponsored by the MMC Department of Nursing.

Epeakers will include Agnes E. Flaherty, R.N., director, Department of Nursing; Philip K. Reiman, executive director; Douglass W. Walker, M.D., medical director; Albert Aranson, M.D., chief of Internal Medicine and director of Medical Education; Harold L. Osher, M.D., director, Division of Cariology; and Chris A. Lutes, M.D., cardiac surgeon, chairman, Special Care Advisory Committee.

Miss Pauline M. Fahey, R.N., assistant director of Nursing, Inpatient Services, will moderate a discussion of the nurse's role in the care of the cardiovascular patient. Panelists will include Carole Crosby, R.N., Mary Houlihan, R.N., Jeannette Pelletier, R.N., Judith Thomas, R.N., and Darlene Ayres, R.N.